

Narrative Responses from NDERF Survey to the Question:

“Please discuss any changes that might have occurred in your life after your experience.”

Guide to Column Labels in the List Below:

Entry #: NDERF registry number

Post Name: Title of experience posted on nderf.org

URL: URL of experience posted on nderf.org

Discuss Life Changes After NDE: Narrative responses to the NDERF survey question in the title

This page contains 630 narrative accounts from near-death experiencers (NDErs) responding to the NDERF survey question in the title. This is from the most recent version of the NDERF survey of 834 NDEs. Near-death experiencers (NDErs) that did not give permission to post their near-death experiences on the NDERF website are excluded. NDErs that did not share a narrative response to this question are also excluded.

Methodology:

Experiences were scored as near-death experiences (NDEs) if they met all of the following:

1. A lucid, organized experience occurring at the time of a life-threatening event so severe that there is unconsciousness or clinically apparent death with an absent heartbeat.
2. An NDE Scale score of 7 or higher.
3. Shared by the individual who personally had the NDE.
4. Shared in English via the completed English version of the survey form on nderf.org.

These are NDEs from the most recent version of the NDERF survey (nderf.org). They are sequentially shared NDEs from November 11, 2011 to April 8, 2021. All accounts were scored as NDEs if they met the above criteria and regardless of experience content to avoid bias in studying the content of the NDEs.

The NDEs posted on the NDERF website are edited to correct obvious spelling and grammar errors. As remarkable as the NDE quotes are in this list, please remember that they accurately represent the real experiences of NDErs in their own words from all walks of life and all around the world.

We strive to make a collection of NDEs describing changes in their lives after NDEs available to the world with as comprehensive a compilation of such NDEs as possible.

This list is public domain and may be used by anyone.

Substantial efforts are made to minimize the risk of posting fraudulent NDE accounts on nderf.org: <https://www.nderf.org/Hub/hmethodology.htm>.

We recognize that some responses do not seem to address the question in the title. This is the original data as shared on the NDERF survey. Consequently, there are spelling and grammatical errors which have not been corrected in the quotes below. Spelling and grammatical errors may be corrected in the NDEs posted on NDERF.

Even a cursory review of this page demonstrates the varied and often substantial changes NDErs usually experience following their NDEs.

Changes in Life After NDE			
Entry #	Post Name	URL	Discuss Life Changes After NDE
6102	John R NDE	https://www.nderf.org/Experiences/1john_r_nde_6102.html	My life has been enriched. While concerned and involved in the community, I also have a certain detachment to it all. I have less concern for what people think of me. Much less need to pursue the trivia that makes up much of modern life. As a consequence, I have had more time than most folks to just observe the world free of most of the attachments people carry along with them.
6106	DW NDE	https://www.nderf.org/Experiences/1dw_nde.html	That would take another book. What I know now is all roads lead to 'home' and we are here to love one another and help each other get through here the best we can in the most loving way we can...Love is not always "good actions". It's being willing to do what is needed to be most loving toward another. Sometimes that is to restrict or limit them (as our children) or to move on in life and leave them to work out their own path home...But when you chose to act lovingly, you will find the right action.
6110	Lysa NDE	https://www.nderf.org/Experiences/1lysa_nde.html	I became sensitive to others I sometimes felt I was a stranger to my mum and dad. My imagination and creativity became increased and I felt I could will some things to happen. In adult hood I have experimented with reiki healing, angel cards, colour therapy and other therapies for well being. I studied to become a life coach.
6113	Stephen M NDE	https://www.nderf.org/Experiences/1stephen_m_nde.html	I feel more connected to other people now. I have become very active in writting poems, making music, and also combining the two into a visual form by making videos and narrating my poetry in these videos. Many other people who have lost loved ones, now find great comfort all over the world in my work.
6117	Brent M NDE	https://www.nderf.org/Experiences/1brent_m_nde.html	I have become spiritual in conjunction with my affiliation with AA.
6118	Ana R NDE	https://www.nderf.org/Experiences/1ana_r_nde_6118.html	Before my experience, I was very careless...lived without thinking of consequences, etc. Others did not matter to me as long as I was "happy". Now, I am so much more careful, sometimes to my detriment. I realize how fragile life is and I tend to worry about when my real time will come. I am more anxious than I was before the experience.
6119	Shannon T NDE	https://www.nderf.org/Experiences/1shannon_t_nde.html	I don't care about my career, money, house or anything material anymore. I just want to enjoy my kids, my family, my friends and all the beauty and simplicity of life.
6120	Karen NDE	https://www.nderf.org/Experiences/1karen_nde_6120.html	My father recently passed away and I knew that he was going to be where I had been and I miss him, but am

Changes in Life After NDE

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			<p>happy he is there.</p> <p>I dont like being around people who are negative or have bad "energy" and avoid them or try not to let them effect my spiritual well-being.</p>
6125	Sandy D NDE	https://www.nderf.org/Experiences/1sandy_d_nde.html	<p>My life is hell. Lost job. Loving adult daughter betrayed and abandoned me. Teenage daughter changed and I dont recognize her. Ex husband suing for custody 6 years after divorce. Heath deteriorated to the point I am disabled, broke and broken. Friends disappeared. Labeled Psyciatric patient so heathcare delayed till paralyzed. My husband is still with me but we are so disconnected we are on different planets. Only my service dog shares my feelings and emotions. And that dog, tho she saved my life 3 times, is as retarded as they come.</p>
6130	Ellie P NDE	https://www.nderf.org/Experiences/1ellie_p_nde.html	<p>I am more accepting of what life throws at me,& believe their is a purpose to all of it</p>
6131	Kaleen NDE	https://www.nderf.org/Experiences/1kaleen_nde.html	<p>For years I believed that this was a common experience that people have when they pass-out, faint or black out. It as taken a long time to realize what a gift it was. I would say if anything, the love or joy I have felt since then has paled so much in comparison to what I felt during that experience that I have been disappointed.</p>
6136	Camryn L NDE	https://www.nderf.org/Experiences/1camryn_l_nde.html	<p>I went through a long period of depression because I did not want to come back. I was no longer afraid to die so I considered suicide more often and knew that I would be going to a better place. I no longer had any fear of dying.</p>
6137	Paul S NDE	https://www.nderf.org/Experiences/1paul_s_nde_6137.html	<p>Not only am I more spiritual since my experience, I now seem to have lucid dreams and a much better intuition about things.</p>
6139	Kirat A NDE	https://www.nderf.org/Experiences/1kirat_a_nde.html	<p>As i mentioned earlier,i have become spiritual and started exploring a lot of spiritual work. Have started reading about Sufism.</p>
6141	Harold R NDE	https://www.nderf.org/Experiences/1harold_r_nde.html	<p>I was 4 yrs old so I really have few memories prior to this experience.</p>
6144	Glenn F NDE	https://www.nderf.org/Experiences/1glenn_f_nde.html	<p>hard to explain. things that were troublesome to me to a large extent are not anymore. i defiantly have more compassion for others. like the next question for example. large changes in my life? life no. my thinking? yes.</p>
6148	Bella K NDE	https://www.nderf.org/Experiences/1bella_k_nde.html	<p>I seem way more sensitive to others. I can connect more easily and feel things I would rather not.</p>
6150	Karen J NDE	https://www.nderf.org/Experiences/1karen_j_nde.html	<p>20 years have gone by, and going from a kid to a parent changes things. I thought about the experience once in a while, but didn't realize what it was or categorize it. My spiritual beliefs have evolved over time and</p>

Changes in Life After NDE

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			currently I'm in a place where religion isn't important to me.
6151	Jill D NDE	https://www.nderf.org/Experiences/1jill_d_nde.html	I believe in Howard's help -- it may be coincidental, but whenever I ask for his help, he follows through in about a week. I got a job in the early 80s where there were no jobs to be found, and the incidents leading to my getting that job were very quirky. I met my current husband after two failed marriages and many relationships -- he was the only one I had discussed with Howard beforehand. My husband came into my life a week after I told Howard I was ready to meet someone. There have been numerous events like this since.
6155	Erinn H NDE	https://www.nderf.org/Experiences/1erinn_h_nde.html	i became less judgmental of people and thier beliefs after the experience
6158	Marilyn R NDE	https://www.nderf.org/Experiences/1marilyn_r_nde.html	After my experience I would say things and they would happen and it scared my family and my mother took me aside and told me she believed me but it was scaring everyone so when you think you know something keep it to yourself. I would know that someone was going to die in three days and would tell my family and three days later they died. My grandmother told my father that the devil had a hold of me it scared her so bad that my mother made me keep quiet when things like that came to me. I still know today if someone I know or knew is going to die. Its something I got used to and often shares it alone. I have also seen and spoken to spirits. My dead father in-law called me on the phone the day he was buried and told me I was the only one he was allowed to contact. He wanted me to tell my mother in-law that he was alright. He told me he was with a man who knew me and when I asked who he told me he was with the man who carried me up the basement stairs when I was 6 years old. I never told my father in-law about my experience so it left me stunned.
6159	Sue C NDE	https://www.nderf.org/Experiences/1sue_c_nde.html	A oneness with all things.
6166	Jean R NDE	https://www.nderf.org/Experiences/1jean_r_nde_6166.html	Wanting to live my life in a way that is worthy of that unconditional love I felt. That means always putting people first.
6168	Jack M NDE	https://www.nderf.org/Experiences/1jack_m_nde_6168.html	Priority changes, and greater appreciation of simple things like a spring breeze, children's laughter, the smell of fresh cut grass, the amazing people in my life, etc.
6171	Jeanette F NDE	https://www.nderf.org/Experiences/1jeanette_f_nde.html	None
6176	Carmen J NDE	https://www.nderf.org/Experiences/1carmen_j_nde.html	I had more a fear of the pain getting to death...but not death itself.

Changes in Life After NDE

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6181	Steve N NDE	https://www.nderf.org/Experiences/1steve_n_nde.html	Remember, my current feelings are after my second experience, aged 21.
6238	Mindy T NDE	https://www.nderf.org/Experiences/1mindy_t_nde.html	I am more accepting and patient toward others. I have a totally open mind and fully believe that ANYTHING normal or paranormal IS possible! I guess you could say I am openminded to the point of being naive or gullible. I don't doubt any strange experience that people relate to me as being anything but the truth as they see it.
6283	Lisa K NDE	https://www.nderf.org/Experiences/1lisa_k_nde.html	That life can be gone at any instant, love those important to you and let them know it, and do with your life the things that make you happy and fulfilled.
6308	Carole M NDE	https://www.nderf.org/Experiences/1carole_m_nde.html	I believe there is a reason that we are here and I am hoping I will find that reason and do whatever good i can in this life and be more grateful for every moment
6552	George J NDE	https://www.nderf.org/Experiences/1george_j_nde.html	I questioned the validity of what I was taught at Sunday school and church. I questioned blindly following people and institutions whom I had a sixth sense about the accuracy of their truths.
6622	Julie G NDE	https://www.nderf.org/Experiences/1julie_g_nde.html	I am definitely more religious than before. I also am not sad about friends/relatives who have passed. I definitely miss them but I know they are happy
6184	Trisha S NDE	https://www.nderf.org/Experiences/1trisha_s_nde.html	At first I was very depressed and angry because I didn't want to come back, but now I meditate, I read everything I can about different philosophies and religions, I try to be more patient with people, I read everything I can on science and try and relate it to philosophy and spirituality. I see answers to questions I never knew I had. I also try to help others overcome their fears of death and dying, and I simply try to make life a bit better for everyone around me. I have a sense of the threads that tie people and events together. I can see the "choices" that people have available to them as energy threads, I can also read people's auras and tell you what fears from "previous" lives might be impacting this current life.
6192	George E NDE	https://www.nderf.org/Experiences/1george_e_nde.html	Understanding that there's a purpose in everyones life through a personal mission to be accomplished in a lifetime.
6196	Lacy NDE	https://www.nderf.org/Experiences/1lacy_nde.html	I started to see the bigger picture. That there is more then meets the eye, that there is things that science cant understand.
6197	Earl M NDE	https://www.nderf.org/Experiences/1earl_m_nde.html	Prior to my dying, I had no fear of any man or earthly thing, and yet a fear of dying, although not at all overwhelming, was always present. Now I have no fear of dying whatsoever, but I find myself fearful of all manner of earthly perils

Changes in Life After NDE

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6205	Isabel R NDE	https://www.nderf.org/Experiences/1isabel_r_nde.html	I was 26 and had one small son. Now I am 61 and have two sons, four grandchildren and one on the way. My husband served four terms as the county sheriff. I retired as a mail carrier. Life is good.
6213	Shea B NDE	https://www.nderf.org/Experiences/1shea_b_nde.html	I was not happy with a church that limited God or excluded other people. I went on a church hunt and never found such a place. I was confirmed Catholic eight years ago. I do not think we are the only people going to heaven. But I do like the miracle of the Eucharist, the bread and wine turning into flesh and blood. I believe people when they tell me things that don't make sense to others. I have had my share of doubts and fears since the experience, but I was young when it happened, and a lot has happened since then. I have gotten caught up in the world, although I have remained a Christian. I do believe I walked past an angel in WalMart eight years ago. Seriously. I walked past the person again, just to see if I felt the same thing. It was familiar. Somewhat like the euphoric feeling I felt during my near death experience. I didn't walk past a third time because it would have been a bit awkward. It happened on the day I was to be confirmed in the Catholic church. Later, weeks later, I figured that maybe the person was an angel, possibly my miscarried child from years ago, just showing up on my special day. I had another occurrence where I felt a sense of otherworldly love rushing from someone the day before my daughter miscarried her child. I questioned why I would feel that rush of love, but then I knew, when my daughter told me she was losing the baby, that God sent me a bit of strength to help my daughter get through her loss. That was a couple of years ago. I don't look for experiences like this. Like I said, I have kids and grandkids and I am busy finishing the last thing on my to-do list most days. No life altering changes since that time God spoke to me. I wish I could say I became a sage or something.
6215	Sharon G NDE	https://www.nderf.org/Experiences/1sharon_g_nde_6215.html	having an experience that, at the time, I thought was impossible opened my mind and heart to many things
6221	Veronica M NDE	https://www.nderf.org/Experiences/1veronica_m_nde.html	My intuitive ability became increasingly more enhanced. I developed a voracious appetite for spiritual growth, further development and refinement of my own intuitive abilities, and New Age literature. As a Registered Nurse, I have witnessed death frequently throughout my life. A major question of mine remains unanswered and that is where does the spirit, the soul, go when physical death occurs? I am innately drawn to the metaphysical and find that I am perpetually open

Changes in Life After NDE

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			to all possibilities yet not proven. I ask the larger questions each and every day that I live.
6222	Chuck H NDE	https://www.nderf.org/Experiences/1chuck_h_nde.html	After my experience I looked for answers from preachers and a preist. I sought other people who had experienced the same thing.
6227	Herman V NDE	https://www.nderf.org/Experiences/1herman_v_nde.html	The major change would be the realization that the things pursued on earth by humans are for the most part pointless and without meaning. The only things that are worthwhile are those that reinforce one's connection to God. For me that is the natural world, wildlife, communing with God in whatever way I can. I now feel a sense of pity for those I see around me who chase the elusive, the things they think will make them happy. I now know that these things won't. That includes my fellow church goers who I see participating in rites and rituals, confessions and creeds and things that they believe will get them in touch with God.
6231	Winnie J NDE	https://www.nderf.org/Experiences/1winnie_j_nde.html	I chose an occupation in which I take great delight in cleaning floors.
6233	Jenneane E NDE	https://www.nderf.org/Experiences/1jenneane_e_nde.html	My Grandfather that died when I was 8 came into my dreams and told me to go to Colorado in the basement of my Grandmother's house and find something. I kept asking what am I supposed to find and he didn't answer me. He just kept coming into my dreams bothering me. I didn't really remember him that well. I was now 31 years old. I couldn't figure out how he could be able to be in my dreams after all these years. But it was a few years after my near death experience. I went to Colorado and I was in the basement and my 2 daughters had just fallen asleep and all of the sudden at 10 PM, the old radio beside the bed came on and was playing Unchained Melody by the Righteous Brothers and I recognized the song from the movie Ghost and it made me cry because my Grandfather was able to play that song for me. I think if I didn't have my near death experience, then I would not have seen my Grandfather in my dreams or heard the beautiful song that night. I think the angels or God or our loved ones reach out to us when we are in a bad situation especially from my experience. They can go through the computer, radio, or show us numbers, rainbows, etc. to get our attention. I used to think it was coincidence but the coincidences turned into synchronicity and then into serendipity.
6240	Nancy T NDE	https://www.nderf.org/Experiences/1nancy_t_nde_6240.html	I was so young that it is difficult to compare me then to now, HOWEVER, I have a profound belief in life after death, I am very compassionate and have always been involved with helping others in any way I can find ,i e.,

Changes in Life After NDE

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			Hospice, my handicapped mother living with me the last ten years, hand on charity work, etc.
6282	Gary M NDE	https://www.nderf.org/Experiences/1gary_m_nde.html	I will never see the world the same way again after my near death experience. It didn't cause a huge swing in my beliefs or change me thinking that much, but having experienced the light beings and perhaps having taken that first step toward death was something that will stay with me to the day I do die and I think when that day comes I'll chuckle that it's the same the second time around and here we go!
6291	Enocia J NDE	https://www.nderf.org/Experiences/1enocia_j_nde.html	I must stress I have no religious life. I just believe life is spiritual.
6317	Morgan O NDE	https://www.nderf.org/Experiences/1morgan_o_nde.html	I changed my name. I'm not afraid of death and hope I'm consient enough to see the passage.
6410	Carol S NDE	https://www.nderf.org/Experiences/1carol_s_nde.html	I do not fear death/ I look forward to it. No... I long for it.
6612	Yves F NDE	https://www.nderf.org/Experiences/1yves_f_nde.html	I have different deeper emotions and a greater reverence for everything .
6638	Todd N NDE	https://www.nderf.org/Experiences/1todd_n_nde.html	It makes you value life and everything in it more and enjoy it more.
6241	Laura L NDE	https://www.nderf.org/Experiences/1laura_l_nde.html	I have more feelings of sympathy and empathy. I have become a firm believer in God. I seem to have more emotions than before. I am A LOT different. I am less violent. I used to drink a lot of alcohol and now I dont drink at all. I am teaching my children there is a God and an afterlife. If not for this experience, my children would have no religious beliefs.
6242	Frances Z NDE	https://www.nderf.org/Experiences/1frances_z_nde.html	Before this experience I did not care about anyone I was a nurse with no compassion except in hospice and No I care very much about my fellow man and try to help whenever possible.
6244	Steve L NDE	https://www.nderf.org/Experiences/1steve_l_nde.html	I live more fully....still having an ego to overcome and my experience allows me to help others acheive their dreams
6246	Natalie S NDE	https://www.nderf.org/Experiences/1natalie_s_nde.html	Question 43 choices are inadequate for me. The word 'God' carries a lot of baggage, meaning many things yet not All Things. If All That Is can be assumed, then I believed in it before and after. But the ideas of 'God' are currently deeply inadequate and inaccurate, in my experience.
6248	Lois T NDE	https://www.nderf.org/Experiences/1lois_t_nde.html	That religious life is not important...But spiritual life is very important. We are all connected to the oneness.
6249	Gary F NDE	https://www.nderf.org/Experiences/1gary_f_nde.html	i seem to sence peoples feelings more ive had sprits show themself to me touch me and hav them bang on things switch the radio on with no one touching it it happens every once in a while

Changes in Life After NDE

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6251	Paula H NDE	https://www.nderf.org/Experiences/1paula_h_nde.html	Since this happened when I was still a child, many thoughts were just that I lived life not really thinking about things, just being a child. My NDE set me on a path of health & wellness coaching where I healed myself and feel compelled to share with others, a real passion that I traced back to what happened to me at this early age.
6253	Sara M NDE	https://www.nderf.org/Experiences/1sara_m_nde.html	not being afraid of death
6258	Chris V NDE	https://www.nderf.org/Experiences/1chris_v_nde.html	I quit drinking and doing drugs immediately. I felt that I was not the same person.
6259	Maggy C NDE	https://www.nderf.org/Experiences/1maggy_c_nde.html	<p>After my experience, I could see energy move through the air and auras around people and living things. I was young when this happened, so I thought for a long time that everyone could see these things. When I realized this wasn't so, I thought there must be something wrong with my eyes. It took me a long time to accept that what I was seeing was actually there.</p> <p>I also felt that the church my family attended did not properly represent God. I left at age 12 - something that was unheard of in my community. I searched for other religions and stayed with some for a while. I am now without a church, but still feel deeply connected to God and the universe.</p> <p>I also hear things... I will receive messages about people or what to do in difficult situations. The messages are always helpful and positive. People will say that I just "know" things or that I can read people. I have a strong intuition, but on occasion, I have information that no one could sense. In these cases, I am very aware that my brain is not involved with detecting any special insight. The information is just given to me. I have no control over it.</p>
6267	Sheila EP NDE	https://www.nderf.org/Experiences/1sheila_ep_nde.html	I have been influenced by the experience for most of my life because I was only 16 when this occurred. I have accepted extra responsibilities, I have comforted dying persons & their loved ones. I have sought education & understanding as much as I can. I think that I have learned that service to & for others represents the most beautiful form of love & light.
6269	Rose F NDE	https://www.nderf.org/Experiences/1rose_f_nde.html	The boys in my school started to notice me where before they ignored me
6274	Jill J NDE	https://www.nderf.org/Experiences/1jill_j_nde.html	I feel I don't have 'faith', I know. People say my faith is strong, but I feel like I cheated, I know the answer. There is no doubt in my mind. I was with Jesus. When I pick up a bible or pray, I feel closer to Jesus and that experience comes more into focus for me. I cannot

Changes in Life After NDE

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			regain the wonderful feeling of love and joy, nor see the colors and lights, but I know that one day I will die and will be just on the other side of the timeline. It won't be a big deal in terms of not being alive on earth, but will be a great celebration in heaven.
6275	Ned D NDE	https://www.nderf.org/Experiences/1ned_d_nde.html	I am not scared of dying. I am more curious about the possibility of God, how religions operate, if with all the main religions there could be just one God with different names... I ask more questions of my self now. I am more tolerant of others.
6279	Tara S NDE	https://www.nderf.org/Experiences/1tara_s_nde.html	I feel that I am supposed to share all that I have learned with young people. I am not sure exactly how I am to share this. I am hoping for divine guidance.
6280	Cory G NDE	https://www.nderf.org/Experiences/1cory_g_nde.html	Right after the experience I was angry due to the pain, discomfort, and recuperation required to get back to "normal", but over the years I've mellowed and am grateful for the experience. I guess it was one of those "meant to be" events that has changed how I look at the world and others. Now I am much more compassionate and have no fear of death. I have a yearning to share this with others to give them comfort, which is why I'm posting here.
6286	Brian G NDE	https://www.nderf.org/Experiences/1brian_g_nde_6286.html	This is described in my "long" story aforementioned; particularly see my statement about evil!
6288	Anne N NDE	https://www.nderf.org/Experiences/1anne_n_nde_6288.html	About your last few Questions. I was ver fearful about my illness before, now I am not. I know all is in God;s hands and I don't worry about my health any more. But I came back about the same except more faithful, and with a need to tell people that God is real. I want to be more compassionate but I think I a about the same, still a regular person with the usual feelings, challenges emotions and problems any person has. I am still me!
6290	Joe J NDE	https://www.nderf.org/Experiences/1joe_j_nde.html	I have a feeling for people that they just would not understand if I tried to explain love life sometimes people get me mad but get over it quickly
6292	William W NDE	https://www.nderf.org/Experiences/1william_w_nde_6292.html	After my NDE I began to be obsessed with spiritual and paranormal beliefs.
6297	Paula S NDE	https://www.nderf.org/Experiences/1paula_s_nde.html	place less emphasis on religion, holds no value anymore. realize god's all about love not doctrine or rituals
6303	Lawrence H NDE	https://www.nderf.org/Experiences/1lawrence_h_nde.html	Human qualities of greed and vanity became irrelevant. I try everyday to be a good person and I look forward in a positive way to going `home` again!
6313	Frank S NDE	https://www.nderf.org/Experiences/1frank_s_nde.html	Feel happier

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
6315	Jon S NDE	https://www.nderf.org/Experiences/1jon_s_nde.html	I was only 7 yrs old when it happened, but my mother said that i totally changed after the event and became much quieter and more introspective. I became very interested in the arts and music. Eventually becoming an art major in college, and a professional musician/guitarist. I basically excelled at everything i did. I excelled in sports as well, becoming a member of the US Ski Team. I am extremely interested in psychic phenomena and have had many experiences in that area.
6327	Sara C NDE	https://www.nderf.org/Experiences/1sara_c_nde.html	As I said, I became progressively (slowly but surely) less self centered, more compassionate, more honest, more humble, less judgmental, more discerning, more intuitive and perceptive (if I think of a certain person, that person will appear before me, eg at work, at home etc.). I am more cautious about life and less materialistic. I had become a more relaxed person...forgetting the past, living one day at a time and not worrying too much about tomorrow. I have become God loving and trusting more in Him. I learnt to admire the simple things in life, eg flowers, animals, earth, environment etc.
6328	Hazel K NDE	https://www.nderf.org/Experiences/1hazel_k_nde.html	I have a greater appreciation. My take on this experience was that God pushed me back to heaven because i still had two kids to finish raising
6332	Georgia P NDE	https://www.nderf.org/Experiences/1georgia_p_nde.html	I am a happier person I don't make judgements of others I believe everyone and thing in this life has a meaning
6336	Bret B NDE	https://www.nderf.org/Experiences/1bret_b_nde.html	Satisfaction in knowing that if I did nothing more than protect and prepare my son for his life. I can tell and truly believe that he is a new soul and I was put here for him
6338	Thomas S NDE	https://www.nderf.org/Experiences/1thomas_s_nde.html	The recall (which I did not have to recall, it is just there) is automatic. In addition, people that I knew in the past have said that I have changed and I appear to be at peace with myself, I asked for detail and received none. I do feel at peace with myself, and I am waiting for an event or sign
6342	Loni S NDE	https://www.nderf.org/Experiences/1loni_s_nde.html	I began to abuse drugs and alcohol within a few years of this experience. I recovered from substance abuse. I got divorced. My ex-husband died in a tragic accident. My children are grown and still dependent.
6343	Rhonda R NDE	https://www.nderf.org/Experiences/1rhonda_r_nde.html	So many! I have strong faith now and can see where God influences my life.
6344	Sheree F NDE	https://www.nderf.org/Experiences/1sheree_f_nde.html	Now that I'm no longer angry ay God for not allowing me to stay with HIM, I realize that I have a testimony that HE wants me to share with others.

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
6354	Erika R NDE	https://www.nderf.org/Experiences/1erika_r_nde.html	I take care of my health-I live for ME now. I practice preventative medicine. I had been "In The Broom Closet" for many years...I am a practicing witch and hid it from my Roman Catholic family. I am now open with my family about my beliefs, and really don't care what other people think. I have become more spiritual, which certainly helped me with getting sober.
6356	Mary H NDE	https://www.nderf.org/Experiences/1mary_h_nde.html	My NDE gave me the strength to go on. I am somewhat deformed in my hips, I have great pain that will only get worse as I age, and I look completely different. I was gorgeous before I died, and now I don't feel so, as much, but it's ok...I hurt always,,The pain has never left me. My brain has recovered for the most part, but feeling 'stupid' at times, after being quite an intelligent person, would be hard to deal with, especially when people treat you as if you are stupid, because of your Traumatic Brain Injury. I would not be able to deal with these things as well, if I did not have a NDE. I know I can deal with anything that happens in my life, with style and grace.
6371	Robyn O NDE	https://www.nderf.org/Experiences/1robyn_o_nde.html	I work as a spiritual healer and intuitive from the gifts I received upon awakening.
6372	Arvind B NDE	https://www.nderf.org/Experiences/1arvind_b_nde.html	I have started fearing death. I feel more emotional now. I feel more attached to my family now. My faith in God is many times more than what I had earlier
6374	Grady NDE	https://www.nderf.org/Experiences/1grady_nde.html	none
6376	Kathy S NDE	https://www.nderf.org/Experiences/1kathy_s_nde.html	I am still a little afraid of dying, because the dying part was horrible. Struggling to breathe for 40 minutes was incredibly horrible, suffocating, I just don't want to go through that again. Hopefully, I will go quickly :) But I am not afraid of death itself at all anymore. I feel very accepting of death and very certain that there is some meaning behind our lives. I will not understand it in this lifetime, but I feel certain that everything happens for a reason. I don't worry much about money or anything, and try to stay away from people that are only focused on material things -- it is most important to just try to be kind to each other.
6378	Michele M NDE	https://www.nderf.org/Experiences/1michele_m_nde.html	I feel I have come as far as I can in this earthly life. I am ready to "go home" anytime. My family is all gone, and my child has made his own family....and doesn't have time, so I wouldn't be missed...Friends are few and far between. I long for that beautiful place I already know of...

Changes in Life After NDE

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6379	Mike R NDE	https://www.nderf.org/Experiences/1mike_r_nde_6379.html	i believe more of the there is someone looking down from above on us and protecting us to a point but letting us do our own thing but also helping when we are in need
6385	Mira G NDE	https://www.nderf.org/Experiences/1mira_g_nde.html	I became an animal activist and with time I was driven more and more towards Indian religions, until I finally started to attend a Hindu temple in Dutchess County, NY. I have been ill with Chronic Fatigue Syndrome since that experience. The physical damage to my body after being nearly killed on the operating table was considerable. I was been ill for almost 22 years.
6391	Tam NDE	https://www.nderf.org/Experiences/1tam_nde.html	medication hypersensitivity Electricity problems Inability to control emotions Depression Change in value system Great losses: Family, Friends, Status of Profession Lonliness
6394	Enrique NDE	https://www.nderf.org/Experiences/1enrique_nde.html	For one I have since remained clean.being grateful as I recount this experiences several times a day.I have since became much closer with my family and things have gotten much better.I am currently in a happy place in my life
6395	Marlene S NDE	https://www.nderf.org/Experiences/1marlene_s_nde.html	I changed jobs and followed a different feild. I have felt lost and not myself but have managed a successful life inspite of my personal feelings. However, I still feel I am not the same person who they wheeled into that operating room in March 6, 1980.
6398	Caren M NDE	https://www.nderf.org/Experiences/1caren_m_nde.html	I am closer with my sister than ever before. I am back home, things arent the same but I feel cared about again. I was quiet even when I needed to speak, and I wasnt social. Now I am independent. I am hard at trusting now though,but I have had healthy relationships since then.
6400	Johanna S NDE	https://www.nderf.org/Experiences/1johanna_s_nde.html	Since my experience, I have read books about spiritual ideas from all types of religions. I no longer fear death. I know where I am going when I leave the Earth.
6405	Demi B NDE	https://www.nderf.org/Experiences/1demi_b_nde.html	I have the luxury of having been blessed by this experience at a very young age. Over the years, while I do tend to get caught up in life's struggles, I have the ability to return to my experience to remind and re set my thinking on the true thing important in life. Love.
6406	Kathi S NDE	https://www.nderf.org/Experiences/1kathi_s_nde.html	I have vivid dreams/visions (both when I am awake and asleep) of events. Both future and current time.
6409	Sreenivasa M NDE	https://www.nderf.org/Experiences/1sreenivasa_m_nde.html	Some cool mind ind intuitions like I could able to fore see much and can predict few things that are going to be happen. And accordingly I am alerting the concerned about upcoming events either good or bad.

Changes in Life After NDE

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			proved 95% succession rate. rest 5 % also I do feel that i could not able to transform my predictions in to reality or comparison or explainable statements.
6417	John D NDE	https://www.nderf.org/Experiences/1john_d_nde_6417.html	Knowing without fear
6427	Sue M NDE	https://www.nderf.org/Experiences/1sue_m_nde.html	I became extremely empathetic towards people and sympathetic even at my young age. I felt guilty enjoying certain things like Christmas presents when there were children out there that did not receive any for example. I sense others sadness or troubles
6428	Chantal L NDE	https://www.nderf.org/Experiences/1chantal_l_nde.html	When you know you have a purpose in being alive, you live life differently. I am amazed at the guidance that I am receiving. I feel so connected to my divinity. This may sound like blasphemy, but I feel that I have divine powers and abilities. I no longer feel like a victim. I create my own reality and I can improve it at will. I can even influence the reality of others. My sense of power is mixed with a sense of humility. I feel a sense of responsibility towards my fellowman and towards all living creatures for I have the power to influence things into being. I feel that I will play a part in what is coming.
6429	Gwen J NDE	https://www.nderf.org/Experiences/1gwen_j_nde.html	I eventually quit my job and traveled back to Peru for months at a time to try to learn about the spiritual healing traditions there that had probably saved my life. My priorities have changed, I am much more open to where spirit directs me. I have complete trust in Spirit to direct my life in all areas. If I think I have control, it is only an illusion.
6432	Bonnie W NDE	https://www.nderf.org/Experiences/1bonnie_w_nde.html	I have stopped putting everyone else before myself and have stopped trying to please everyone all the time. I think being in the void will continue to change my life for the foreseeable future.
6433	Zachary G NDE	https://www.nderf.org/Experiences/1zachary_g_nde.html	Sense my experience... I have started practicing meditation and watching my minds attention. I have seen individual consciousness arising from no where and ceasing for no reason in meditation. I have started to understand something called Dependent Origination, a 12 linked chain of events that happen in the cognition of human consciousness.
6437	Melanie E NDE	https://www.nderf.org/Experiences/1melanie_e_nde.html	The one strange thing is that 3 different times, I had a very strong premonition that a close relative was going to die, and they all 3 did in the next few days. I told my sister in law that for some reason I knew I would never see her again, I told several other people this that week. She was 47 years old, and died of alcohol poisoning a few days later. My brother had his third heart surgery at 47 and when he phoned to tell me he

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
			was having it, I just KNEW he would die from it & he did. My 63 yr. old step father who was healthy and busy was talking to me & I suddenly had a horrible feeling he was going to die, and asked him how long his mother lived. A few days later he had a stoke and died suddenly. I think I see these things because of my n.d.e.
6443	Kate D NDE	https://www.nderf.org/Experiences/1kate_d_nde_6443.html	I want to really LIVE before I die and to help others do the same.
6458	Christopher M NDE	https://www.nderf.org/Experiences/1christopher_m_nde.html	If my mind was out of my body and my brain was pumped full of drugs to shut it down. Then I am not my body and my mind is not in my brain. So I have survived outside of life and will survive death.
6464	Marsha R NDE	https://www.nderf.org/Experiences/1marsha_r_nde.html	I feel the pain and sadness of people and animals. I am constatly being "put" in situations where I have to rescue or give aide to strangers, homeless people and animals. I feel that I am an old soul and have wisdom to share, and I have great compassion. I have gone from being a "coward" to beig a warrior for the weak, the needy, the poor. I have developed ESP.
6475	Evelyn vH NDE	https://www.nderf.org/Experiences/1evelyn_vh_nde.html	I am extremely spiritual now(not religious). I have no fear of death at all, just how I am going to get there lol. I do so hate pain. I believe my experience had a lot to do with both of these.
6497	Bon A NDE	https://www.nderf.org/Experiences/1bon_a_nde.html	<p>1)I began witnessing miracles practically everyday... Impossible things would happen and facilitate what is safest and most convenient for me.</p> <p>2) My inner voice was awakened... and I'm not speaking about conscience. My conscience has always been active. Have been a hardcore righteous person all my life, with strict discipline in every aspect. The inner voice would guide me on my actions... and following it would bring great prosperity and goodness for all.</p> <p>3) My Kundalini Energy awakened.</p> <p>4) I got assigned my purpose in life.</p>
6505	Sandi R NDE	https://www.nderf.org/Experiences/1sandi_r_nde.html	I believe that because it happened at such an early time in my life, it has greatly changed who I might have been if I had not had this experience.
6520	Selena E NDE	https://www.nderf.org/Experiences/1selena_e_nde.html	I think that I realised that it did not matter how gravely ill or even mortally ill the body was - if your time was not up to pass on to the next stage of the journey - then "miraculously" you will come back and receive lots of help to do so
6524	Fergus J NDE	https://www.nderf.org/Experiences/1fergus_j_nde.html	I am much less concerned about earthly possessions.

Changes in Life After NDE

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6526	Julia O NDE	https://www.nderf.org/Experiences/1julia_o_nde.html	To respect all forms of life.
6535	Aurora NDE	https://www.nderf.org/Experiences/1aurora_nde.html	more importance to life.
6538	Gene K NDE	https://www.nderf.org/Experiences/1gene_k_nde.html	To sum it up, I have been there, seen it, and believe it!
6549	Tamara J NDE	https://www.nderf.org/Experiences/1tamara_j_nde.html	I no longer fear death. I wish I could say I lived without worry but even though I know it's unnecessary I still have it. I have a connection with God and others that is very personal and is forever. It's not limited to this earth. I don't see life the same or death. I miss people who die but I am thrilled that they are at peace and no longer suffering the limits of this life.
6557	Barry C NDE	https://www.nderf.org/Experiences/1barry_c_nde_6557.html	Less worry, absolute love for the Father, Do a lot more caring things for everything of God's
6562	David NDE	https://www.nderf.org/Experiences/1david_nde_6562.html	I have had religious visions. And psychic experiences with the dead.
6563	Michael G NDE	https://www.nderf.org/Experiences/1michael_g_nde_6563.html	I became more spiritual as a result of the experience. I feel now that experiential evidence is certainly the more significant when compared to scientific evidence. I mean this in the sense that if personal experience informs me of a certain reality that science theory perhaps says can't be true, that science theory is clearly wrong and must be expanded to include the experiential evidence.
6564	Claire B NDE	https://www.nderf.org/Experiences/1claire_b_nde.html	<p>I realized that what I did in this life did not affect anything in the next life, if indeed the next life actually exists and I did not simply dream it up. Before I was an atheist, after having been raised Mormon. I studied religions extensively for eleven years before my experience. I studied the Abrahamic faiths, as well as tribal and indigenous practices, customs, and rituals. I studied Eastern beliefs, including certain Hindu faiths and philosophies. I slowly, over time, became an atheist.</p> <p>Now I wonder if there is the possibility that what I experienced really did happen, and was not the result of neurobiological functions, or something else. I am going to research NDEs and see if there is compelling evidence in either direction for the belief that consciousness survives physical death.</p>
6567	Carol V NDE	https://www.nderf.org/Experiences/1carol_v_nde.html	At twelve I had to go to church with my parents, I enjoyed Sunday School and our minister gave great sermons. Once I had my experience, I felt I knew ALL the answers to Christianity and that the church was mis-representing Christ and his teachings. Opps... not a popular view for a twelve year old. I remember saying

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
			to my family and minister (right after the experience) that there are other "masters" and that our way of believing was not the only way. That GOD loves everyone and not just Presbyterians and Baptists. That all people were going to be ok after we die and that what we were being taught here did not make sense. Today I am aligned with spiritual belief's that encompass universal truths. As a rule, I do not go to church or temple. I go sailing, for long walks on the beach, star gaze, listen to music, windchimes, crystal bowls, and I love nature! I do pray, meditate, sing, write, draw, paint, intend and attend services from time to time. I am part of weekly groups: Course In Miracles and The Intenders Group. I am a "Spiritual" computer surfer.
6573	Trevor O NDE	https://www.nderf.org/Experiences/1trevor_o_nde.html	My beliefs were mainly strengthened so to speak. As if I gained confirmation of what I was not sure of completely.
6574	Helga C NDE	https://www.nderf.org/Experiences/1helga_c_nde.html	before the experience I did not receive many love and compassion. During the experience I felt, that there is love, only love. This love changed my life
6576	Sharon A NDE	https://www.nderf.org/Experiences/1sharon_a_nde.html	I have a totally new outlook on death and look at it as more of a transition instead of a death.
6581	Kathleen A NDE	https://www.nderf.org/Experiences/1kathleen_a_nde.html	Mainly I experienced that I was not alone even though I can't prove it humanly.
6584	Peter N NDE	https://www.nderf.org/Experiences/1peter_n_nde_6584.html	<p>After the experience, once I was back in normal life again, I did start to read books on spiritual matters a lot. I didn't do this in any way like it was a conscious decision on my part to pursue something. As best as I can describe it I did so on auto-pilot, I just found myself gravitating in that direction, which was something of a surprise to me. However, most of what I read soon following the experience was of Eastern origin, and that I found to my surprise that did resonate well with me. I found a way of dealing with my spirituality via that route. This change was quite a strong change in my life and one that lasted.</p> <p>I think I got a little bit smarter following from the experience. I would, for example, read books with complex concepts and get more out of them than I would previously. (Particularly so with spiritual books.) Eventually, many years later, I went to college and found that I could deal with things that I couldn't deal with at all at school.</p> <p>These changes were fairly large changes in my life.</p>

Changes in Life After NDE

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6596	Wendy B NDE	https://www.nderf.org/Experiences/1wendy_b_nde.html	I became more compassionate to others. No longer made material things my focus. I became more interested in Sharing experiences
6597	Tyrone NDE	https://www.nderf.org/Experiences/1tyrone_nde.html	It was more than an affirmation that God exists...it can't be explained in words...saying proof downplays this experience.
6604	Ken M NDE	https://www.nderf.org/Experiences/1ken_m_nde.html	LIFE IS STILL A HARD PLACE. BEFORE MY EXPERIENCE IT WAS A PLACE WITH A PERSONAL GREAT FEAR OF LIVING. NOT A FEAR OF MAN OR WAR OR ANYTHING TANGIBLE BUT A COMPLETE FEAR OF FACING EACH NEW DAY BECAUSE I COULD NOT COPE WITH THE DISAPPOINTMENTS AND KICKS IN THE BUTT OF REAL LIVING. SINCE MY EXPERIENCE I DO NOT HAVE THAT FEAR OF LIVING. I STILL GET THE DISAPPOINTMENTS AND THE KICKS IN THE BUTT BUT I CAN ACCEPT THEM AS NOT BEING PERSONAL TO ME ALONE. THAT THESE THINGS ARE PART OF LIFE
6613	Shannon C NDE	https://www.nderf.org/Experiences/1shannon_c_nde.html	I am now brain damaged on top of my CIDP I'm trying hard to adjust
6615	Sheryl NDE	https://www.nderf.org/Experiences/1sheryl_nde.html	At 22 I was just opening up to spirit in my way. Now and after it just opened more doors to learn about spirit as a body.
6624	Colleen J NDE	https://www.nderf.org/Experiences/1colleen_j_nde.html	I don't know I life without the knowing that came from the experience, because I was so young. At first it felt cruel and all I wanted to do was go back, I resisted life and longed for the spiritual home I had experienced deeply. I was only able to find peace again gradually in my teens, more deeply in my 30's and in the last 2 years very deeply.
6625	Nerka E NDE	https://www.nderf.org/Experiences/1nerka_e_nde.html	I'm able to "feel" that something is going to happen bad, also I have sometimes a dreams about present or future that will happen soon
6636	Robyn NDE	https://www.nderf.org/Experiences/1robyn_nde.html	I see God as something that I am part of, inseparable from. Not an individual entity of power to worship or serve. That just makes no sense to me whatsoever. God/Goddess is Source, and Source is OMNI.
6640	Joan S NDE	https://www.nderf.org/Experiences/1joan_s_nde.html	My ability to communicate with strangers even though I just met them. As if they have always been a part of my life.
6641	Marta L NDE	https://www.nderf.org/Experiences/1marta_l_nde.html	I needed someone to explain this to me, so after researching the subject I got together with a friend of mine who was in the seminar to become a priest, after explaining everything he asked me had anyone called me by my name. The answer was no. Then I asked him why didn't I stay because I wanted to die and he answered I still had a mision on earth to complete. Since then and by a coincidence Ive served the homeless in a soup kitchen and I can't be any happier.

Changes in Life After NDE

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6652	Karen S NDE	https://www.nderf.org/Experiences/1karen_s_nde_6652.html	even tho I went thru that I still want to be sure- I have lost so many and just want to be sure- I will see them- IFEEL THERE IS AN AFTER LIFE But not certain for I read so many scientific versions of the experience - even tho I knew and it was not talked about in 1973
6657	Patricia B NDE	https://www.nderf.org/Experiences/1patricia_b_nde_6657.html	I realized that not only was I made in the image and likeness of God the father, but that He lives in me at all times
6660	Jeffery O NDE	https://www.nderf.org/Experiences/1jeffery_o_nde.html	After my experience TRUTH was far more important to me then religion. I no longer judged others. I had deeper compassion and love for my fellow beings here. I lost any fear of death or God. I felt more connected to home and realized how close angels actually are, How loved we are and how perfect the plan is for each of us no matter what path we walk. I realized what a gift my body actually is. That it is my sacred temple and that deep within my heart is my own holy of holies where I already have all my own answers.
6664	Helen E NDE	https://www.nderf.org/Experiences/1helen_e_nde.html	I am never afraid of death. When my son died i knew that for him he was in the hands of the divine. This experience changed the course and quality of my life completely.
6667	Gary NDE	https://www.nderf.org/Experiences/1gary_nde.html	I had panic attacks a lot, because I was afraid to die and go back to that place and lose my identity and memories.
6672	Annette Q NDE	https://www.nderf.org/Experiences/1annette_q_nde.html	I am very aware that we are all the same as human beings, just trying to exist the best we can. I am more tolerant, knowing each one of us hears a different drummer. We are all pieces in a puzzle that fit perfectly in our own slot, and the loss of one piece makes the picture less perfect.
6674	Liam O NDE	https://www.nderf.org/Experiences/1liam_o_nde.html	At aged 21 I seemed to have the second half of the NDE. I've also had many transcendental lucid dream experiences.
6678	Miles NDE	https://www.nderf.org/Experiences/1miles_nde.html	I had been searching and seemed to find something in New Age spirituality at the time but most definitely without our father and our Christ. This has now changed for some time and I find myself so confidently assured of my faith in Our Father and Our Christ that I search for signs of them in other people, creatures, the environment, ecologically, historically and prehistorically in the forms of spirituality. I don't affiliate myself with only one denomination as I believe there are many aspects of Our Father and Our Christ in each and every one of them. My faith dictates how it feels it most needs to experience and express itself spiritually at any given time. This mostly takes form of Quaker beliefs and practices, with the craving to experience the sung Anglo-Catholic Eucharistic Mass.

Changes in Life After NDE

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			Sometimes it may be the Methodist Rationalism but far far more often it is a Neo-Transcendentalist Quaker blend.
6683	Renee M NDE	https://www.nderf.org/Experiences/1renee_m_nde.html	I was always a caring person but now all those feelings are heightened ten fold. I have found a source within that will draw me into my authentic natal self that is surprisingly much like Jesus, Buddha and other amazing super heroes in history.
6685	Fatemeh D NDE	https://www.nderf.org/Experiences/1fatemeh_d_nde.html	I wish the question was was/were... In that case, I would say they were greatly important to me before the experience and they are greatly important now.
6689	Matt T NDE	https://www.nderf.org/Experiences/1matt_t_nde.html	Lots...personal.
6697	Catherine NDE	https://www.nderf.org/Experiences/1catherine_nde.html	<p>I found my way to a spiritual search ten years after the experience. Although not directly causal, I feel that my experience of the other realm was a culmination of a series of experiences in my life that were escalating in intensity, as if the universe was trying to reveal something deeper to me, but I was not able to glean meaning from them.</p> <p>My presence in the other realm revealed many profound lessons, however I was not able to understand them for nearly twenty years. My life now is profoundly different; deeper, richer, full of meaning, love and joy, & absent of the self-loathing and fear that had been my constant companions all my life.</p>
6743	Laura NDE	https://www.nderf.org/Experiences/1laura_nde.html	I do not fear death. After my brain started to function again (couple weeks), I am sensing more spirit feeling - like a spirit guide, but not communication.
6867	Blanca A NDE	https://www.nderf.org/Experiences/1blanca_a_nde.html	I am a devout practising Muslim. I pray more then before and adhere to all the tenets of Islam. I live life serving Allah in the way that has been prescribed in our scriptures and the Prophet Mohammed [pbuh]. I am more deep thinking, and try to help people more than before. I have become more tolerant and accepting of peoples views and opinions. I don't 'chase' after worldly things,rather have the attitude that - if it is meant to be, it will be. I don't have fear of people or things and /or loss of. I enjoy living, enjoy life. One of the most extreme changes in me is that I have re-connected to nature, natural things. I love spending time in open areas as well as taking enjoyment out of the earthly things such as come with living in a large city. More than anything, my faith is my passion and the most important thing to me.
7014	Duane H NDE	https://www.nderf.org/Experiences/1duane_h_nde.html	Complete loss of fear.

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
7089	Sara J NDE	https://www.nderf.org/Experiences/1sara_j_nde.html	I began an immediate search for a religion to explain my experience to me. I realized that this was more important than any worldly pursuits (marriage, family, career etc.) for the rest of my life
7313	Jacqueline HW NDE	https://www.nderf.org/Experiences/1jacqueline_hw_nde.html	I have had my story documented in Australia and aired on channel seven TV. Since the event I have had many people ask me questions. All of which I have a knowing of the answer. But at times it can be difficult to stay to your own truth. As we live in this world of busyness. I wish for my story to be told. As I believe as a young child, I always had a knowing that my path was going to exceed the challenges in life that most people expect. I do believe that I know how long my spirit will stay in this body and I believe we all know that.
6692	Samantha H NDE	https://www.nderf.org/Experiences/1samantha_h_nde.html	I no longer believe in a religious God, a heaven or hell and I was schooled through high school in the Catholic Religion. But I'd read a book "In search for Bridey Murphy" when in my senior year, and my beliefs began to be challenged and I found myself believing easily in reincarnation ability. I believe in a creator, a being or power, or essence of such to design this life of beings, animal or human, for a purpose and wonder if by living a good, quality life, if we ascend to a higher being either here in this world or somewhere else in this universe.
6768	Rita NDE	https://www.nderf.org/Experiences/1rita_nde.html	Look at the world differently. Sensitive to light, loud noise, thunder and lightning, cruelty towards animals and people. Unable to wear a watch. Look at people's problems overrated. I can sense good and bad in everyone.
6880	Ginnie E NDE	https://www.nderf.org/Experiences/1ginnie_e_nde.html	I am intolerant of religious bigots/zealots. I face life head on. I am proactive. I tend to be outspoken.
7116	Lauren K NDE	https://www.nderf.org/Experiences/1lauren_k_nde.html	I found teachings that reconnected me with my out of body experience. I love and need my meditations.
7284	Carmen V Shared NDE	https://www.nderf.org/Experiences/1carmen_v_nde.html	I have a sense of my own spirituality. It is separate from the concept of the Christian God. My experience was in keeping with what I felt/find plausible both before and now after.
7413	Elle D NDE	https://www.nderf.org/Experiences/1elle_d_nde.html	Not many changes other than a stronger intent to remember somehow to skip the fear and resistance when I next encounter death and step right into surrender. What fear I still have is that I'll slip back into the fear and miss the opportunity to go right into the clear light.
7433	Anna A NDE	https://www.nderf.org/Experiences/1anna_a_nde.html	Not religious, but rather self-awareness, spiritual...

Changes in Life After NDE

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6694	Kathy K NDE	https://www.nderf.org/Experiences/1kathy_k_nde_6694.html	I've always had an inner knowing and trust that God existed but was too young to have given it much thought. After my experience I had great comfort and I knew that God loved me and was always with me and I know that no matter what this life brings it will all work out because God has it all under control. I trust that he will make everything work out for the good of all mankind.
6711	Mark S NDE	https://www.nderf.org/Experiences/1mark_s_nde.html	I learned that humans are worse than animals. Ie. Chickens surround their injured and peck them to death to protect their food supply. Humans do the same, except they perceive injured solely by finances, convince themselves you're weak, and then peck away relentlessly simultaneously with others. The forces of karma have become undeniably profound against each 'pecker'. I also believe humans are not evolved enough to manage religion and manipulate it for power to abuse others.
6715	Joan K NDE	https://www.nderf.org/Experiences/1joan_k_nde.html	JUST HOW LUCKY I WAS. MY SON IS STILL MY HERO
6730	Alan G NDE	https://www.nderf.org/Experiences/1alan_g_nde.html	I feel I was shown that I have not given enough of myself to the support of others , especially those who have not had the comfortable lifestyle that I have had
6733	Jeffrey S NDE	https://www.nderf.org/Experiences/1jeffrey_s_nde.html	Due to my multiple injuries, I am very limited in any physical activities that I used to participate in. I stay home a lot and sometimes fear even going outside. It has had a negative affect on my overall life.
6739	JB Rene A NDE	https://www.nderf.org/Experiences/1jb_rene_a_nde.html	my spiritual faith deepens.
6740	Susan T NDE	https://www.nderf.org/Experiences/1susan_t_nde.html	I realize how much my husband and I love each other. He was my rock. I am closer to my children and share more experiences with them. It took dying to begin living for myself. I have always worked, run my own business since age 25, raised children as a single mother and have always put clients first. Now, I pick and chose the clients I'm working with and have scaled way back on my commitments. I can say no to a situation I don't want to get involved with. I can talk to my husband about intimate details that I never shared before. I know I have more love for all of my family than before. Even in the hospital for 14 days, only 3 of my children could visit as 2 live in Europe. Know one new if I was going to live or die for 2 days. The 2 children in Europe were told to just wait and see what happens before they book a trip home. But, I was so worried about all of my children and wanted them to know their mom was going to be ok. I had picture

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
			taken of me eating, standing, sitting in a chair, using the walker, just so they could see my progress. I was more worried about them than myself. Now, although I love and care for all more children more than before my NDE, I now take care of myself. I exercise 2 hours a day, for me, not for anyone else. I eat better. My husband and I have decided to retire and enjoy life while were both still alive. My injury and NDE was a real wake up call for both of us. For 2 days my family didn't know I was going to make it or not. When I woke up from the coma it was a relief to everyone. The OR nurses even came down and while I was still intibated I gave them a thumbs up. They were happy to see that there efforts paid off.
6758	Deborah W NDE	https://www.nderf.org/Experiences/1deborah_w_nde.html	I was angry to have to come back - then I became severely depressed until recently when I found a group that is singing my song.
6764	Greg A NDE	https://www.nderf.org/Experiences/1greg_a_nde.html	yeah here is where I get a little back offish ,I can see at times,the future as in events with perfect vision sight and sound,like I am watching a move and I am the camera.
6769	Marilyn B NDE	https://www.nderf.org/Experiences/1marilyn_b_nde.html	I was always a spiritual kid. But after that experience, i didn't enjoy going swimming.
6776	Karen R NDE	https://www.nderf.org/Experiences/1karen_r_nde_6776.html	Will have to some other time for reasons stated over and over above.
6788	Kate B NDE	https://www.nderf.org/Experiences/1kate_b_nde_6788.html	I changed my religion to one that embraced me and my rector believed in my NDE.
6802	Garry R NDE	https://www.nderf.org/Experiences/1garry_r_nde.html	The greatest challenge I have is reconciling organized religious dogma withy personal experiences.
6805	Bethany R NDE	https://www.nderf.org/Experiences/1bethany_r_nde.html	Confirmed to me there is an afterlife and its wonderful and blissful and real.
6806	Tonja BB NDE	https://www.nderf.org/Experiences/1tonja_bb_nde.html	I believe in God now. I do not question if there is a God. I am not afraid of "death". I do not make people question their own faith anymore.
6811	Peter P NDE	https://www.nderf.org/Experiences/1peter_p_nde.html	to slow down and smell the roses. god created them for us to enjoy
6813	Martin J NDE	https://www.nderf.org/Experiences/1martin_j_nde.html	Don't work so hard now. No more 18-20 hour days. More time with family. More time with charity and volunteer work.
6816	Ekterina R NDE	https://www.nderf.org/Experiences/1ekaterina_r_nde.html	everyone now finds me weird and it's hard to discuss things that i've realized with.they will not understand.
6820	Mukurarinda D NDE	https://www.nderf.org/Experiences/1mukurarinda_d_nde.html	I walk knowing that this life has an end, and that at the end I will have another life. So, I help others to discover what is life for them and what to do here to prepare themselves to live in the future in eternity.

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
6823	Ashutosh S NDE	https://www.nderf.org/Experiences/1ashutosh_s_nde.html	i worship lord shiva,i meditate daily before going to bed and i can feel lord is with me and i refrain myself from causing pain to others. all i want is to know who am i and after my completion of the studies and marriage of my sisters i will give up this earthly pleasures and go in search of the truth.i do not fear death anymore as i know for sure that i have to leave my physical boundaries.
6824	Jim T NDE	https://www.nderf.org/Experiences/1jim_t_nde.html	As I've said before, I was not convinced in the existence of a higher power or an afterlife. I am now wholly convinced of both.
6829	Marilyn C NDE	https://www.nderf.org/Experiences/1marilyn_c_nde.html	I am not afraid to die, and in fact, would prefer to die rather than be kept alive through medical practices and procedures.
6836	Karin S NDE	https://www.nderf.org/Experiences/1karin_s_nde.html	I am now split. One part of me is 45 like book learning & another part is 7 and trying to understand this crazy life people live.
6841	Patricia C NDE	https://www.nderf.org/Experiences/1patricia_c_nde_6841.html	I'm more at peace, and more balanced, and a better person.
6846	Rhea T NDE	https://www.nderf.org/Experiences/1rhea_t_nde.html	I've gone through so many life changes that I cannot even put them here. I understand things better and continue searching for answers, and I find them.
6848	Joseph C NDE	https://www.nderf.org/Experiences/1joseph_c_nde_6848.html	Sobriety, happiness, family life, love, and health are my life's basis now.
6853	Mattie K NDE	https://www.nderf.org/Experiences/1mattie_k_nde.html	For a while I had ability to see auras around people, could tell if someone was sick, etc. Walking down the street could stop babies from crying, could levitate objects, but gave all that back.
6861	Loni C NDE	https://www.nderf.org/Experiences/1loni_c_nde.html	I am still me, but I am more open to life and others. I did not suffer fools before the experience, and I still don't, but I reach out to others and always try to pay it forward.
6863	Sarah NDE	https://www.nderf.org/Experiences/1sarah_nde_6863.html	Life goes on whether you are in your body or not. There is no need to fear death. It is a comfortable, welcoming place.
6865	Hope C NDE	https://www.nderf.org/Experiences/1hope_c_nde.html	I have felt close to God for a very long time. I didn't feel a great alteration in my belief or how I live my life. I feel I need to still do something before I can move on. I feel that when it comes to me I will know. I feel that God sends us messages or signs we just need to be open to receive them. Not to just hear but lesson.
6866	Meg C NDE	https://www.nderf.org/Experiences/1meg_c_nde.html	Since my experience I live my life with great joy. There is little drama because I always have a sense of the big picture. The knowledge of oneness permeates everything I do. Life is perfect. The way I look at everything and approach everyone is completely

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
			different. One thing that remained the same is my high level of altruism; I had that prior to my experience.
6871	Olivia S NDE	https://www.nderf.org/Experiences/1olivia_s_nde.html	I came back knowing there is a spiritual life but no longer believing any one religion had the right of it and that we were all connected and that in of itself is the essence of a spiritual existence. I believe there is a world out there we dont understand and it is part of nature and the universe as a whole
6881	Maria SV NDE	https://www.nderf.org/Experiences/1maria_sv_nde.html	I am very spiritual person but not religious person...I changed a lot ,I am more ocnciouss about others need and also others feelings,I am more considerate to others, I am much more sure of my desitins and I dont ask people's opinions to live my life,I was scared of taking desitions before and now all these years after this experience i had to take strong difficult desitions,and took them without hesitation and was responsible if i made a mistake.
6882	Avery D NDE	https://www.nderf.org/Experiences/1avery_d_nde.html	I could tell people things about there seroundings and there kids ,I became very carfty and tallinted I cared more about making things and telling people things to help them
6896	Joan LH NDE	https://www.nderf.org/Experiences/1joan_lh_nde.html	While some of my beliefs do not appear to have changed as a result of my NDE the opposite is true. While I always believed in life after death, in God, in caring for humanity and that our lives have meaning the quality and depth of those beliefs transformed. I went from a mental/physical experience of life and living to a spiritual/emotional experience in LOVE - which completely changed my life. I have tried, many times, to run away from this 'knowing' - to go back to being 'normal'. Yet, finally, I have embraced the gift my NDE was and have given myself permission just to go with it - to celebrate it and to share it with others. We have absolutely NOTHING to fear - ever.
6900	Nurse NDE	https://www.nderf.org/Experiences/1nurse_nde_6900.html	I was angry that I had to come back. I am more religious now.
6904	Merida R NDE	https://www.nderf.org/Experiences/1merida_r_nde.html	seeing a destination, realizing there is somewhere to go.
6915	Jane A NDE	https://www.nderf.org/Experiences/1jane_a_nde.html	I behaved better,I became very shy and found it hard to play and connect with other children as I was aware of something inexplicable that now set me on a different path.
6918	Marla D NDE	https://www.nderf.org/Experiences/1marla_d_nde.html	I am not afraid to die. I see life different. I am happy more. I do not like to do things that are a waste of time. I tell others of the experience. I tell others to do things they want to do. Do not fight or fuss with others. I feel we are here for OTHERS.

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
6925	Atlanta NDE	https://www.nderf.org/Experiences/1atlanta_nde.html	I know I don't have to live up to some set of rules laid out by people. I am responsible for my attitude toward others.
6926	Shante H NDE	https://www.nderf.org/Experiences/1shante_h_nde.html	as a child i have god in my heart before knowledge and felt great compassion for god before god was discuss .
6936	Jeff S NDE	https://www.nderf.org/Experiences/1jeff_s_nde.html	Finding some sort of support with this was impossible. Telling folks about it scared them away. Finding that churches don't even believe or know what to do with you was sad. Family thinking you were nuts didn't help. After awhile you learn to keep your mouth shut and hope it just goes away. But it never does. It is always there. Tugging at you. It took 8 long years before the universe sent someone to be in my life that had equal to better understanding of all things with her NDE that finally helped me to fully awaken.
6939	Lael NDE	https://www.nderf.org/Experiences/1lael_nde.html	I became sensitive to my own and others' past lives. I recall many of my own and I can pick up on the significant past lives of others.
6940	Hope R NDE	https://www.nderf.org/Experiences/1hope_r_nde.html	Can't explain.
6945	Bob R NDE	https://www.nderf.org/Experiences/1bob_r_nde.html	I do not feel there were any direct changes in my life at the time. Later in life as an adult it helped me make some good decisions about what I wanted to do with my life. It helped me to get started on my spiritual path.
6956	Carla S NDE	https://www.nderf.org/Experiences/1carla_s_nde.html	First let me begin by stating that the term "GOD" is a human construct...Do I believe that there is a force "out there" with a collective agenda that is at the source of all that this creation is and is not? YES. What is the expression? We are "God" and "God" is us. The change is the confirmation in my belief. I feel for certain that we, the collective we from the beginnings of our planet up to this moment, are all connected. For "good" or "bad" the thread of our "god selves" connects us through millennia over and over to who we are as individuals and as a collective. My experience, the emotional connect to those in the tunnel, the familiarity of those beings in the Black Room.We all knew eachother.
6967	Matthew P NDE	https://www.nderf.org/Experiences/1matthew_p_nde.html	I adjusted my relationship with alcohol, went back to school(college), it is hard to say.
6972	Sue B NDE	https://www.nderf.org/Experiences/1sue_b_nde.html	Fortunate or unfortunate, I have always believed my existance on Earth was for a purpose. I spent a lot of time trying to figure out what that purpose was so I could get it right. I don't believe in organized religion but do believe in a higher power. I believe my experience has allowed me to become far more in tune and aware of things that I never noticed before in life. I

Changes in Life After NDE

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			don't let things happen to me now and wonder why that happened, I take charge and figure it out. I feel more in charge of myself and seems my spirituality continues to grow the more I learn. I no longer feel the importance of materialistic things, I want experiences not things. I still have a lot to learn!
6984	Krista G NDE	https://www.nderf.org/Experiences/1krista_g_nde.html	Once I began to live from my experience, life took on a whole new energy. I feel I can live out my purpose now and am doing so as I write this. I create and co-create my life, and am deeply aware of this.
6992	Yazmine S NDE	https://www.nderf.org/Experiences/1yazmine_s_nde.html	I have been to Heaven and Hell and now I am just Being here..it has been a long and difficult journey but I have enjoyed and found a few pearls of wisdom . I am now beginning to relax into my real self as I mature,but I am a slow and stupid learner so I hope I can achieve some good before I depart. I wish to allow myself the luxury of becoming an 'authentic ' human being for the benefit of all sentient beings .
7004	Connie C NDE	https://www.nderf.org/Experiences/1connie_c_nde.html	My experience did not make my life easier, although I am comforted by the memory of it. I continue to feel the sadness and aloneness--concealed, of course--that I have felt for the last 21 years.
7048	Danee C NDE	https://www.nderf.org/Experiences/1danee_c_nde.html	I can only describe it as I walk in love
7054	Gillian M NDE	https://www.nderf.org/Experiences/1gillian_m_nde.html	<p>I have shared my experience with colleagues despite the fact that it could result in professional criticism or concerns about my sanity and ability to practice medicine. In fact they have been amazingly supportive and have been quite open to discussing the possibility of life after "death".</p> <p>The whole experience (my first hospitalization, procedures, etc) has made me a better doctor.</p> <p>The NDE has made me a better person. I have less fear overall, and feel that I can now experience a different level of material existence, now that the fear of death has been laid to rest.</p>
7057	Lani K NDE	https://www.nderf.org/Experiences/1lani_k_nde.html	Many many changes have happened in my life since the accident. I'm not certain I have enough time to explain.
7060	Donald C NDE	https://www.nderf.org/Experiences/1donald_c_nde.html	Most of my adult live I lived as an athiest and loved to dig at the Bible and quote the less than uplifting passages, and Jesus was my favorite punching bag. Even when memories of the NDE started coming back I would push it away ignore it. It wasn't real. Couldn't be. But over and over that immense Love kept showing itself. Shook me up. With that I found out I was just

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
			wrong about my view of life after death and I needed to admit it.
7074	Harris B NDE	https://www.nderf.org/Experiences/1harris_b_nde.html	I have a greater sense of peace regarding an afterlife, and a fair level of curiosity regarding scientific research on similar experiences, but before now, I've not sought to share my experience beyond friends and family
7086	Jill W NDE	https://www.nderf.org/Experiences/1jill_w_nde.html	I gained the strength to leave my abusive husband.
7095	Brandon C NDE	https://www.nderf.org/Experiences/1brandon_c_nde.html	Though I still feel the tear in my heart of my husbands passing, I know that he is okay most days. Some days, I am still just sad, with something in the back of my mind telling me I shouldn't be sad.
7098	Nigel O NDE	https://www.nderf.org/Experiences/1nigel_o_nde.html	I have no feeling for a "religious life", I would not refer to my experience as "spiritual", it was far greater than a label and far too important to be neatly boxed up as either.
7105	Tammy H NDE	https://www.nderf.org/Experiences/1tammy_h_nde.html	De javu
7108	Rosemary L NDE	https://www.nderf.org/Experiences/1rosemary_l_nde.html	No fear of dying or the after life.
7109	Catherine A NDE	https://www.nderf.org/Experiences/1catherine_a_nde_7109.html	when I was 50 I had another near death experience I was in the ICU in North Carolina I had a blood clot that almost killed me. I remember the same experience I had as a child except this time I was told I had a choice. that is the difference. and I chose to come back and complete my journey. I am 53 and still changing lives.
7111	Marshall L NDE	https://www.nderf.org/Experiences/1marshall_l_nde.html	None so far. I would appreciate it if I researcher would email me.
7118	Brenda S NDE	https://www.nderf.org/Experiences/1brenda_s_nde.html	I never had a serious relationship with a man again, since, I don't drink alcohol, I talk more to heaven as a whole, lots of things. I don't trust people but try to help the poor etc. Money is God's enemy. But I still need to live, he knows that. Me and my kids sold our souls to heaven just to see what would happen and we all won a small amount of money and extra talents
7131	Justin M NDE	https://www.nderf.org/Experiences/1justin_m_nde_7131.html	after I remembered I felt good about life and knowing what the meaning is.
7145	Haze NDE	https://www.nderf.org/Experiences/1haze_nde.html	peace
7147	Witney NDE	https://www.nderf.org/Experiences/1witney_nde.html	I still have many unanswered questions. Not about God as much as to how I should approach religion and that there is a lot of bullshit in the world.
7148	David M NDE	https://www.nderf.org/Experiences/1david_m_nde_7148.html	No one really knows for a fact if God exists. My upbringing refers to the higher power as God, and I do believe there is a higher power, however I've never met God so I can't say for a fact that he/she exists.

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
			After my experience I have a greater respect of life and at 16 like all teenagers we believed we were invincible. However it was a positive experience and thus I am not as afraid of death as I once was. I'm glad I had this experience as it has given me a great respect for life.
7149	Gene B NDE	https://www.nderf.org/Experiences/1gene_b_nde.html	Began seeking more spiritual knowledge and information, not limited to the Christian faith.
7151	Sally D NDE	https://www.nderf.org/Experiences/1sally_d_nde.html	At this point it is still such a recent event that I am trying to make sense of what I heard/saw/remember ALONG with healing from the owies incurred and the ongoing and still undiagnosed illness that involves relentless pain. I know these events will bring change, but it is too early to know yet, how these changes will unfold...
7153	Romy NDE	https://www.nderf.org/Experiences/1romy_nde.html	I started seeing the opportunity that lies in every moment. I realised my purpose is to connect to this light I saw and share it with others. I felt a great urge to "put my hands on people" and transmit some of the light, especially in the first year after the experience. Whenever I want, I can close my eyes and connect to this experience, which immediately brings me to a place of trust and love. I think that for the past 18 years, even though I am living a worldly life, part of me is always with the light.
7155	Cali NDE	https://www.nderf.org/Experiences/1cali_nde.html	I was leaning toward deism and I think it nudged me a bit further in that direction. I believe but I don't think I can understand Divinity. I don't usually feel I know what God wants me to do. I try to help His sheep when I can. I wish I did more. I wish I could say I have become a better person but I am ashamed to say I don't think that I have. I am maybe more aware that I need to than before.
7157	Kathy VB NDE	https://www.nderf.org/Experiences/1kathy_vb_nde.html	My intuition became stronger (even though I often ignored it) and I believe my inner strength began to take a hold in my life. If I was not afraid of being different and standing out there could have possibly been dramatic changes.
7166	Serge D NDE	https://www.nderf.org/Experiences/1serge_d_nde.html	Decrease on materials, futulities. I love unconditional. I have no sense of time. Hearing everything, I am constantly aware about movement around me. I definitely "flow" God is a bog word but I prefer to call it "The Light" spiritual turns into a way of life deep inside..
7170	Mary W NDE	https://www.nderf.org/Experiences/1mary_w_nde_7170.html	Listed above
7172	Steve T NDE	https://www.nderf.org/Experiences/1steve_t_nde_7172.html	I do NOT follow any religions at all for I now believe they are for here n now / I believe a great opower exists but Know I do not KNOW what or how powerful

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
			it is .. I di know that there is life after here n now and that ALL go the same way as all else .. All of which I have no wanting to talk to or wexplain to any others at all ..
7177	Rebecca P NDE	https://www.nderf.org/Experiences/1rebecca_p_nde.html	I am more aware of trying to do things that will not do harm. I attempt to have a better understanding of each individuals experience so that I can be more compassionate. I became aware of how important it is to learn simple life saving measures. I quit "partying" -- tapered down to a stop. Over the next month significant spiritual symbols presented to me.
7179	Maime S NDE	https://www.nderf.org/Experiences/1maime_s_nde.html	I am now able to sense and relay experiences of people that have passed over to their living relatives. I also have a heightened ability to perceive events not yet occurred in other people's lives. I'm acutely aware of the vibrations of souls as they are about to be released from the confines of their bodies here.
7180	Bonnie C NDE	https://www.nderf.org/Experiences/1bonnie_c_nde.html	I'm still in a recovery phase since I had my pacemaker inserted. However, my experience has absolutely removed any fear whatsoever of death.
7182	Marny NDE	https://www.nderf.org/Experiences/1marny_nde.html	It took many years and many experiences to be where I am today. Not all good. I had rarely heard of NDE's at the time of my NDE so it took many years to understand.
7188	Ronnie D NDE	https://www.nderf.org/Experiences/1ronnie_d_nde.html	I know what I know to be the truth and pure.
7198	Kate NDE	https://www.nderf.org/Experiences/1kate_nde.html	Not afraid of death but concerned about the pain that can happen during the process.
7199	James A NDE	https://www.nderf.org/Experiences/1james_a_nde.html	I felt less misunderstood afterwards. By what? Just existence.
7200	Michael DP NDE	https://www.nderf.org/Experiences/1michael_dp_nde.html	After the experience, I did not speak about it for many years as I did not understand the experience. Contrary to many, I started on an agnostic journey and denying my experience as unscientific and impossible. It was only in my 30s that I came to terms with my experience and I searched for answers in Islam and Christianity. I found my answers in Christianity
7201	Micella NDE	https://www.nderf.org/Experiences/1micella_nde.html	I try to preserve peacefulness in my life whether through alone time, rest time, quiet time, etc.
7203	Amanda NDE	https://www.nderf.org/Experiences/1amanda_nde.html	see above.
7208	Francis G NDE	https://www.nderf.org/Experiences/1francis_g_nde.html	many but I'm too tired to write more
7209	Robyn F NDE	https://www.nderf.org/Experiences/1robyn_f_nde.html	I believe that what we ask for, we receive.

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
7210	Michael Joseph NDE	https://www.nderf.org/Experiences/1michael_joseph_nde.html	I now realize there is a LOT more to reality than just what we see and hear in our physical bodies. I want to know a LOT more.
7219	Gail A NDE	https://www.nderf.org/Experiences/1gail_a_nde.html	I utterly unlike anyone else in my family as a result if my nde. I don't care for worldly possessions or money. I don't care for shallow people, and I don't suffer wasted time due to untruths.
7220	Rachel R NDE	https://www.nderf.org/Experiences/1rachel_r_nde.html	More loving and aware if love.
7234	Penny C NDE	https://www.nderf.org/Experiences/1penny_c_nde.html	I consider my life as any other persons life, and have been through ups and downs, good and bad, and life is moving forward. Now regarding spiritual things I have experienced being paralyzed in my sleep which is something I have experienced as a child on many occasions, but the only differences were seeing a dark shadow come through my window coming down on me at 16 until I prayed to Jesus while having an episode, while pregnant with my first child waking up hearing chanting in my ear until I prayed to Jesus while having an episode, and while me and my husband slept I felt a presence lift up off me after praying while having an episode. So the spiritual world is real, and just like the natural world there is good, and there is evil. I was even tickled in my sleep by an unseen presence.
7237	Malavika H NDE	https://www.nderf.org/Experiences/1malavika_h_nde.html	I used to crash diet before I was anorexic. After this experience I went to the doctor and I was told my bones had become brittle, because of starvation. I world skip dinners for days or eat below 300 calories or less each day. My blood pressure was low. Now I am in recovery. I try to take better care of myself now.
7238	Francesca NDE	https://www.nderf.org/Experiences/1francesca_nde.html	so many...I was depressed, suicidal, I lost my fiance and friend who hit us....I didn't understand what happened to me, especially after I spoke with my family catholic pastor-I was more unsettled because he could not give me an answer that helped me understand. The personal happenings prior to the event made me think it was all in the plan, too many "things" that still leave me to wonder if it was going to be Mark's time and there was nothing I could do about it.
7245	Brenda R NDE	https://www.nderf.org/Experiences/1brenda_r_nde.html	Before the experience I would say that I was very religious. Now I can say that I am very spiritual. Those two things are different. Before the experience I was bound by the church and the Bible but afterwards I understood the Bible deeper and could see that I could be more open in my spiritual experience. I see things on a different level and do not believe that I need to be blinded by others interpretation of the Bible. I seek knowledge, understanding and insight.

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
7251	Mary C NDE	https://www.nderf.org/Experiences/1mary_c_nde.html	Prior to the experience, organized religion guided me. Afterwards, I stopped believing in religion and became more personally spiritual.
7260	Glen D NDE	https://www.nderf.org/Experiences/1glen_d_nde.html	I am much different. My life before kept a frantic pace, with a limited tolerance for others and very little compassion for people, certain circumstances notwithstanding. I still keep a busy schedule, but now I take the time to revel in both the ups and downs of life, for now I see that they all have meaning. Exactly what that meaning is, I still don't know, but I feel that if I take the time to embrace every aspect of life, every emotion I encounter, then maybe that "meaning" will become clearer. I'm a much better "listener" now too than I ever was before.
7264	Daniel H NDE	https://www.nderf.org/Experiences/1daniel_h_nde.html	I had lost my memory of the experience for many years until about 4 years ago when it came back
7265	Sally A NDE	https://www.nderf.org/Experiences/1sally_a_nde_7265.html	None. Too soon. Still absorbing it
7271	Salem NDE	https://www.nderf.org/Experiences/1salem_nde.html	"
7274	Tommye R NDE	https://www.nderf.org/Experiences/1tommye_r_nde.html	I am more at peace in some ways but I suffer much more when I see, for example, an animal abused. The pain is almost beyond endurance. My fear is that I will die while people are counting on me. I am much more tolerant of people's foibles. When my patience is exhausted, I relax and am able to become patient once more. I am now very, very reluctant to induce pain in anyone, any kind of pain.
7277	Haley T NDE	https://www.nderf.org/Experiences/1haley_t_nde.html	Before I had the idea that "She who dies with the most goodies wins!" Now I strive to be the best I can be so that I can get back as fast as I can. I listen to others more and am more at ease.
7278	Samson J NDE	https://www.nderf.org/Experiences/1samson_j_nde.html	Nothing that I have noticed, other than problems with adhesions and scar tissue in the surgery site.
7291	Karin F NDE	https://www.nderf.org/Experiences/1karin_f_nde.html	I simply live my life the best I can moment to moment. I trust that all will be well my belief in God is stronger than ever and I know I am a part of that wonderful being
7303	Bella J NDE	https://www.nderf.org/Experiences/1bella_j_nde.html	I stopped being afraid. I changed everything in my life that caused conflict. I became patient, very humble, very aware of impacts my words or actions could or would have on others in my life long-term or short-term. Without directly seeking to be a confidant or counselor or shoulder to cry on I found myself surrounded by people in need of help, guidance, comfort. My stamina was stretched to limits not thought possible. The Book of Job became my

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
			roadmap. I believed and believe every step of my life thereafter was a test of faith.
7307	Tina G NDE	https://www.nderf.org/Experiences/1tina_g_nde.html	I was never afraid of living - but now when a dr sees something or wants to recheck something I freak.... not because I might die ... I freak over that period of not knowing. My anxiety goes through the roof! I am more cautious. I do not let things wait, I go to drs, I won't travel anywhere if there is not a major hospital... Maybe I am afraid of dieing... I think I am more afraid of being in that much pain again.
7317	Martha BG NDE	https://www.nderf.org/Experiences/1martha_bg_nde.html	I feel that I have been more sympathetic and understanding to other people.
7318	Alta NDE	https://www.nderf.org/Experiences/1alta_nde.html	My self esteem was greatly improved. Later on I realised that I believed all people are inherently good. This led to learning that there are people that are twisted and inherently wicked. I like to learn and seem to always be a mile ahead of everyone around me. The effect on others vary from jealousy to admiration especially since I am so different of most people's concept of what a woman should be.
7319	Beth S NDE	https://www.nderf.org/Experiences/1beth_s_nde.html	Pre-cognitive dreams, psychic experiences and connections, hearing ghosts.
7325	Marie W NDE	https://www.nderf.org/Experiences/1marie_w_nde.html	I live simply but joyful. I appreciate all things . I am generally happy. I question everything and I listen. I know how valuable and exceptional life really is. I am very careful about what I feed my spirit and soul. I am very aware of how energy disrupts the body and the life forms we are in, so my choices and decisions are carefully considered before acted upon.
7329	Wendy T NDE	https://www.nderf.org/Experiences/1wendy_t_nde.html	I still do not participate in organized religion not because I don't believe, it just has never been important to me. Spiritually sometimes I feel like I am searching for goodness but badness and evil sometimes feels to me to be more about desperation and pain and bitterness and suffering and retribution, all forgivable. I know it's easier said than done but I try everyday to do something nice or good.
7335	Wanda K NDE	https://www.nderf.org/Experiences/1wanda_k_nde.html	That the actions of my life greatly affected others, and spiritual seeking was more important. As I have grown spiritually the affects of the expirience have had more and more influence and affect. ie less fear, synchronicities especially in helping others.
7336	Cyanrose J NDE	https://www.nderf.org/Experiences/1cyanrose_j_nde.html	My life wasn't changed by me as I had promised God during the NDE. I continued to live careless of my life. I suffered many times over in many different and permanent ways. God granted me wonders beyond my deserving and has humbled me to the lowest of ground. I believe, God kept trying to make me see my

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
			commitment wasn't being for filled as promised to him. Now later years, I've learned to be humbled, learned physical & emotional pain, learned how to forgive, and not to repeat my previous lifes challenging behaviors.
7342	Olivia E NDE	https://www.nderf.org/Experiences/1olivia_e_nde.html	This was going to be only a small sample of what all was coming in my life, a preview, so to speak.
7343	Robert T NDE	https://www.nderf.org/Experiences/1robert_t_nde_7256.html	A knowing that I spent great time researching...odd epiphanies previously not even a thought or interest...a oneness in the universe and understanding of the energy of life...down to the very cell..balance...i also have had trouble adjusting to organized religion...finding holes in it that trouble me...I have become spiritual but not religious...i have had great adjustments with what I can only assume is now a future as an empath..troubling really...and if this doesnt sound odd I dont what does...i see ghosts...lol...right? drives me crazy but there they are...nearly every personality trait I previously had changed seemingly overnight without trying...compassion for everything...faith in everything...faith in faith itself perhaps...i attract animals and angels that I previously never considered real...I feel like I am never alone...have had a few experiences where i was saved from serious accidents by a green small orb of light I have caught on film accidentally..i am grateful for each and every day
7346	Gary J NDE	https://www.nderf.org/Experiences/1gary_j_nde_7346.html	I had kids. I changed my life entirely. I went back to school. I had a new purpose and a drive. I lost all fear of pain and death. it is sometimes uncomfortable to know what I know to be true.
7352	Sam J NDE	https://www.nderf.org/Experiences/1sam_j_nde_7352.html	To me and for me 43 through 49 come from the perspective that this world is the Genesis of creation and it's not. It's just a movie we came here to learn from. If we don't learn what it is we came here to learn then we get to do it over and over again until we do learn from the movie. There is no way out until one learns what it is they were sent here to learn unless Creator/God/Great Spirit deems that no one left here is learning anything. Time to flush the toilet and start over.
7356	Tina S NDE	https://www.nderf.org/Experiences/1tina_s_nde_7356.html	You come back a different person. All your misconceptions are stripped away & you are exposed to the truth. Many of your family and friends hold you at arms length afterwards, they think you're crazy.
7963	Rick I NDE	https://www.nderf.org/Experiences/1rick_i_nde.html	I try to keep my family very close.
7669	Mark R NDE	https://www.nderf.org/Experiences/1mark_r_nde.html	I completely got off drugs, and I knew that for certain life continues.

Changes in Life After NDE

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7888	Joan K NDE	https://www.nderf.org/Experiences/1joan_k_nde_7888.html	I stopped feeling like I was less or more than others because we are all the same
8012	Raed A NDE	https://www.nderf.org/Experiences/1raed_a_nde.html	I feel in peace life
8031	Tracy R NDE	https://www.nderf.org/Experiences/1tracy_r_nde.html	I take things more seriously now and and open to others thoughts and embrace people more.
8041	Chris H NDE	https://www.nderf.org/Experiences/1chris_h_nde_8041.html	I know three things to be a fact god exists, there is a heaven and there is a hell.
8137	Newt J NDE	https://www.nderf.org/Experiences/1newt_j_nde.html	My page 5 responses become garbled when i review them, so this time i will be briefer. I have becom3 more compassionate, patient, sensible (was a big risk taker and didn't live in a sustainable way). Less cloudy thinking, more purpose. No fear of death
7361	Maggie S NDE	https://www.nderf.org/Experiences/1maggie_s_nde_7361.html	My spiritual path became more clearly defined/outlined I struggled with spiritual versus religious I have over the years arrived midway of these two words
7366	Joshua L NDE	https://www.nderf.org/Experiences/1joshua_l_nde.html	two ways of looking at things, separate alone individually and fight your ego, or accept we are all one, we are immortal souls, embrace and respect the love of our creator.
7375	Barbara S NDE	https://www.nderf.org/Experiences/1barbara_s_nde.html	i found that what i was taught in religion didn't stand up to when i was in the light. I believe now that religion is a big part of our problem here on earth. Most wars are caused by them. I have not lost my love of God because I know my essence is part of the creator's. I always was a reader from early childhood. I always have studied many many topics other than schooling. Since the internet and a business I ran for many decades I have gotten to learn about different cultures and have many friends from all over the world.
7387	Lyndall W NDE	https://www.nderf.org/Experiences/1lyndall_w_nde.html	I am not afraid of death but still afraid of pain
7389	Paulo NDE	https://www.nderf.org/Experiences/1paulo_nde.html	i am comfortable and fear no situation
7392	Kevin E NDE	https://www.nderf.org/Experiences/1kevin_e_nde.html	Since I was so young, I cannot accurately relate what exactly my beliefs were at the age of 3, but I do know that I believed in GOD and felt His presence in the world as a reality.
7396	Marsha T NDE	https://www.nderf.org/Experiences/1marsha_t_nde.html	It helped to show me the path I needed to take to find my spirituality.
7397	Mary Ann P NDE	https://www.nderf.org/Experiences/1mary_ann_p_nde.html	I am really scared to die now. And I just hope all the loved ones that have died, did not experience what I did.

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
7410	Zoe C NDE	https://www.nderf.org/Experiences/1zoe_c_nde.html	The experience made me realize more the importance of taking good care of myself, my family and nurturing more my spiritual life. I realized that life on earth is God's call.
7417	Nichole BD NDE	https://www.nderf.org/Experiences/1nichole_bd_nde.html	<p>The changes have been taking place over the past 20 years since this occurred. That's a lot to write about so in my shortest possible assessment:</p> <p>Initially I was depressed and angry for having to return to my body. I looked out at the world and it wasn't as loving or beautiful as what I had witnessed there and I felt homesick for many years. I had another series of life altering events in the year 2001 that literally bled the anger out of me. A whole other experience where I was facing death and had an out of body but not what I call an NDE as I never lost consciousness or anything like that. I was attacked by a mob (10+) of people with beer bottles who were very much trying to kill me and it was the most violent thing I have ever went through. That experience along with my NDE is when I finally fully understood what I was here to do. The world needs more love HERE and I have touched the other side where it's all the love in the universe. I believe I can now be a bridge for that love. I vowed after that attack to let go of my anger fully. I had bought a gun for protection in 2000. I got rid of it immediately after being attacked as I knew from that moment on I did not want to bring any violence to this world in any way. The world was so violent already and I wanted to be sure I put as much love and compassion into the world as I could to counter act it. This is how the experienced changed me however it took a couple of aftermaths to bring it all full circle. I suppose I had to stop feeling sorry for myself for having chosen to stay here and to get on with what I came to do. Which is increase the LOVE. That is just a small fraction of how it has changed me but it is most likely one of the most significant.</p>
7419	Gabby G NDE	https://www.nderf.org/Experiences/1gabby_g_nde.html	I searched religions after this for a meaning, explanation which I could understand. I became a rebel to society in many ways, forcing change, because I do not want or need societies acceptance at the cost of my soul.
7434	George N NDE	https://www.nderf.org/Experiences/1george_n_nde.html	All I can say is that I am not my body. I live separate from it what that means I cannot say.
7439	Farrah NDE	https://www.nderf.org/Experiences/1farrah_nde.html	This has altered my view on life . I am no longer suicidal . Believe my life is stronger. I have become more sensitive to people and places.
7442	Marney N NDE	https://www.nderf.org/Experiences/1marney_n_nde.html	I know God exists, I see him everyday in everything

Changes in Life After NDE

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7447	Valeria M NDE	https://www.nderf.org/Experiences/1valeria_m_nde.html	<p>I know that there is no death as we think it is. Just change in perspective. No physical limits anymore. Clarity about life events, recognising lies, fals mass beliefs, delusions. Seeing the world, life from a higher perspective. Sensitive to other's emotions without being affected. (most of the time). I also understood an event that occurred after my mother's death. Actually she contacted me physically. I couldn't speak about it and couldn't understand either. But felt clearly her touch on my cheek and got her message not to cry as she was very well.</p> <p>I am sure that I wouldn't react so bravely to the cancer diagnosis without this experience.</p>
7454	Marc M NDE	https://www.nderf.org/Experiences/1marc_m_nde.html	<p>I am more aware that my and our true home is in the spiritual world, not here</p>
7460	Sally S NDE	https://www.nderf.org/Experiences/1sally_s_nde_7460.html	<p>I no longer fear death! I only worry about not doing everything I am meant to do on earth.</p>
7462	Genny H NDE	https://www.nderf.org/Experiences/1genny_h_nde.html	<p>my faith is even stronger now. I lost one of legs during surgery, but I don't care. I know I will be whole again when I get to heaven.</p>
7468	Rhonda M NDE	https://www.nderf.org/Experiences/1rhonda_m_nde.html	<p>Everything changed.</p>
7469	Penny W NDE	https://www.nderf.org/Experiences/1penny_w_nde.html	<p>I just feel greatly at peace most all of the time. I am not upset or affected by other people's expressions of anger or frustration at the issues in their lives and I feel great understanding and compassion for them. I am now keenly attuned with the spiritual and matters concerning the spiritual. I am now able to know things about other people's lives...especially people whom I have just met. I have had God compel me to write down information that he wants me to have and to share that information with others. I am greatly affected by vibration, audible frequencies. Some that are high pitched cause me immediate pain, others with a lower pitch put me almost immediately into a trance like state. I can taste food not only with my tongue but with the insides of my cheeks. I now love hot and spicy things and hate things I once loved and craved as far as food. I now can put on, for example, a tuning fork healing meditation on youtube, and leave my body and travel elsewhere. I am able to focus my energy on people and they seem to sense it and become calm. There are so many changes, I could go on and on.</p>
7470	E.D. W NDE	https://www.nderf.org/Experiences/1ed_w_nde.html	<p>the reoccurring night mares of the flesh eating demons, the loneliness, the darkness...I wake up screaming in a cold sweat</p>

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
7481	Dr. Jean Renee H NDE	https://www.nderf.org/Experiences/1jean_renee_h_nde.html	I like to think I've not been a more compassionate physician and surgeon, and to this day, even though life has had struggle and hardship, I'm blessed beyond measure to have been restored back here to complete my purpose.
7484	Akshatha K NDE	https://www.nderf.org/Experiences/1akshatha_k_nde.html	I am more aware of myself, and I give more importance to my inner thoughts. I listen to myself more often than others. I know how important it is to believe in yourself and have a peaceful life rather than fighting with others over silly issues.
7503	Blaine S NDE	https://www.nderf.org/Experiences/1blaine_s_nde.html	I have become closer to God. I believe in angels.
7506	Alana G NDE	https://www.nderf.org/Experiences/1alana_g_nde.html	The biggest change would be my paradigm shift to more eternal values in my life/decisions, no fear of man and what others think of me, I am not afraid of death and look forward to finally going home hopefully the next time He won't stop me
7511	Carson D NDE	https://www.nderf.org/Experiences/1carson_d_nde.html	Though the experience was life changing. About a year later I started having night terrors, and sleeping very badly. Thirty six years later I am still plagued by horrible nightmares I have been to numerous sleep clinics and sleep studies. I sleep on average 4-5 hours a night.
7513	Erik C NDE	https://www.nderf.org/Experiences/1erik_c_nde.html	before I felt that my faith was based primarily on unseen things, now I feel that there is no denying the need to be more spiritual
7516	Jennifer W NDE	https://www.nderf.org/Experiences/1jennifer_w_nde_7516.html	I kind of wandered, as a pilgrim, proclaiming God's everlasting, eternal, life. Mentally, I was still on 'the other side' and could not integrate back into my body. I flew as a leaf on the wind, to the places I wanted to visit, looking for my utopia on earth. I still couldn't function and wasn't able to blend back into society. I was enveloped in God's ways and all I needed was provided to me (strangely) for five years until I returned almost all the way back in my body and then I was happy to be alive whereas before I only wanted to go back to the other side. Where I went and the things I did, always included sharing my near-death experience. I knew I was mentally and physically struggling to keep my feet on the ground and felt as though I was living on the outskirts of the conditional reality where I had to provide stable housing, clothing and food for my bodily necessities and survival. Add to that the need for a life of quality, which I didn't even know what that meant then, plus needing and wanting a home, seemed like an elusive dream, out of reach.
7517	Bonnie L NDE	https://www.nderf.org/Experiences/1bonnie_l_nde_7517.html	I have always had difficulty in relationships and being around strong emotions or groups of people. I have a strong sense of empathy and others say that being in

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
			my presence is calming. I feel this is related to my experience as it is because of the sense of connection and oneness I felt during the experience that is still in a small way with me.
7519	Steven T NDE	https://www.nderf.org/Experiences/1steven_t_nde_7519.html	4 time suicide survivor..Testimony can be found on Youtube--MIDDLE TENNESSE RACING DEVOTIONAL
7536	Lonnie L NDE	https://www.nderf.org/Experiences/1lonnie_l_nde.html	I have no doubt in God and I am a much better person, far less selfish, more confident and fearless.
7795	Katie W NDE	https://www.nderf.org/Experiences/1katie_w_nde.html	I am not afraid to live my life but I have new sensitivities that are hard to adjust to. I did have a period of depression and feeling out of place here. I missed heaven and still do but I am not pouting about it anymore! I had a period of isolation and feeling like being in this body is very uncomfortable after being out of it.
7817	Lisa S NDE	https://www.nderf.org/Experiences/1lisa_s_nde_7817.html	Things weren't the same anymore, the way I think, I'm assuming, is totally different. I suppose it could be the fact that my adolescent brain grew up to mature. Or maybe it was the result of the accident. I feel like I'm a different person at times and when I think about a certain memory in my past, it hurts my brain.
7930	Paul D NDE	https://www.nderf.org/Experiences/1paul_d_nde.html	I try to be open and tend to believe everything anybody says to me - up to the point where I cannot distinguish lies and might appear 'simple'. I also feel more lost than before although I am not worried about dying or trying to be meaningful anymore.
7526	Leonard K NDE	https://www.nderf.org/Experiences/1leonard_k_nde.html	After I returned to school I became very depressed, and I cried a lot. I came back with a greater understanding of the cruelty that exists here on earth, and I'm perfectly okay with spending time alone now that I'm an adult.
7528	Conni J NDE	https://www.nderf.org/Experiences/1conni_j_nde.html	I still do not believe in "God" and actually would prefer a questionnaire that was not so limited. Perhaps question 43 could have a more expansive list of options...could include "greater being" or "collective consciousness". God feels too tied to organized religion. (Sorry - had to interject a little opinion there...) In regards to changes in my life - I simply have lost my deep rooted and sometimes crippling fear of death.
7533	Sebastian X NDE	https://www.nderf.org/Experiences/1sebastian_x_nde.html	The way the questions are asked above seek specifics without looking at varying circumstances. At the time of my NDE was apathetic and in pain. Drug abuse does that. I wash a shell of the happy, creative, spiritual man I once was. I came to believe God hated me or I was continually being punished. After the experience I still had a lot to work through. As a child I was seen by others as the "The Little Prophet." That is what I was called by other Mormons. When investigating

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
			spirituality before getting into drugs I was in touch with that beauty once again. It has taken years for me to possess that state once again, I plan to do all I can to keep it. In Queston 50 below I stated "Unknown" as there was no immediate, dramatic result. It impacts my life and the life of those I help today. It greatly impacted my life from the standpoint that I was predicted to die or be in a vegetative state but lived.
7537	Jeanne ZS NDE	https://www.nderf.org/Experiences/1jeanne_zs_nde.html	See above writing.
7540	Kurt O NDE	https://www.nderf.org/Experiences/1kurt_o_nde.html	only that i don't take life too seriously, not saying life doesn't matter quite the opposite actually its like i was left feeling that i should live this life as well as can be done but don't worry about it too much because after this one ill pass into another "life" and live that one. i think they are really part of the same "life". the result has been living as best i can furthering my quality of life while still making sure i follow the golden rule.
7544	Diane B NDE	https://www.nderf.org/Experiences/1diane_b_nde.html	Before the NDE I was extremely shy and fearful of other people. After the NDE I was still shy but not painfully shy and I did not feel threatened by other people.
7545	Catalina NDE	https://www.nderf.org/Experiences/1catalina_nde.html	Before i saw things differently. Now i am sure that if i give and don't have expectations, it makes me better and it makes me happy. I don't need gifts of any kind. Except for hugs. I just love the giving process. I don't care about the rest of it. I let everything on god's hands.
7546	Donna W NDE	https://www.nderf.org/Experiences/1donna_w_nde_7546.html	After this experience I have been able to concentrate on reaching my highest good and permitting others to reach theirs at their own pace. In other words live and let live. I no longer agree with controlling anybody. Everybody has their own path.
7547	Wendy S NDE	https://www.nderf.org/Experiences/1wendy_s_nde.html	I've chosen to travel to more locations. I take time for myself.
7548	Jeffrey B NDE	https://www.nderf.org/Experiences/1jeffrey_b_nde.html	I worried less about things, that I knew things were in good hands so to speak, so why worry. But due to the PTSD from the incident I gradually became more and more anxious about life in general, trying to be perfect so that people wouldn't leave me. This is due to personal losses and not due to the incident itself. I have received therapy for the anxiety and am doing much better.
7549	Shara G NDE	https://www.nderf.org/Experiences/1shara_g_nde.html	I believed in some kind of spirituality before. After, I believe that all is spirit, and there is no doctrine that contains all the essence of the spirit that comprises our lives. There is no meaning for me in studying religion because I know for certain, it is a human construction. But I still long for a stronger connection to the vastness

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
			of the spirit of all things. Therefore, I tend to keep to myself more so I have the space to mind-travel.
7552	Ysel NDE	https://www.nderf.org/Experiences/1ysel_nde.html	I live to make sure I have done the best I can for my children, and so that he, the one who gave me that chance to come back and make a difference in the lives of my children will say I made the right decision in letting her go back...I know he will call on me but this time it will be when he wants me to go....
7558	Kevin S NDE	https://www.nderf.org/Experiences/1kevin_s_nde.html	I am know on my second journey in this life while I have to live my life being disabled ,there is a lot of things that I can not do ,but that does not bother me cause I am happy and knowing were just passing though this life we are all the same.
7574	Chanse R NDE	https://www.nderf.org/Experiences/1chanse_r_nde.html	I feel somewhat the same but my question of is there an after life has been answered.
7575	Hailey M NDE	https://www.nderf.org/Experiences/1hailey_m_nde.html	I have come to understand compassion, how to put myself in another's position, not be quick to judge, understand that there are grey areas between right and wrong, as well as learning to listen and be empathetic, as well as always looking at the bigger picture, not seeing us versus them, but that we as humans are all connected and should work towards coming together as a species or risk destroying our species out of fear.
7578	Scott W NDE	https://www.nderf.org/Experiences/1scott_w_nde.html	I am highly in tune with others, I have a greater capacity for empathy, compassion and feel the need for others healing. I seems I can sense or feel others emotions clearer than before, almost like I can hear their thoughts.. I have a profound ability to meditate, prayer seems like conduit, very intuitive now, I seem to attract people, not sexually, I mean, just attract people for spiritual needs.. I can sense and see spirits if I allow it.. I seem to know things are going to happen before they do, I'm not sure I like this much..
7580	Jacob NDE	https://www.nderf.org/Experiences/1jacob_nde.html	well, it changed everything didn't it. I am no longer attached to this life or the material world in any way whatsoever. I have educated myself to a level i never dreamed possible and I live very well, I teach and learn daily and have a full experience of being. I treat Life with a lot more respect and do not harm living beings.
7581	Alan S NDE	https://www.nderf.org/Experiences/1alan_s_nde.html	With my understanding of Being the Being that I truly am, in peacefulness has attracted many people to me. And I just wrote this this morning "I have so much to show...so much to teach, so much to share... all simply because I am..."
7597	Andrew G NDE	https://www.nderf.org/Experiences/1andrew_g_nde_7597.html	I feel that there should be some kind of meaning, divine inspiration, drive to excel, or something... I think the major changes may need to outlast the significant post-attack depression.

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
7602	Mira S NDE	https://www.nderf.org/Experiences/1mira_s_nde.html	<p>After the experience, I was existing in a very different inner world of my own... it might sound strange, but still feeling quite disoriented, as everything somehow, seemed new, I was trying to get used to the 'world'... fortunately, nothing seemed to truly affect me emotionally. I remembered Arti's life but was quite unaffected by it...</p> <p>My lifestyle was very different from the previous one. My body structure had also changed, food preferences were different (for eg. Arti didn't much care for chocolate and ice-cream but... I just loved it!). I had somewhat of a singing voice whereas Arti couldn't really sing well. I was more of a quiet personality, wanting to keep to myself, very selective with whom I would spend time, whereas Arti had had an extrovert personality, very happy to be mixing in society, attending parties, PR and just generally social. My clothing choices were a bit more conservative too. Interestingly, people around me would say, "there is something different about you after the accident but we can't tell what it is".</p>
7603	Mindy B NDE	https://www.nderf.org/Experiences/1mindy_b_nde.html	Everything has changed.
7610	Jayne S NDE	https://www.nderf.org/Experiences/1jayne_s_nde.html	<p>Deep and abiding spirituality, a knowing that God loves me immeasurable and infinitely and nothing and no one can separate me from the love of God. I pray a lot and feel blessed. Often feel like God is working/teaching through me. I was a street kid. I was told to teach and am now a teacher with several post graduate studies behind me. I've been on Indigenous communities and feel that my life is being directed. I also have several properties that have just fallen into place from following the directives from within.</p>
7617	Mike M NDE	https://www.nderf.org/Experiences/1mike_m_nde.html	I pray and meditate every day. I see a much bigger picture than most people and I know that I have an edge on them because of my NDE. It's impossible for me to have a conversation with anyone without getting them to talk about their spiritual experiences. I love to hear what they have to offer.
7624	Rev. Dr. Robert Joy	https://www.nderf.org/Experiences/1robert_j_nde.html	Have REALLY lost my fear of death. I hate heights, but I would go sky-diving now.
7626	Randall R NDE	https://www.nderf.org/Experiences/1randall_r_nde.html	more spiritual, less materialistic.
7641	Javier G NDE	https://www.nderf.org/Experiences/1javier_g_nde.html	I have become more sensitive, more emotional, more intuitive. I now see the continuity of our existence from before we are born, through our human body and the release of our soul into eternity, after we die.
7647	Phil S NDE	https://www.nderf.org/Experiences/1phil_s_nde.html	I am a more compassionate & tolerant person than I was prior to my experience. I live my life in a spiritual

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
			way with regard for all creatures & the environment. I no longer kill anything if I can help it, where before I was a champion spearfisherman & hunter. I am a vegan who supports animal welfare causes & my wife I have taken in rescued pets as family members.
7649	Mrs. Grace NDE	https://www.nderf.org/Experiences/1mrs_grace_nde.html	I am more lively, compassionate & more human.
7650	Joe H NDE	https://www.nderf.org/Experiences/1joe_h_nde.html	More apt to share my knowledge and wisdom of such topics
7656	Tom A NDE	https://www.nderf.org/Experiences/1tom_a_nde.html	knowing
7658	Joanne L NDE	https://www.nderf.org/Experiences/1joanne_l_nde.html	I was thinking if going into teaching children prior to my experience however after I decided to make myself available to people and became a tarot card reader because I could now tap into the other dimension. I also trained as a personal counsellor so I could help people the best way I could. I then trained as a reiki master healer which uses the same energy I experienced previously in this experience and finally I trained as a clinical hypnotherapist aswell. I have noticed also that I tend to be at a great deal of people's pas sings into the next dimension or heaven or whatever it's called. I have had profound experiences through out if body experiences whilst I sleep at night one which showed me I was here to ease peoples passing over. Plus I was to help to heal. I have also seen outlines of what appeared to be liquid mercury if beings in my home. For quite a few years I could see dead people on this earth and at one point I wasn't sure who was dead or alive. This was the point I decided to try to distance myself from all of these experiences to get back to some earthly normality plus I felt I was being drawn back the other side myself and I had two children by this time to bring up. So yes the experience changed my life.
7667	Doug J NDE	https://www.nderf.org/Experiences/1doug_j_nde.html	I have at times been with other people and suddenly I am looking down upon everyone watching and following the conversation. It is the strangest feeling I have ever had and it has happened only a couple of times. Somebody will ask if I am there and I come straight back into my body and shake a little and say yes. If they ask what they were talking about I can give in detail the conversation and who said what.
7673	Kellie NDE	https://www.nderf.org/Experiences/1kellie_nde.html	None
7676	Neha S NDE	https://www.nderf.org/Experiences/1neha_s_nde.html	The most important part of my life is my spiritual life. Prior my desires fulfillment was the most important thing to me.

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
7680	Anthony S NDE	https://www.nderf.org/Experiences/1anthony_s_nde.html	I think before I speak, because I try to be respectful of others feelings. I seem to be more 'tuned in' to that little voice that says don't do this, yes do that whereas I was not before and my life seems much better because of that connection.
7686	Michael F NDE	https://www.nderf.org/Experiences/1michael_f_nde_7686.html	I started to have a interpersonal relationship with God/higher power,I felt/experienced real adult companionship love and im still with that woman todaay! she is right next to me now and I told her this 19yrs ago and she beleives and had a similar experience which blew my mind when we talked about this 19yrs ago!!!blew me away!
7691	Sadie T NDE	https://www.nderf.org/Experiences/1sadie_t_nde.html	After dying and being allowed to return to my child, I feel so humble but loved
7694	Eileen C NDE	https://www.nderf.org/Experiences/1eileen_c_nde.html	The changes are all described in my narrative. It is hard to know if these are truly changes, as the NDE occurred at a young age.
7696	Noel NDE	https://www.nderf.org/Experiences/1noel_nde.html	2 NDE but this one was the most vivid of them.
7700	Shanna L NDE	https://www.nderf.org/Experiences/1shanna_l_nde.html	Could not connect to others the same way. I instantly sense when people are closed off or harbouring negative energy and it gives me an intense feeling of hurt and pain and grief so I try to stay away from any energy that is gives that off.
7701	Saurabh C NDE	https://www.nderf.org/Experiences/1saurabh_c_nde.html	i get a lot of sleep paralysis. whether it is because of my surgical trauma or something else i am not sure.
7711	Udaya N NDE	https://www.nderf.org/Experiences/1udaya_n_nde.html	I cannot say that the changes that happened in my life started right after the experience . But this experience always came to my mind . After having some good life experience where I started becoming more spiritual I started thinking about my Out of body experience and was very easy to me to relate to the fact that I am not this body and I am a ever lasting soul that never dies.
7714	Katie E NDE	https://www.nderf.org/Experiences/1katie_e_nde.html	Before I knew I had actually experienced an NDE I just thought it was a dream. But since having a child and discovering this website I would say I have totally accepted that we are all highly spiritual beings who will experience this world many times before our souls are evolved enough to live with God.
7716	Elizabeth T NDE	https://www.nderf.org/Experiences/1elizabeth_t_nde.html	To be kinder and understanding. And
7717	Alex H NDE	https://www.nderf.org/Experiences/1alex_h_nde.html	Changes on my spiritual beliefs were not affected by these events, they came about many years later after a specific traumatic event opened my eyes.
7724	Stephanie R NDE	https://www.nderf.org/Experiences/1stephanie_r_nde_7724.html	I have been relieved of fearing death, because I know we continue to exist without the body. When life has been difficult, I have been comforted by knowing that the other realm is there, and that there is a greater

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
			plan. I have spent my life caring for others, and trying to be kinder to my patients than the medical staff was to me. I don't believe that suicide is an option, as you may have to go back and restart the same life over. I do not believe I thought this before the accident.
7726	Brian P NDE	https://www.nderf.org/Experiences/1brian_p_nde.html	everything i believed in changed. compassion has replaced greed
7734	Steven K NDE	https://www.nderf.org/Experiences/1steven_k_nde.html	I have become more in tune with God. I have fallen away and i am aware when I fall away that God slaps me and I return to the fold. I speak to God daily and I know he speaks with me. God has saved me more times then I can remember. I have a very close personal relationship with God.
7738	Ginny H NDE	https://www.nderf.org/Experiences/1ginny_h_nde.html	I think now I am not so quick to judge others.
7740	Frank H NDE	https://www.nderf.org/Experiences/1frank_h_nde.html	I feel much more religious/spirtual, but I am not sure how to practice that. This has been a problem all my life.
7743	Duane S NDE	https://www.nderf.org/Experiences/1duane_s_nde.html	The change could not of been any more profound. I went from believing there was no God or afterlife, and that he who has the most toys when he dies, wins, to a point where my spiritual journey and helping others is all that is important.
7747	Jeanne MK NDE	https://www.nderf.org/Experiences/1jeanne_mk_nde.html	I do not fear death- beause God will take me Home when the time comes An afterlife life definitely exists- people are able to see their past lives in the viewing rooms so they can learn from them so if they choose to return for another class they mayOur earthly lives are important because if we don't live them properly then we are doomed to make the same mistakes over again.Not fearful in my earthly life because I feel God is there watching me every day.My spiritual life is very important to me that is why every moment of every day whenever I get a spare second even if it is only 10 seconds I say a prayer. You would be surprised how many prayers you can get out at red lights on a short drive.
7750	Erica P NDE	https://www.nderf.org/Experiences/1erica_p_nde.html	Got closer to God
7760	Marta M NDE	https://www.nderf.org/Experiences/1marta_m_nde_7760.html	I didn't wait anymore to hear or see some being in need of help, I volunteered and as I started to look for where to help, more beings in need also found me. I constantly and harshly evaluate myself morally and always look to improve, when I change something I look for the next change for the better: I became vegan, started to treat my body better, started to rescue animals in my home, stopped smoking and drinking.

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
7764	John D NDE	https://www.nderf.org/Experiences/1john_d_nde_7764.html	Its only been 8 days, but i think a lot about death now. I don't feel scared of it anymore- i feel assured. A few days ago those two reporters in Roanoke were shot on live television and my first emotion was horror at first by the screams of the female reporter, then envy for the peace they were both experiencing after they died. I know for sure that they are in a better place.
7771	GaeLawree C NDE	https://www.nderf.org/Experiences/1gaelawree_c_nde.html	45b. I was cured of my fear of death. Only wanted to live to find what it was that God wanted me to do. Until I had children, then I wanted to live to be with my children.
7772	Deborah H NDE	https://www.nderf.org/Experiences/1deborah_h_nde.html	I was being judged and that was all the information that I needed to take back with me! I saw it!
7775	Laura C NDE	https://www.nderf.org/Experiences/1laura_c_nde.html	I don't fear death now, I think when my time comes I will be unafraid.
7779	William L NDE	https://www.nderf.org/Experiences/1william_l_nde_7779.html	The more I think about my NDE the more I want to go to a hypnotist and find out the phrase I was supposed to repeat. As soon as I get kids grown, I'm going to pursue a quantum mechanics degree to see if I can find the explanation of what happened and seek proof for it.
7785	Thomas M NDE	https://www.nderf.org/Experiences/1thomas_m_nde_7785.html	The more I get to know about the irrationality of other human beings, the more disillusioned I become with them. I find myself becoming more and more isolated from other people.
7791	Amber I NDE	https://www.nderf.org/Experiences/1amber_i_nde.html	I think that as I age and I grow as a spiritual being I become more thankful and appreciative of the experience. It has given me a great appreciation of life, or spirituality, or the importance if living an authentic and loving life, of being receptive and present for people. I also believe that the experience opened doors to possessing gifts of being a sensitive, the ability at times to "see" events that are going to happen to important people in my life, as well as being guided to healing and mediumship.
7799	Goldie T NDE	https://www.nderf.org/Experiences/1goldie_t_nde.html	I suffer depression because since that experience I only ever want to go back... to that light
7810	John S NDE	https://www.nderf.org/Experiences/1john_s_nde_7810.html	Animals seem interested in getting my attention. I am more aware of my senses , including my electrical field. And the increase honing of my sixth sense.
7812	Melisa A NDE	https://www.nderf.org/Experiences/1melisa_a_nde.html	I say slightly fearful in living my life because I struggle with depression from the sadness I feel and I take on for others. I alos want to make sure that I am doing the best that I can as to not fail God.
7816	Tim B NDE	https://www.nderf.org/Experiences/1tim_b_nde7816.html	I moved away from church and starting looking for authentic spiritual connections.

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
7832	Thomas A NDE	https://www.nderf.org/Experiences/1thomas_a_nde.html	Total lack of fear about death.
7834	John B NDE	https://www.nderf.org/Experiences/1john_b_nde_7834.html	I avoid using the word 'God' due to its Christian connotations. The UniBeing Oneness is no theory or belief, it is right here right now every day. And it's not really a big deal. There is no pomp and circumstance surrounding the experience, or the true path to get there. It just is.
7839	Sharon NDE	https://www.nderf.org/Experiences/1sharon_nde.html	After all the searching, reading, spending time with Buddhists and people of many faiths, I now believe in One God, Heaven, and eternal life. I am not as worried or 'caught up' in life now; I enjoy the moments. I 'Seek to believe so that I may understand.'
7841	Winona A NDE	https://www.nderf.org/Experiences/1winona_a_nde.html	what i had experienced at age three become even stronger... much as i have described. I 'knew' what i knew without questions. At that age I did not have words for it, but i knew i held something others did not hold. I never 'doubted' what i knew, 'faith' etc. still do not. BUT I am far more clear now what this offers to others, or can... I was still in the midst of extreme abuse at the time, and for a few years after. It has taken numerous years OUT of trauma and in healing work to be conscious and have words for what my unconscious has always carried
7853	Dave M NDE	https://www.nderf.org/Experiences/1dave_m_nde.html	I more at peace.
7855	Philip S NDE	https://www.nderf.org/Experiences/1philip_s_nde.html	I am trying to be more appreciative for the sacred creations we are destined to become. Everyone has a meaning and a purpose for being here and it is my sincere wish everyone finds their place and destiny in this physical existence while they are here!
7857	Paul M NDE	https://www.nderf.org/Experiences/1paul_m_nde_7857.html	none
7863	Sherry B NDE	https://www.nderf.org/Experiences/1sherry_b_nde.html	Went from an organized religion, to a framework that included aspects of organized religion, deep spiritual faith, ability to connect with the spiritual world
7865	Cindy S NDE	https://www.nderf.org/Experiences/1cindy_s_nde_7865.html	All I can say is I have a certainty that is undying and profound.
7880	Dr. Rick U NDE	https://www.nderf.org/Experiences/1rick_u_nde.html	I was sent back from 5 NDE experiences for a reason and that is to live out the rest of my life only to serve Him. Because of my experience with NDE I retired this year to give my life to others by writing a book to enlighten others that as the movie declared that God Is NOT Dead. As a neuroscientist with brain anoxia specializing In brain trauma I plan to devote the rest o

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
			my life in helping our veterans with post traumatic head injuries.
7885	Sonya N NDE	https://www.nderf.org/Experiences/1sonya_n_nde.html	A type of ESP I guess you would call it. I sense things. People dont understand. Like an example my son picked up a starfish and brought it home from the beach. He put it into my hand. I heard and felt it screaming. I got such a fright. I could feel its pain. Until then I didnt even realise a starfish was an animal with a 'soul'. If your soul includes your emotions, (mind will and emotions) then a starfish has a soul. It effected me so deeping to hear/feel the starfish crying that I began to cry.
7887	Susan M NDE	https://www.nderf.org/Experiences/1susan_m_nde.html	I know now that there is more after we die
7903	Rachel S NDE	https://www.nderf.org/Experiences/1rachel_s_nde.html	I love to help others more, I became a Social worker, I went on to have 2 children and have tried to be a good Mum and understand them and all my family and friends. I see the good in everything and I appreciate every second of my days and I fit in far too much because I never forget I probably shouldn't be alive at all.
7910	Kylie A NDE	https://www.nderf.org/Experiences/1kylie_a_nde.html	I have recalled more forgotten memories (good and bad). I have had more spiritual experiences.
7913	Debbie NDE	https://www.nderf.org/Experiences/1debbie_nde_7913.html	I am not religious but try to follow what i have learned on the bridge.
7918	Jonathan J NDE	https://www.nderf.org/Experiences/1jonathan_j_nde.html	A lot has happened in the subsequent 36 years. In 2004 I had a spiritually transformative experience with god. In 2005 I had a mystical and transformative OBE about hell.
7922	Mary M NDE	https://www.nderf.org/Experiences/1mary_m_nde_7922.html	When I was 15 I felt at the mercy of the adults around me. After, I decided to take charge of MY Life and not let others dictate my future. I wasn't mature. I made many mistakes. But, I carved out a life that has served me, my family and my community well. I am a survivor.
7924	Dale B NDE	https://www.nderf.org/Experiences/1dale_b_nde.html	I am greatly more aware of how destructive humans are, and how no one thinks the same...
7927	Michelle B NDE	https://www.nderf.org/Experiences/1michelle_b_nde.html	Since this experience I have come to understand that it brought about many changes. I learned to love without expectation. I slowly became aware of my actions and how in the bigger picture everything affects everyone. That God is LOVE.
7936	Sharon D NDE	https://www.nderf.org/Experiences/1sharon_d_nde_7936.html	I see God as a collective combination of all living entities. A collective soul. We carry a piece of the whole inside a physical body in order to gather experiences to keep the collective soul balanced. When it is time for us to return to the whole we shed our physical bodies. We may linger and walk among our

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
			<p>loved ones for a time. I also believe we can return to our loved ones still on the physical plain when ever we chose. We are not bound by the physical plain any longer. We also return to a life in physical world in order to keep providing the collective soul with new experiences, both positive and negative. The collective soul is a balance of both positive and negative and must remain so. The earth souls seem to be experiencing more negativity lately. But be assured the collective soul will bring about balance one way or the other.</p>
7951	Michelle H NDE	https://www.nderf.org/Experiences/1michelle_h_nde_7951.html	<p>Because of the attack/rape I suffered from PTSD and self medicated with Alcohol and drugs for years. I did not get therapy and had years of nightmares and sleepless nights. Though I would pray to God to help me with this addiction. Four years ago a wonderful Therapist was brought into my life, I have been free from addiction for almost 4 years and I found a fantastic Yoga Studio. I did not talk about my experience for years and some of my family members questioned my grasp on reality. I had no idea what I experienced had happened to other people. I knew it was very special but I kept it mostly to myself. People believe in heaven but they have a hard time believing my experience, even very religious people.</p>
7953	Jolie B NDE	https://www.nderf.org/Experiences/1jolie_b_nde.html	<p>I am trying to make a greater effort in learning the bible</p>
7958	Sheila B NDE	https://www.nderf.org/Experiences/1sheila_b_nde_7958.html	<p>Religious beliefs have changex</p>
7962	Bonita E NDE	https://www.nderf.org/Experiences/1bonita_e_nde.html	<p>Well after the second visitation, I got busy and went to university and attained a Ph.D. in Development Studies which has a central focus on the conditions in Third World countries. I lived overseas for approximately 23 years after that and I am acutely aware that I see and feel things about the human condition that many people don't see.</p>
7965	Miia H NDE	https://www.nderf.org/Experiences/1miia_h_nde.html	<p>I felt already older than other children my age, but the experience made me probably even more mature. Maybe being diagnosed with epilepsy affected it too. Spiritual life became even more important to me. On the other hand I started to feel like the specific teachings of my church did not matter that much anymore, and it was useless to argue about them. I started thinking it doesn't really matter, which religious group we belong to or what specific beliefs we have - we are all part of one big family.</p> <p>I also became very interested in paranomal phenomena, probably because I didn't fully</p>

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
			<p>understand, what had happened and why. I tried to share my experience with my mother, some friends and my neurologist, but most people didn't believe me, the neurologist thought it was just a symptom of my illness, and my mother was so freaked out, that I never discussed the subject with anyone until recently. The experience was very important to me, so I learned to keep it to myself to protect it. It has probably made me more careful about what to share with other people and what to keep to myself.</p> <p>Sometimes I miss my experience free of my body, so close to 'home'. It doesn't really mean I want to die - I really think I need to stick around longer. The beauty and peacefulness of the experience just gives me the feeling that there's something even more beautiful awaiting us, when we leave this physical world.</p>
7971	Stephanie A NDE	https://www.nderf.org/Experiences/1stephanie_a_nde.html	<p>Life is more serious and I can no longer have frivolous conversation. My career has significantly changed direction 100% after this happened. And I have become an accidental medium-- seeing things I cannot explain and they have been validated by strangers I am encountering. A world opened up when I crossed over and this portal is now forever ajar.</p>
7977	Becky M NDE	https://www.nderf.org/Experiences/1becky_m_nde.html	<p>More spiritual</p>
7981	Steven D NDE	https://www.nderf.org/Experiences/1steven_d_nde.html	<p>pay much more attention to personal relationships</p>
7985	Banu U NDE	https://www.nderf.org/Experiences/1banu_u_nde.html	<p>I became more mature and felt like this is my 2nd chance to continue my life. I feel I'm rewarded with 2nd life chance. Maybe i had things to complete in this world or maybe i have to give a helping hand to someone.</p>
7990	Mo T NDE	https://www.nderf.org/Experiences/1mo_t_nde.html	<p>I can't really work with standard concepts of god and afterlife so these Qs are hard for me to answer</p>
7999	Juana dB NDE	https://www.nderf.org/Experiences/1juana_db_nde.html	<p>Now I wish I could do more for other people. I have to confess that pain, and sufferings in others really put me down.</p>
8010	Bobby R NDE	https://www.nderf.org/Experiences/1bobby_r_nde.html	<p>I used to be torn between trying to experience everything I could before the next trip to the hospital, afterwards, I was terrified of experiencing life due to somehow bringing to fruition the events I saw. I learned everything I could in the hopes of preventing those things, only when I'd labored to thwart what I saw and wholly failed, did I consider life to be worth living and start trying to find a partnership with God.</p>
8022	Celso NDE	https://www.nderf.org/Experiences/1celso_nde.html	<p>I don't worry anymore for the future. I don't want to live many years. It is not that I am thinking in suicide or something like that. Just I know there is something more interesting beside earthly life.</p>

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
8023	John M NDE	https://www.nderf.org/Experiences/1john_m_nde_8023.html	i no longer fear death, but i am wondering WHY... WHY do we exist, wht is the purpos of life...W H Y are we here?
8024	Jeffrey C NDE	https://www.nderf.org/Experiences/1jeffrey_c_nde_8024.html	Hard to explain. A heightened intuition. For a brief time a few years ago an extreme ability to connect psychically until I asked God to please make it stop. A lot like getting glasses when you didn't even know you needed them.
8029	Robert N NDE	https://www.nderf.org/Experiences/1robert_n_nde_8029.html	Prior to my experience I had strong addictions to cigarettes and alcohol. These addictions were removed from me in an instant, first the smoking then the drinking. But absolutely no withdrawal symptoms.
8030	Norman R NDE	https://www.nderf.org/Experiences/1norman_r_nde.html	I find myself much more irritated by the religious overtones that most people ascribe to this experience. This earthly life is a part of life, but there is no reason to impute some mythical aura to anything. What we don't know is something that we don't know, and hopefully have the aspiration and opportunity to learn. That said, I wished that I didn't have to 'live' any longer, had suicide ideation, that resulted in separation leading to divorce, and being psychiatrically hospitalized 3 times in 2009. While I was depressed, I was not self-doubting or upset with my life except in it continuing.
8032	Beth P NDE	https://www.nderf.org/Experiences/1beth_p_nde.html	My experience changed my life. I remember the experience all the time and I live my life as it has purpose. For example, I have three master's degrees, have 2 articles in Guideposts' magazine, and am a public speaker on domestic violence issues.
8034	Diana H NDE	https://www.nderf.org/Experiences/1diana_h_nde.html	Having experienced the reality of God's love and His tremendous compassion, I see myself as a conduit to others who doubt He exists. Perhaps through my unconditional love towards them, they will believe me when I share about God. I no longer attend church as i find it difficult to listen to what others suppose about God and I feel very sad about the burden that most churches put on people because they do not KNOW God. The suppose many things about Him that are not true. I now have a freedom from the fear of what others think and will seek to do whatever I am supposed to do to help others. I know the body is my earth suit and take care of it the best I can, but I no longer think of it as much more than that. It does not need pampering and i do not need to be selfish.
8037	Bonnie M NDE	https://www.nderf.org/Experiences/1bonnie_m_nde_8037.html	It happened when I was a child so I think it has shaped my entire life. I think to this day I still experience myself as both in my body and yet free of it.
8039	Pedro Z NDE	https://www.nderf.org/Experiences/1pedro_z_nde.html	I want to come back there, I often remember it, and wish I could be there soon, also have suicidal thoughts

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
			that haven't go extremely strong. I constantly feel that I don't belong here, but it is not my call to decide it.
8046	Bub D NDE	https://www.nderf.org/Experiences/1bub_d_nde.html	I care a lot about other people and always want to help others. Besides being compassionate and caring I also developed higher senses such as ESP, I can sometimes feel another persons feelings,
8050	Brenda C NDE	https://www.nderf.org/Experiences/1brenda_c_nde.html	I am not afraid of death. I am afraid of pain.
8051	Jaime NDE	https://www.nderf.org/Experiences/1jaime_nde.html	I no longer fear death. I believe I will be reunited with loved ones.
8054	Cathy A NDE	https://www.nderf.org/Experiences/1cathy_a_nde.html	I left that experience believing that there was a purpose for my life.
8055	Maria P NDE	https://www.nderf.org/Experiences/1maria_p_nde.html	Now, I came to the conclusion that religion is man made and that there are no religions but only Love. My spiritual life is more important now because It helps me connect with the Light. I guess it's more of a tool to consciously connect with the Light that I experienced.
8062	Jim Martin	https://www.nderf.org/Experiences/1jim_m_nde.html	Hard to say because Im am 62 yrs older than when the experience
8064	Randy G NDE	https://www.nderf.org/Experiences/1randy_g_nde.html	I was thankful to be Alive
8071	Belinda K NDE	https://www.nderf.org/Experiences/1belinda_k_nde.html	Miracles happening. Signs.
8078	Kohn A NDE	https://www.nderf.org/Experiences/1kohn_a_nde.html	I'm very relieved to know that there is certainly an afterlife.
8284	Halil T NDE	https://www.nderf.org/Experiences/1halil_t_nde.html	I feel happier and more positive.
8345	Sharon W NDE	https://www.nderf.org/Experiences/1sharon_w_nde.html	Before, I thought you live, you die, the end. Now I believe you, live, you die, you live again!!!!
8909	Linda M NDE	https://www.nderf.org/Experiences/1linda_m_nde_8909.html	I am not religious but I know that I am a spiritual being, and whatever I do in my life time will be reflected back to me in a life review. I want to be proud of my mission when its completed.
9014	Peter H NDE	https://www.nderf.org/Experiences/1peter_h_nde_9014.html	I became more compassionate and loving, especially towards my mother and as time passed I became more spiritual than my brother's brothers and more open to beliefs.
9075	William C NDE	https://www.nderf.org/Experiences/1william_c_nde_9075.html	more compassionate and understanding of people
8083	Robin L NDE	https://www.nderf.org/Experiences/1robin_l_nde.html	I came back to survive another decade of abuse so my answers are relevant to the fact that I was not safe until I left home at 19.
8085	Nathan L NDE	https://www.nderf.org/Experiences/1nathan_l_nde.html	Everything
8087	Destiny C NDE	https://www.nderf.org/Experiences/1destiny_c_nde.html	I now have beliefs, but I'm not sure what to make of it all yet.

Changes in Life After NDE

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8090	Laura B NDE	https://www.nderf.org/Experiences/1laura_b_nde_8090.html	I never believed in much before my experience. Now, I question my beliefs
8092	Ladli S NDE	https://www.nderf.org/Experiences/1ladli_s_nde.html	It happened when I was very young. But it made me aware that something exists beyond physical life. My inclination towards my mom became more.
8095	Preeti B NDE	https://www.nderf.org/Experiences/1preeti_b_nde.html	i feel connected to The Creator in such a way that i could talk to him whenever i want....i have become intuitive....i can feel emotions of humans and animals...i sometimes feel i have the power to heal a person who is dying...but that power only comes for some people...i have given up all that i used to dowork and business etc....now i feel like healing the world...one thing that has happened to me is that i am now able to talk to people and heal them just by talking....well i dont know what to say but all i can say is that my life is now filled with love and peace....purity and simplicity
8098	Pearler NDE	https://www.nderf.org/Experiences/1pearler_nde.html	To much to tell other than I have had irrefutable answered prayer
8107	Lisa S NDE	https://www.nderf.org/Experiences/1lisa_s_nde_8107.html	I do not believe a one GOD exists...possibly the afterlife has nothing to do with religion or GODS
8113	Dixie NDE	https://www.nderf.org/Experiences/1dixie_nde.html	My first NDE (this one at age 7) was much added to when I had an NDE at age 30. I will do another questionnaire about that 2nd NDE
8129	Rafa SR NDE	https://www.nderf.org/Experiences/1rafa_sr_nde.html	There is a new ritual experience i become more spiritual
8131	Andy J NDE	https://www.nderf.org/Experiences/1andy_j_nde.html	After my experience I have devoted much of my personal life to discovering as much as I can about spirituality and religion. I have studied Christianity, Buddhism, Wicca, and Philosophy. Any time I can get my hands on a spiritual book or video I envelope myself into hoping I can get a glimpse of the truth. I have discovered that meditation can be very beneficial (especially post combat) and probably the closest I can get to feeling close to the same experiences during my NDE.
8141	Karen M NDE	https://www.nderf.org/Experiences/1karen_m_nde_8141.html	I answered this question a bit early... I began to care about people more so than I had before. I also began to care about the earth and how we take care of it - or not, as is the case today.
8147	Kathryn Y NDE	https://www.nderf.org/Experiences/1kathryn_y_nde.html	It has shifted my perceptions and the way I handle and cope with daily life and typical life challenges.
8150	Alena B NDE	https://www.nderf.org/Experiences/1alena_b_nde.html	I a severe anxiety problem Catholic. Many of my prayers went answered, so my beliefs diminished. During the accident, I felt the presence of the unique power, both 'bad' and 'good.' Power was guiding me. And I was given the notice that all power I need lies

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
			<p>with me. I experienced that the higher power exists. I realized that I should do things in my life, which I love, and they are relevant to other people. To make people healthier, happier, etc. Show them that deep down people have the answers. I realized that my job (dentistry, oral surgery), which I was doing happily for more than 26 years, lost meaning for me. And despite all financial and other benefits (I tried to stay disciplined and continue to work for almost another everyday more months), until one day I realized that I am not fair to the patients with my ignorance to the task at hand. My passion and care for dentistry were gone. Since the moment I healed to successfully, fast and am pain-free!!! is close to the miracle. And I should help people, who suffer from post-traumatic pain to come back to live, and recover to become even better than before. Just as it happened to me!</p>
8154	BJ K NDE	https://www.nderf.org/Experiences/1bj_k_nde.html	<p>I already mentioned the sense of smell and taste enhancements. One interesting occurrence happened right after I got back home from my experience. I purchased a raffle ticket for a rifle and one for a pistol, in two separate raffles. I won both raffles one week apart. As I shared in my story, I challenged God to give me some miracles so I could have faith in the NDE and winning the raffles may fir in that category.</p>
8157	Pat S NDE	https://www.nderf.org/Experiences/1pat_s_nde.html	<p>I have a hard time being sad when someone dies. I know that where they are going is so much better than here.</p>
8159	Paul G NDE	https://www.nderf.org/Experiences/1paul_g_nde_8159.html	<p>None, other than realizing there is no promise of tomorrow.</p>
8163	Kari W NDE	https://www.nderf.org/Experiences/1kari_w_nde.html	<p>No fear of death, absolute confidence of life after death.</p>
8166	Bobbie K NDE	https://www.nderf.org/Experiences/1bobbie_k_nde_8166.html	<p>Since I was a young child, I was not really aware of what had happened to me, but I did become obsessed with infinity. I lived much of my life inside my head and created dreams for myself. I taught myself how to create my life. To this day, I feel at least partly responsible for the Hungarian Revolution. I wanted desperately to come to 'Amerika,' and I put a lot of desire and energy into that dream. In university, I studied English and philosophy. I found philosophy very disturbing. It asked me to question everything that finally made sense to me. It also recalled a 'knowing' that was buried deep inside. I didn't comprehend what that was, because, in those days, what happened to me was not written or talked about. I repressed it consciously, but it kept creeping into my life. For example, the final thesis I wrote for my</p>

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
			<p>English degree was called 'The Intersection of Time and Eternity.'</p> <p>For more than 30 years, I went to many conferences on Spirituality and obtained 16 energy healing certificates. I manifested many things in my life that seem hard to believe. I've written 900 children's books and truly believe that I can achieve anything I want in life.</p>
8172	Craig P NDE	https://www.nderf.org/Experiences/1craig_p_nde.html	I am in this body, but I reside elsewhere. My purpose is to alleviate fear and teach a greater understanding of who we really are.
8190	Joseph S NDE	https://www.nderf.org/Experiences/1joseph_s_nde_8190.html	<p>The changes as a result of my NDE have been slow, but have increased significantly in the last four years. As I grow older and experience life, the more I think about my NDE.</p> <p>Because my NDE was also attached to a profound psychedelic experience I, for many years following, felt ashamed of it, or dismissed it in some way. I think because I was also young (18 yo) when it happened I didn't have the tools to integrate the learnings into my life.</p> <p>For a long time I felt isolated and depressed. I didn't have anyone to talk to about it. But, two years later, when my dad suddenly died the experience became much more helpful in dealing with his death and how to proceed afterwards in my own life.</p> <p>Religiously, I'm still the skeptic that I've always been. I feel that most, if not all, major religions get it wrong about the afterlife and life's purpose. That said, I'm confirmed that we are all spiritual beings and that there is a higher purpose now.</p>
8195	William C NDE	https://www.nderf.org/Experiences/1william_c_nde.html	I mostly changed how I viewed and perceived my existence.
8211	Mark B NDE	https://www.nderf.org/Experiences/1mark_b_nde.html	Shortly after I would be visited at night by figures usually 3 at a time. Reoccurring dreams. As I got older I could feel spirits in places. I would get an overwhelming feeling about strangers especially evilness. When I enter a Catholic church I immediately start crying uncontrollable and spiritual feelings overwhelmed me. Only in a Catholic Church and I did not grow up Catholic.
8213	Katherine L NDE	https://www.nderf.org/Experiences/1katherine_l_nde.html	After my experience I have been much more mindful of others. It's easier for me to put myself in other people's shoes. It's easier for me to act out of love and compassion. However, it's still something I put work in. I am not always mindful and I do not always follow this, but I follow it easier than I did before.
8688	Jim B NDE	https://www.nderf.org/Experiences/1jim_b_nde_8688.html	Using the IANDS Aftereffects page- I definitely am on that list. Personal relationships- desire to have, struggle though. Wife and I have been in marriage therapy for a

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
			<p>year- and the experience was 2 years ago. Empathy- now I can't go into rooms with people in them sometimes- depending on their purpose for being there- this began with my first physical therapy session in the hospital. I would call myself an extreme introvert and I can feel people's energy states. Healing- I don't have to do anything, just be nearby, and sometimes not. Lights flickering, including bring an entire store's computer system down onetime when i started talking about the In Betwene and really felt one with it. This has happened other times too.</p>
8694	Jon M NDE	https://www.nderf.org/Experiences/1jon_m_nde.html	<p>I discovered that I heel twice as fast as I use to. I stopped trying to end my life.</p>
8759	Jean K NDE	https://www.nderf.org/Experiences/1jean_k_nde_8759.html	<p>I have been able to take care of dying relatives and am comfortable in discussing dying, faith and God, and the afterlife. Before this experience it made me very uncomfortable</p>
8837	Jason S NDE	https://www.nderf.org/Experiences/1jason_s_nde.html	<p>I'm more cautious in the things I do and say because you can't or better not take anything or anyone from granted. If you do you Will regret it.</p>
8225	Debra H NDE	https://www.nderf.org/Experiences/1debra_h_nde.html	<p>There is a specific and unutterably important reason I am here living this life right now and because I am still here, my purpose has not been fulfilled yet. When it has, I will leave. Suicide is not an option.</p>
8230	Steward P NDE	https://www.nderf.org/Experiences/1steward_p_nde.html	<p>I am still seeking truth be it religious or interpreted as religious.</p>
8240	Stuart C NDE	https://www.nderf.org/Experiences/1stuart_c_nde.html	<p>I know that an afterlife exists which has changed my outlook on life.</p>
8243	Marty D NDE	https://www.nderf.org/Experiences/1marty_d_nde.html	<p>I learned about the scientific method and to question.</p>
8249	Dana M NDE	https://www.nderf.org/Experiences/1dana_m_nde.html	<p>I believe this experience helped me forgive my parents for their abusive behaviors. This was not easy and it did not happen overnight. It did not happen, really, until after I was married and living far away from my birth family. Verbal abuse from a young age imprinted me with the idea that I was a worthless person and deserved every bad thing that happened to me. Then a series of tragic events occurred in our family (my father 'disinherited' my sister and me, my parents were divorced, my mother was shot and nearly died, my father committed suicide, I had 5 miscarriages, my sister was strangled to death, my mother distanced herself from my marriage family, saying she never wanted to see or hear from us again, my brother and I became estranged, and my mother had a stroke and ended up having to be cared for by me). Each new event brought the opportunity to either grow or deteriorate. Somehow I seemed to know that it was important to use the challenge to grow. I keep thinking</p>

Changes in Life After NDE

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			about my childhood experience with the beyond. Thinking about how I could go 'home' again someday made it easier to deal with the life events that seemed determined to knock me out for good. People have told me they don't know how I managed to go through all those bad things and remain cheerful and optimistic. Let me tell you...it's because I know there is a 'home' for me on the other side.
8250	Karen T NDE	https://www.nderf.org/Experiences/1karen_t_nde.html	My life has changed from one of fear of judgement to one where I know with certainty that God loves me beyond measure. I have no fear of death and seek a closer connection to God every day. I try to live a life of expressing God's love to all I encounter.
8251	Susanne S NDE	https://www.nderf.org/Experiences/1susanne_s_nde.html	increased love of healing professions, appreciation, gratitude, love, faith, knowledge, connecting, humility, compassion, and a love for service to others and a love and appreciation for those who actively contribute to loving others in a selfless and unselfish way.
8266	Derek L NDE	https://www.nderf.org/Experiences/1derek_l_nde.html	I feel like my life has become more difficult. My children have had some major issues since this event and I am glad I have been here to support them. The only fear of death I have now is for the ones I leave behind.
8268	C NDE	https://www.nderf.org/Experiences/1c_nde_8268.html	I no longer fear death, I look forward to it.
8270	Caren J NDE	https://www.nderf.org/Experiences/1caren_j_nde.html	It gave me a peace and calmness that everything was going to be alright. It gave me validation that Jesus does exist.
8282	Jennifer B NDE	https://www.nderf.org/Experiences/1jennifer_b_nde_8282.html	I was 11 years old, so I did not think much about death yet. I answered these questions allowing the word God to be used for what I call the source. I think they are pretty much the same and it allows me to discuss religion with people. I am very spiritual, but not religious.
8294	Olivia E NDE	https://www.nderf.org/Experiences/1olivia_e_nde.html	I am HIGHLY sensitive to every one and everything!! I have incredible empathic abilities- and there is no on and off switch. I have a SOLID memory, one might describe it as photographic. I FEEL WHAT OTHERS FEEL ALWAYS!!! I am a highly VIVID dreamer and I have had reoccurring dreams, one that saved my life.
8295	Cortney P NDE	https://www.nderf.org/Experiences/1cortney_p_nde.html	The strong feeling that I have been on earth for more generation then I know. A strong since of having to do something very important and that I will be sent back to finish my life's contract if it goes unfulfilled
8324	Zenaida NDE	https://www.nderf.org/Experiences/1zenaida_nde.html	Im happier i can see the good on most people
8325	Seth C NDE	https://www.nderf.org/Experiences/1seth_c_nde.html	Well my life has changed considerably . I went from being a pot dealer living a depressing life , to a happy,

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
			fun filled life as a street minister . I also look forward to pursuing music again for God .
8329	Judy G NDE	https://www.nderf.org/Experiences/1judy_g_nde_8329.html	I do not believe it is necessary to go to church or practice religious ritual to 'be saved'. Love and kindness through our action and reactions count, no matter how small it seems at the time.
8341	Stacy K NDE	https://www.nderf.org/Experiences/1stacy_k_nde.html	I give myself more self worth--I understand that I am an instrument for God
8342	PJ P NDE	https://www.nderf.org/Experiences/1pj_p_nde.html	I spent time in my family unit being very Christian. in 2002 my husband admitted to molesting my 2 oldest kids and I went into shock. I found I had these memories and that I had always had them but my meaning of why I was alive had really vanished. Because of the NDE, I have been able to help many people who also lost the meaning of life to live. To love even though it is tough, to remember why you are here, to experience everything. Boring is NOT fun, and why some of us manifest great things, and great bad things, it is awesome to feel true power and love.
8350	Aaron M NDE	https://www.nderf.org/Experiences/1aaron_m_nde.html	I am more appreciative of life. Mainly because i felt like i was so close to losing it. I have learned not to worry about insignificant things. I appreciate everyone around me so much more. I want to make the most out of every moment.
8354	Heidi C NDE	https://www.nderf.org/Experiences/1heidi_c_nde.html	Spirituality is important to me but not religion.
8356	David L NDE	https://www.nderf.org/Experiences/1david_l_nde_8356.html	NONE, BUT A HARD TO DESCRIBE BETTER AWARENESS
8362	Dyan K NDE	https://www.nderf.org/Experiences/1dyan_k_nde.html	I was a good person before but now I do things from my heart not because they are the right thing to do. I feel we need to leave every experience better than we found it because that one thing may be the reason we are here and we shouldn't miss that opportunity.
8369	Chris DA NDE	https://www.nderf.org/Experiences/1chris_da_nde.html	It opened a door to a spiritual/energetic realm I didn't know existed. I've had many encounters(some more profound than my nde, others far scarier than my accident) since.
8371	Patricia G NDE	https://www.nderf.org/Experiences/1patricia_g_nde.html	The acceptance of people and circumstances is absolute. We cannot have any influence. There is only acceptance
8380	Missy M NDE	https://www.nderf.org/Experiences/1missy_m_nde.html	I am less compassionate now because this life on earth that is hell for some of us have an eternity of peace waiting. I am slightly fearful in living my earthly life because I worry and have anxiety. I did used to fear death, like 'what if everything they've taught us is not true' but always had hope. Now I have knowledge and know that it's all true. Heaven is a real place.

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
8384	MaErija NDE	https://www.nderf.org/Experiences/1maerija_nde.html	I want to become a better person, I start following the live of the saints, I pray everyday to keep my faith in touch and my mood and life changed, I want to do sacrificies like Saint Francis de Assisi, Sait Bernardet, San Padre Pio, I want the time to fly so I can become older and getting close to achieve the Mission that God wanted me to do.
8401	Merrideth H NDE	https://www.nderf.org/Experiences/1merrideth_h_nde.html	It turned out that first NDE was just the beginning of a completely life changing adventure. When I returned to my body I started having night terrors and was terrorized by demons in dreams and chased through Hell. I defeated the demons and the nightmares stopped but there was a lot of insomnia at first and waking up in sleep paralysis. From there I started being contacted inside my dreams when I was unconscious having my name called to force me to become conscious inside my dreams. Beings soon made contact with me and we agreed that I would receive spiritual training which took place for months. After that a door was opened for me to entire the Afterlife (not in a dream) and I was greeted by a welcoming committee into the Kingdom of God. I'm shorting a long dramatic fantastical story. But basically I ended up meeting God, Jesus and the Holy Angels. And I went to heaven many different times. I received Fire Baptism and spent twenty years in spiritual ecstasies that never stopped. During my fire baptism I experienced full ego death and became one with the universe. When I crossed the rainbow bridge I rejoined with my higher consciousness so i had extremely elevated consciousness. Extremely elevated. Like Christ consciousness. But, only when I'm out of my body and I gave been out of my body 400-600 times without exaggeration. Many of those OBE were not here on earth. They started here and I travelled through starfields in outer space into another dimension of space separate from the physical dimension of earth. I am not the same person as I was before my first NDE. I'm an entirely different person.
8403	Richard L NDE	https://www.nderf.org/Experiences/1richard_l_nde_8403.html	I have a sensory overload to grocery shopping. I can walk down the spice aisle and I can smell all of the spices that are packaged or contained in the sealed jars. It's just like when you walk down the coffee aisle. I have the sensation that I have to get things done, my time here is limited. I'm more sensitive to bright lights, especially LED lighting.
8408	Francie C NDE	https://www.nderf.org/Experiences/1francie_c_nde.html	The structure of the questions above could create misleading responses. It depends on how you define 'God' and how you define 'afterlife.' And I am trying to describe an 18 year-old's beliefs and then a 64 year-old's beliefs. So much has happened in those years that

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
			affect a person's perspective and approach that I don't think you can conclude much here. I was determined at 18 to view this as a unique experience that might one day be useful but that I would not allow to alter my beliefs or approach to life. I knew it was important, even at that age, to not allow one experience to have a dramatic affect on my life. In time I began to appreciate how fortunate I was to have the experience and to have the information about death that it provided me.
8410	Teresa M NDE	https://www.nderf.org/Experiences/1teresa_m_nde_8410.html	I have a different way of viewing things, I have a great apathy for others and situations, I feel like I use a part of my brain that was stimulated during my experience that I may not have used otherwise. I believe in reincarnation and past lives. And I have psychic abilities, along with paranormal experiences that developed after the experience.
8417	Victor Philip DP NDE	https://www.nderf.org/Experiences/1victor_philip_dp_nde.html	Gradually grew distant from organized religion and left the church - realized that I should study what happened to me on my own to keep my sanity and not succumb to depression - found that the church and 'learned friends' could not help me. Became a very difficult and depressing time for me afterwards. My religious view changed completely, reincarnation is first-most, GOD is in All & All is GOD. Creation is MIND and energy.
8422	Doug F NDE	https://www.nderf.org/Experiences/1doug_f_nde.html	I see the world differently than everyone I have met.
8428	Stephanie J NDE	https://www.nderf.org/Experiences/1stephanie_j_nde.html	More than 50 years has elapsed, but during that time, I have engaged in spiritual seeking -- sometimes intense, sometimes more relaxed. I have not, by and large, aligned myself with any specific approach, organization, or guru. I read, I talk with others, I experiment.
8435	Keith R NDE	https://www.nderf.org/Experiences/1keith_r_nde_8435.html	I was more open to listening and believing people's experience than I was before that event.
8440	Ingrid H NDE	https://www.nderf.org/Experiences/1ingrid_h_nde.html	I wrote a whole book about experiences following my NDE. The door that allowed me to communicate with Beings of Light was opened. Although I was too little and I didn't have a defined personality when it happened my NDE changed everything. It gave me the first glimpses of a life of conscious awareness. I have had experiences where I demonstrated superhuman strength and fearlessness, as well as experiences where I was protected in miraculous ways by the beings of the non-physical realm. I have incredible abilities to learn quickly and to resolve complex mathematical and mechanical problems. I have had some experiences in other dimensions of time in which my being and my

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
			<p>surroundings dissolved into nothingness. I have been given psychic abilities with access to past lives and future events, I can sense spirits and I also have extrasensory abilities to see, hear, smell, taste, and know beyond the normal of the things I am allowed to know. I can see auroras and I have been able to manifest energy coming from my hands. I can communicate with plants and animals.</p>
8441	Gwen B NDE	https://www.nderf.org/Experiences/1gwen_b_nde.html	<p>It is important to be kind to others, be truthful, and not to fear death.</p>
8449	Chris B NDE	https://www.nderf.org/Experiences/1chris_b_nde_8449.html	<p>i started unlocking spiritual gifts</p>
8454	Robyn C NDE	https://www.nderf.org/Experiences/1robyn_c_nde.html	<p>I have a brain injury after the event. mostly I don't care about life and don't feel emotion. Brain injury is taking a long time to heal so not sure how much it affects my present perception. Had had a lot of bad experiences in life prior so angry to be back to be honest, I didnt want to come back. I long to be back in tunnel and complete the journey. It has been very hard to adjust and i think about what I experienced emotionally in the tunnel every day. I dwas always caring about people to an extreme now I realise my life is about me and I am not here to be everyones slave like before. I didn't want to be back here so I have a if i have to be its on my terms attitude. I feel i have come back for a purpose but not sure what which is frustrating. i don't react to things the same way mostly have a detached attitude to life and feel that maybe we live in simulated reality as life no longer seems real or important. dr was worried i might kill myself but i explained I don't want to be sent back again so although I am detached and long to be back in tunnel I know my time here wasn't up. I am back for a reason even tho it makes me angry. brain injury has made work difficult and i can no longer cope with the travel and staying away from home i used to do or the accounts aspect of my job as have trouble reading and been diagoised with nuerological probelms from concussion and hypoxia with make my brain process info slower and react slower. I will be stopping work in january in hopes my brain will continue to heal once stress reduced more. I think I will be more accepting of being back a that point as it has been a struggle to keep trying to work since the accident and I am very detached emotionally from life and family since. family say i am different but they accept me as i am Like i say not sure how much is influenced by brain damage but hope to become more accepting and content in being back once stop work</p>

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
8460	Jeri W NDE	https://www.nderf.org/Experiences/1jери_w_nde.html	I'm definitely kinder to people. It's easier to recognize struggles in others, even/especially others with whom I have conflict. It's very hard to be sarcastic now, when before I was known for being extremely sarcastic and witty, caustic even if funny. Things I might have laughed at or felt were deserved by 'people behaving badly' now make me uncomfortable and sad. I'm still likely to gloat a little over 'karma' but it's with a guilty conscience and a sense of letting myself down and setting a bad example.
8466	Lynn Z NDE	https://www.nderf.org/Experiences/1lynn_z_nde.html	I'm no longer an 'active' Mormon. It seems too confining to me. I try to be more compassionate - but I do fail to do what I'd like to do and be who I would like to be. I also, recently, have a difficult time seeing so many supposedly religious people behave so terribly against others, for example, the poor. I am not at all a Republican in the current political climate, for example, but I also do not see the Democrats acting beyond their words in many instances. I do 'pay tithing' to individuals and causes I think will help others who have need - and animals. Helping others, especially anonymously (I'm an introvert) is something that's very important to me now.
8478	Billy E NDE	https://www.nderf.org/Experiences/1billy_e_nde.html	I was so young when this happened I don't think this event changed my views much.
8492	John B NDE	https://www.nderf.org/Experiences/1john_b_nde_8492.html	I have seemed to have woke up and am now more alert.
8493	Brian H NDE	https://www.nderf.org/Experiences/1brian_h_nde.html	Good or bad its just life and we get to live it then.....we all get to go to heaven.
8494	Jala W NDE	https://www.nderf.org/Experiences/1jala_w_nde.html	What is the purpose in life,, has to be to learn help others and share love and understand!
8501	Andrew Y NDE	https://www.nderf.org/Experiences/1andrew_y_nde.html	What I used to believe was true I now know is definitely true.
8503	Mark W NDE	https://www.nderf.org/Experiences/1mark_w_nde.html	I became depressed. I saw my personality was too narrow. It was too restricted to contain or communicate the great things in the light.
8507	Johnny D NDE	https://www.nderf.org/Experiences/1johnny_d_nde.html	I have accepted God and Jesus into my life' I am deeply aware that they truly a part if not all of our lives.
8508	Judie S NDE	https://www.nderf.org/Experiences/1judie_s_nde.html	I began studies of multiple religions and alternative healing modalities.
8509	Linda A NDE	https://www.nderf.org/Experiences/1linda_a_nde.html	I feel a real personal connection to God. Like I've been to visit him but did not get past the entry. I also feel compelled to tell my experience to people losing loved ones or people near death. I've found that the ones facing death are so open to my story. But people who have lost someone are not so receptive.

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
8519	Robin H NDE	https://www.nderf.org/Experiences/1robin_h_nde.html	It has been almost 5 years since the NDE and I've struggled with depression quite a bit. Part of it is PTSD but I think a lot of it is related to the NDE. I spent almost 2 years struggling with alcohol abuse, I've never had a problem with alcohol, it was never an issue. I hope to learn as much as I can about the NDE and hope I can better myself and help others that struggle with depression.
8525	Laurie L NDE	https://www.nderf.org/Experiences/1laurie_l_nde.html	I converted from Roman Catholic to born-again Christian and remained conservative until a few years ago. Now I am just spiritually aware, and not getting myself sucked up into religious zealotry.
8533	Bridget B NDE	https://www.nderf.org/Experiences/1bridget_b_nde.html	I am very compassionate and emotionally sensitive to others and what is going on in their lives.... I am not so judgemental of others. I treat people with kindness and love. I set boundaries and keep toxic people at bay.
8543	Michael L NDE	https://www.nderf.org/Experiences/1michael_l_nde_8543.html	I became obsessed with 'Walking My Path' and 'following the signs' that I was being shown in my daily life. These things would guide me to meet the people I needed to meet, and to have the events occur that I needed for spiritual progression. My entire life became an adventure, a quest for truth and truth-seekers. That has not changed in forty-six years. I still feel that I owe it to all my comrades who didn't make it back from the war to live as good a life as I can, in search of truth, and helping others along the way.
8545	James R NDE	https://www.nderf.org/Experiences/1james_r_nde_8545.html	I have had PTSD since I was 14, and sometimes my PTSD and my NDE battle each-other if that makes any sense.
8556	Evelyn D NDE	https://www.nderf.org/Experiences/1evelyn_d_nde.html	It surely expanded my view of reality and the nature of existence. I was young and innocent, so did not have many preconceived ideas about they meaning of life or the purpose of life on earth. I also did not have many thoughts let alone fears about living or dying.
8558	Samia NDE	https://www.nderf.org/Experiences/1samia_nde.html	I didn't know I actually went to another dimension. and just because my parents told me that my experience wasn't real I didn't take it seriously, but now that I've read hundreds of NDEs I wish I had .
8559	Jeff H NDE	https://www.nderf.org/Experiences/1jeff_h_nde.html	I was more carefree and less likely to think about how I might be affecting those around me, now I am a bit more serious, look to understand others and their point of view, and look for harmony. I was young, but probably more fearful of death than now, because I'm sure the next life review will be a doozy, I know that we are much more than this physical existence.
8562	Richard G NDE	https://www.nderf.org/Experiences/1richard_g_nde_8562.html	At this time all I really care is All God's creations and trying to help others as much as I can.

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
8564	Gary F NDE	https://www.nderf.org/Experiences/1gary_f_nde_8564.html	Spiritual Journey really started. Seeing the world from a different place
8583	Daphne B NDE	https://www.nderf.org/Experiences/1daphne_b_nde.html	I am very focused now on service to others. I feel it is my responsibility to share the wisdom I have learned.
8588	Anne L NDE	https://www.nderf.org/Experiences/1anne_l_nde_8588.html	I am more compassionate
8594	Charles T NDE	https://www.nderf.org/Experiences/1charles_t_nde_8594.html	The experience only confirmed what I already believed / knew to be true.
8596	Anthony M NDE	https://www.nderf.org/Experiences/1anthony_m_nde_8596.html	I feel I can read people's souls after this experience to see if they will be in heaven with me after their time on earth. I feel this very vividly. It is the first thing I recognize when I see someone even people on the street. Most people I see are not going to heaven sadly. Most of them will end up in a netherworld.
8597	Sharon T NDE	https://www.nderf.org/Experiences/1sharon_t_nde.html	I now know we have a body and a soul; that there is a God; and that we are expected to do good things.
8600	Van S NDE	https://www.nderf.org/Experiences/1van_s_nde.html	Harder to relate to daily work related tasks.
8603	Douglas B NDE	https://www.nderf.org/Experiences/1douglas_b_nde.html	I am more aware of my actions and motives. More observant of my Christianity and service to God, greater desire to live a more sin free and be in service to others.
8604	Alma B NDE	https://www.nderf.org/Experiences/1alma_b_nde.html	I have slowed down to smell the air, the flowers, watch the birds and hear their songs. I watch people and say, 'If they only knew... there is life and no death., how happy they could be, like me now.'
8617	Bob H NDE	https://www.nderf.org/Experiences/1bob_h_nde_8617.html	I do NOT fear death! I only ask that I be allowed to show my loved ones how much they mean to me daily until I do expire.
8620	Andrew B NDE	https://www.nderf.org/Experiences/1andrew_b_nde_8620.html	I absolutely believe that God created us and that everything we see was created by God. This could never have happened by accident and my experience of a glimpse into something beyond this has cemented this. I believe that our lives here are the testing ground for whats to come of us. God loves us all and wants us to join him in heaven but we have to prove ourselves here.
8624	Jacqui L NDE	https://www.nderf.org/Experiences/1jacqui_l_nde.html	I went into nursing to help others! I want to become more spiritual!
8633	Holly P NDE	https://www.nderf.org/Experiences/1holly_p_nde.html	I experience a sense of peace I never had before. I feel a very strong love that can be overwhelming at times, and I'm much more sensitive. I don't fear death, but am concerned about leaving those I love behind.

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
8635	Michiel W NDE	https://www.nderf.org/Experiences/1michiel_w_nde.html	See ealier detail
8647	Manuel M NDE	https://www.nderf.org/Experiences/1manuel_m_nde.html	More than ever, I want to focus on what matters the most, which is God's project and my mission within it. I feel that God granted me an extension because he wants me to work better with him even if I often don't understand what he wants. I am sure that somehow I will figure it out. If he can bring me back and forth between this life and the other as easily as he did, he can guide me in my remaining years.
8648	Jo H NDE	https://www.nderf.org/Experiences/1jo_h_nde_8648.html	I no longer worry about material things as they are just energy and are already mine. If I want something in my life I just put it out there and let go knowing and fully trusting that it will come to me at exactly the right time. I no longer worry about the future or live in the past I live in the now and only the now because that is all we have
8651	Jenny L NDE	https://www.nderf.org/Experiences/1jenny_l_nde.html	I've just always had this feeling that the most important thing in life is to love and be loved above all else. I also feel a closeness to nature. It feels like I am able to see the detail and beauty in nature where others can't... Not just nature, but I feel the detail and beauty in so much.
8655	Matthew S NDE	https://www.nderf.org/Experiences/1matthew_s_nde.html	Religion gives us structure and community. God gave us life. Honor God and your life. You are God and you are life. Evil only exist in other non loving humans not nature. It's hard to be human. Embrace God and the creation around you.
8657	Ryan J NDE	https://www.nderf.org/Experiences/1ryan_j_nde.html	On the road to graduating University (May 2019) and decreased some medications.
8659	Sandra M NDE	https://www.nderf.org/Experiences/1sandra_m_nde.html	Unknown, I was so young.
8661	Dan M NDE	https://www.nderf.org/Experiences/1dan_m_nde.html	Since the event I know that there is something after this life. 4 years after the event I lost my wife suddenly to an aneurysm. She passed within hours of the onset. This made me more sure of a life after.
8680	Lauren J NDE	https://www.nderf.org/Experiences/1lauren_j_nde.html	I am now much more spiritual than I was before. Also, much less anxious and much less fearful.
8697	Catherine NDE	https://www.nderf.org/Experiences/1catherine_nde_8697.html	I have a deeper sense of God's presence with me and I am not afraid to die. I don't have high blood pressure anymore and I have a deeper sense of rootedness in God and knowing He is in control of the years He has added to my life.
8698	Edward C NDE	https://www.nderf.org/Experiences/1edward_c_nde.html	I'm more humble and loving and I try to tell my experience to others also I try to follow Jesus teachings to the best of my abilities.

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
8699	Charles K NDE	https://www.nderf.org/Experiences/1charles_k_nde.html	My wife passed away before me which comforts me knowing she went where I was going and we will be reunited when I pass over.
8704	Meghan NDE	https://www.nderf.org/Experiences/1meghan_nde.html	I have frequent contact with people that have passed on. I will either see spirits, feel their presence or they will visit me in my dreams.
8711	Kathy O NDE	https://www.nderf.org/Experiences/1kathy_o_nde.html	That I was sent back with a gift, being able to communicate with the dead, the ones that have not crossed over. But now I am able to also speak with the ones who have crossed over because my husband just passed away in November 2018 and I can communicate with him. He told me he crossed over and shares his info with me. But he won't go into details.
8718	Laurence B NDE	https://www.nderf.org/Experiences/1laurence_b_nde.html	I have spent my life since learning and practicing spirituality.
8724	Telesa H NDE	https://www.nderf.org/Experiences/1telesa_h_nde.html	Clairaudient, clairsentient, and I dream as if I am traveling outside of my own body like I did during my NDE... I have dreams that come true and experience 'deja vu' often. I can hear, smell and even taste electricity flowing through devices and appliances even when they are not turned on but are plugged in. The earth itself even has a distinct sound.
8726	William R NDE	https://www.nderf.org/Experiences/1william_r_nde_8726.html	I am made aware of important things in advance. For example when one of my wives was leaving me, divorcing me and taking my 4 year old daughter with her. As she was fixing to drive away in the U-Haul truck, I told her what I had been told, that without me our daughter would grow weak and become ill and she would not be able to fight off the sickness and she would die. It happened about a year later. I have sensed when a few people were going to die, I don't know what to do with that. I believe absolutely in God and I am a regular at church, I also work with children in my spare time as an assistant karate instructor. We do matter and we do make a difference, you have to ask yourself, what are you doing with your life.
8728	Siri K NDE	https://www.nderf.org/Experiences/1siri_k_nde.html	All my life, I have believed. But I have felt embarrassed by the discussion of 'doubt' and 'faith' going together. To me it is no question. Reverence and connection, and something straight-forward is my way of living. When I was a child, there was always this fuzz about taking the communion whenever we were in church (it was the 70ties in Denmark). I just did it. And placed myself as far away from my parents if they chose to go up there too. By believe has always been something private. I see myself as Christian, but my experiences go far beyond the established church. When I finally had no way out, but to admit this is the foundation of my being, it cost me floods of tears along with the relieve. I recognized

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
			<p>myself the best in out-of-the-closet-homosexual-stories.I let people respond to my sharing of my experience with: 'could it not have been the light just breaking the surface of the water, you saw?' And I said - 'whatever it was, it was the most beautiful thing, I have ever experienced'. Like holding a door for their earthly explanation. I was not until I started reading about other NDE's late 2018, after my second NDE, which happened in September 2017 that I realized, I have had and lived with all the aftereffects, and they have just been broadened out throughout my life: I have never been afraid of dying (which was at one point a cause for sorrow, since one of my friends said, he had seen a psychologist because of his hypochondria and fright of dying, and she had answered him: 'It is because you love life that much', and I was so sad, because I did not love life, I actually had a hard time getting the point of life). For this I want to say, that the answer for 46b could have for the most of my life have been that life is not meaningful and significant, but after my second NDE, I know I am here for a reason.My psychic sensitivity has always been extraordinary, during my late twenties to an extend where I had to pray and ask the inner realms to turn down a bit to be able to live, and I walked so many miles to understand,meet and rescue other people. I has been natural to me, however 'I' was so unimportant, that people have commented on it, since I have not had bad self esteem. No interest in completing, a very rich inner life, I could withdraw to, not judgemental, feeling the beast while connected to nature.But I believe, that the abrupt ending of my experience and the totally non-aware-of-aftereffects has left me quite lonely amongst all these beautiful people I have always known and shared love with. So many have come to me in crises situation, and leaned on me while I trouble, so much death has crossed my way in so many forms. I have been loved by people, and from within I have definitely felt, I was loved, but I have also been abused. I have given myself away to an extend where I have been taken for granted and in both intimate relationships and business been fucked with. I have taken coaching education and heart healereducation and spiritual therapist education to get paper and techniques to what I knew and did beforehand, but that way I slowly learned how to protect myself.There was - when I was not in nature and not silent and just alone - a veil between 'me' and 'me'. An inability to wish and dream and realize/manifest my dreams for myself. I could get</p>

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
			<p>inspired and lifted and heading for, and suddenly it just dropped out of my hands and head. The only thing, that I knew I could do better than anybody was to go deep into those fine, delicate, subtle and profound layers of relationships and people, that is repressed, but contain so much harm, but also the key to relieve and inner strength and stamina building. But I was never able to make a business on it. I wanted to give myself to other peoples project, and I did not succeed with that eighter. Economically. They did. And then in my second NDE, I came out knowing, I had put that un-immediateness behind me. That veil between me and me. And I felt peeled and cleansed, and I knew I was good, and I had realized my overwhelming powers in there, and I had set limits for how far anybody could invade me. And I met a polar bear and knew, I am protected. So it is like - I went there for the second time to get, what we humans have to have to survive, and to give each other genuine respect. It is NOT respectful to let somebody else run away with your powers! How are they supposed to handle that? They have more that enough dealing with their own being. I also want to tell, that during my teenage years, I developed depression. Until 30, I had three of them. And at a point, I went to a healer, since I had difficulties living on. I had had these sorrow-outbursts as long as I lived. My mother says it came after the drowning-episode. I was inconsolable, and the water inside just ran and ran; unstoppable until I lay down, slept and dissapeared into this lonely, comforting, beautiful place for a long, long time. So at the end, I went to see a healer. He asked me to describe my life backwards. And when I stopped at 8-9 of age, he said: 'you tell about grieve and sorrow, grieve and sorrow in one, long row. You have to go further back: What happened when you were 4 1/2-5 years old?' I lit up of course, and said: 'That I can easily tell you, I was almost drowning, and it was so so beautiful.....', where to he responded: 'That is it. Your soul. wanted to go, leaving your body behind. That is usually stock in the hips (I had severe pelvis disabilities during and after pregnancy). And the moment he said that, it was like a zipper, zipping me together from down to top. And immediately, I knew, I would get no more depressions, and from that day on, the tendency to see myself from outside diminished remarkably. I had since my early schooldays always this outer view of myself from left side, behind and up: I could always see myself in the middle of the ring with my classmates, hear our talking, but from above. And I have seen colors. It lasted many</p>

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
			<p>years, and I was a grown woman when I understood that other people do not see the same as me when they see each other. And I did not pursue what the colors ment, but suddenly it occurred to me, that they tell me, where people are seeking from: Colors follow chair-colors. Mind-people get bluish, sense-people yellow and heart grounded people get green around their heads when they speak. And people in love are pink. Once I saw wings on a person doing a doctors on something controversy. I was told by this pushing pulse from inside to tell him to trust his intuition whenever in doubt. This is embarrassing of course, but I always know when to speak, and it always is right. It is like channeling. I just also had to learn, that no matter how much they want something from the inner realms, how much they push us to reveal or deal with something, it is us who are here. We know how much effort it takes, and we are allowed to say no. As this reveals, I have also interchanges with parallel worlds. The knowing what to say can be the shared energy in the room calling for it, as if 120 ut 200 people are thinking the same, and I just speak it first. But the meetings with masters, elves or angels are real: they always leave something behind, something to be aware of or understand. Or simply love for me in hard times.I relate all of this to my acceptance of my early experience. I have tried to tell my life from a psycho-social perspective, but I have heard my self claim the point the latest years, that theree is so much more. I can not and will not be reduced to social and biological reasons, even though I can see, they also have influence, however in a much larger scale as to 'mum & dad': There are features for generations too. I have one thing more, I have struggled: Politics do not interest me at all. Powerfights, dirty tricks and popsmart newspapers and other media - that is not for me! Many friends have been reluctant to this treat of mine, but they have come to the conclusion that they cannot change me.I also want to say, I have many abilities with my hands, and my mother wants to put me in a 'creative' box. But for me, they are mere necessities, and I believe them to be trainings from former lives. My own perception of my creativity is how I approach what seems to be existential, Gordic knots or conflicts in a person, in a workplace or in a family. That is my interest and gift. But even if I have done that many times, also for payment, what I can do has not gained me my living. I suppose it has to do with the veil. the un-immediatenss. People get insecure of me, unless they really need me. They don't have to be that any</p>

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
			more. I am very clear and straight and awake after my second NDE. I wonder so much where this takes me.
8738	Erin K NDE	https://www.nderf.org/Experiences/1erin_k_nde_8738.html	I feel like I have more compassion towards all others.
8744	June S NDE	https://www.nderf.org/Experiences/1june_s_nde.html	I have a hard time with superficial people and things. I feel that people are more rude toward me and I tend to allow it because of the level of compassion I have for them and lack of my ego to put them in their place. I battle less and get walked on more. I don't feel that I belong in the general population in the area I reside. I have trouble focusing at work. I am no longer driven by money, ego, things and stuff. People no longer impress or intimidate me. I have trouble blending with the crowd. I enjoy being alone and can't seem to get enough time to myself. I constantly find myself getting lost in nature, art, music, and meditation
8748	Kathleen B NDE	https://www.nderf.org/Experiences/1kathleen_b_nde_8748.html	This is a difficult question. I believe in God, but I am not sure he is one entity. I think he might just be energy. I had more direction after this experience...I have been successful. I have raised four successful children...a CPA; an RN; a Psychologist, and an Attorney. An occupation isn't an absolute measure of success but for a woman raised in a shack on the Flathead Indian Reservation...one of six...steeped in religious control mechanisms I have done well. I believe this experience touched my life and put me on a better life path.
8753	Stanley S NDE	https://www.nderf.org/Experiences/1stanley_s_nde.html	Everything has a deeper meaning, like love, kindness, and compassion. I want to be more than taking up space.
8765	Bernard J NDE	https://www.nderf.org/Experiences/1bernard_j_nde.html	After the experience I felt an immense need to seek God. I kept feeling the need to go to a church and just be there. Not during services. Just when the church was empty. To just be there with God. I did not go. The urge or need to find God became greater and greater. A few days after the experience, I just felt a sudden urge to get up and go clean my home office. I walked in and the first thing I picked up had a tiny new testament bible under it. I have no idea where this bible came from or how it got into my house. As soon as I touched the bible, I felt the overwhelming love and peace that I had experienced during the NDE. The feeling that I had been longing for since I regained consciousness. I sat down and opened the bible. The very first line I read was words that Jesus said. It was a verse about how the eye is the lamp of the body. I can not explain how much understanding this one verse gave me, and I don't even have a clue on how it did. It just did. Instantly, it was like the breath of God filled my lungs.

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
			<p>Colors that I though I had seen before became more vivid and beautiful than I had ever experienced on earth. It was like going from watching a black and white TV to a color television. From that day on, I knew and know that God is real. I felt Jesus reach down and grab my hand. He held my hand and everything made sense. The same peace I felt during the NDE was felt. My life had meaning, and MY GOD was real.</p>
8766	KC NDE	https://www.nderf.org/Experiences/1kc_nde.html	<p>I tried going to church, and mosque. Neither helped me understand, but there's a nice community aspect about organized religion that think could be beneficial to my mindset. I just cannot label myself a believer of any particular religion. I feel it would be hypocritical if I did.</p>
8770	Bart A NDE	https://www.nderf.org/Experiences/1bart_a_nde_8770.html	<p>At the time of my experience I was 7 years old. I was already pretty fearless. I probably would have outgrown that much more if not for the experience. I have had problems in my life related to apathy, feeling as this is all an illusion, not caring, not worrying about my health. I have no special desire to live to an old, old age. I love my life, am happy with it but I've more or less been resigned that in the scheme of things whatever happens - happens.</p>
8772	Serena NDE	https://www.nderf.org/Experiences/1serena_nde_8772.html	<p>Of course, I ticked 'unknown' many times, because I was too young to understand most of these concepts. This event definitely shaped me. It actually made me fear death greatly, because I experienced death at a very young age. Despite knowing that there is probably something after death, all I know is that after we die, we take care of the people we love. I do not know though how we would lead our 'life', nor if we 'exist' the entire time. Actually, this event (not the experience, just risking my life) has really shaped me. In fact, I have been afraid of death from that moment onwards, and I still am.</p> <p>I do believe, and there have been times in my life in which religion has had a big importance in my life. At the moment, it is slightly moderate. I do not think about religion the entire time. I am just an 'ordinary' person regarding religion.</p> <p>In any case, this experience helped me into believing that God exists, and that we will, somehow, keep existing, but I still love my life too much not to be scared of dying, even if we go to a nice place. I think my fear of death not only stems from the fact that I faced death at such a young age for an accident, but also because I just want to live my life fully. It probably has to do with my age, still.</p>
8774	Natalie C NDE	https://www.nderf.org/Experiences/1natalie_c_nde.html	<p>Many hardships which resulted in me being confused but confident, caring, compassionate, wanting to help,</p>

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
			believing people are more wonderful and special than they know. I have recently become vegan and I believe its the right thing. We should not harm. We should love
8796	Katrina NDE	https://www.nderf.org/Experiences/1katrina_nde.html	I started reading my bible more and started giving more money away to help others. Eventually I went back to Church and got baptized. Since the death I have had spiritual encounters on earth that only strengthens my faith in Jesus Christ.
8805	Rachel F NDE	https://www.nderf.org/Experiences/1rachel_f_nde.html	I am more sensitive, to words, to light, sound, smell, touch, I am hugely empathetic and compassionate and always feel another's point of view, even when I don't necessarily want to. I can tell if a person is lying and am still hugely forgiving. I see communication from the light in nature, in synchronicities, in meditation. I am now able to meditate and leave my body during meditation. I have travelled to a different reality that is somewhat similar to the reality I experienced during the Life Review but I have not been back to the light.
8821	Pamela H NDE	https://www.nderf.org/Experiences/1pamela_h_nde.html	My desire to know God increased immensely and still does to this day
8822	Sandi A NDE	https://www.nderf.org/Experiences/1sandi_a_nde.html	I used to know who I was, where I was going, I had a great work ethic, I was successful. I am no lost, I am still floating and I have having such a hard time adjusting. I feel like I am on borrowed time and at any moment I will be back to the feelings and what I was seeing
8845	Douglas T NDE	https://www.nderf.org/Experiences/1douglas_t_nde_8845.html	I have noticed that I'm quite sensitive to visions(very immediate future, never long term future)and they are very vivid, sometime very graphic. Also too, I noticed I've become more sensitive to spirit presence/visitation.
8855	Elaine C NDE	https://www.nderf.org/Experiences/1elaine_c_nde_8855.html	I have had a hard time fitting back in, though I always stood apart from your every man. Mostly, I just feel like I operate on a different level than most people. Most things seem really trivial.
8860	Joseph M NDE	https://www.nderf.org/Experiences/1joseph_m_nde_8860.html	I feel much more spiritual and empathic
8867	Damon H NDE	https://www.nderf.org/Experiences/1damon_h_nde.html	To young at 3 to know by comparison. But against peers aetc. Im as different as is often described by other NDErs.
8871	Alice U NDE	https://www.nderf.org/Experiences/1alice_u_nde.html	One month after my still birth, illness hospitalization and NDE in Turkey, my husband and I moved to Australia. I am an Australian citizen so for me it was comfortable and easy but for my husband he was emigrating into the unknown. Three months after my still birth, illness NDE etc I became pregnant again and then nine months later gave birth to a healthy baby boy. So all this to say that, my processing time of it all

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
			<p>has taken a while. Because there was the initial pregnancy loss, then the near loss of my life and then I was a first time mother with a husband in a new country who is till really struggling to settle in. So in terms of fearing death and living with fear, I am scared of death at the moment in the sense that I feel the overwhelming responsibility of a mother who does not want to leave her child. I do not actually fear being dead. I just don't want to leave my son without a mother, at least not anytime soon. I found I was super keen to communicate my otherworldly experience. As an author I wrote poems about it, some are published and even did a narrative soundscape piece for national radio that aired in Australia at the end of 2016. I found some people, close friends i had known for years simply could not hear my experience. They did not want to know about NDE at all. And then I have found that I have also met new friends forged on close and connecting conversations based on this experience of mine. Some people are really eager to hear about it, others literally are not close friends anymore. Also before this experience I was a really ambitious author. I've had one novel published and at the time was working on my second novel. And now all i care about is fully exploring my spiritual path. I did a TM course, completed Reiki one and two and have read lots of spiritual texts and watched docos and interviews about and by NDE'rs. I feel kind of ripped off that I was brought back so quickly and want to get back to that realm and want to understand why I came back. Through visitng and a shaman and my own meditations I understand that the other side, the feminine being would have been happy to keep me, and i would have been happy to stay but that i did decide to come back. This decision was helped along by the fact that my husband and all his family and friends were praying for me and willing me back and also that i'd only just met my husband (again in this life) and that we had stuff to do together. perhaps i returned to this realm to give birth to my son. I am still not 100% certain. Also the intimidation I felt initially with the feminine being, is connected for me with the feeling that I have to try my best at being my best in this life. I have to try my best to be loving and not hurtful to myself or others.</p>
8876	Bryan C NDE	https://www.nderf.org/Experiences/1bryan_c_nde.html	<p>Although the success rate of my new mediation model was slightly higher than my previous model, I now can see that it was grandiose and centered on my apparent new-found spiritual beliefs. It was probably terrifying to my clients. In late November, I traded in my</p>

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
			<p>Mercedes for a new Toyota Tundra Limited 4X4 pickup, paying approximately \$16,000 in the exchange; and, immediately after buying the new, fully-equipped truck, I arranged to have it customized to an extent which was clearly 'over the top'. Within a few months, I sold it and purchased a new Mercedes. On November 27, 2013, I purchased a house, which was the subject of a mediation which I conducted, sight unseen, for an amount which did not seem extraordinarily high, although it was against the advice of my friend who is a real estate broker. Upon seeing it for the first time, I recognized that it was probably not a good purchase; however, , believing that the deceased former occupants wanted their much loved home renovated, I elected to employ approximately ten contractors to remodel and renovate it, without first obtaining permits from the City of Houston or seeking bids from competitive contractors. The property, in reasonable state of repair, would have been worth around 100,000 thousand dollars; and, over a few months, I expended over eighty thousand dollars on remodeling and renovation. Within a few months, I had given away or spent over \$150,000, none of which was used for my ordinary living expenses. I was hyper-manic for several months, could not sleep well, rarely ate, and lost sixty pounds in sixty days. I could not control my behavior nor choices; and that lasted for about four months afterward. I ultimately underwent several CT scans and MRI scans, at the direction of a radiologist friend, all of which were normal. I also underwent numerous lab tests of my blood, all of which were normal. This convinced me that I had not been injured in the fall and that my newly acquired spiritual awakening was real. Several physician friends of mine concluded that I was exhibiting secondary mania following a traumatic brain injury. One morning, I awoke; and I felt normal again, although the kindness and spirituality of my life has remained. There is no doubt in my mind that I suffered a traumatic brain injury, but I do not believe that explains what I experienced while unconscious. (or dead)</p>
8887	Ashley M NDE	https://www.nderf.org/Experiences/1ashley_m_nde.html	I am more aware of how my actions might affect others. I am more understanding and loving.
8896	Travis S NDE	https://www.nderf.org/Experiences/1travis_s_nde.html	I've reached out to a certified grief counselor specializing with veterans as well as friends with varying faiths (or lack of) trying to understand it.
8911	Dr. Dennis M NDE	https://www.nderf.org/Experiences/1dennis_m_nde.html	Well...I don't think I was in Heaven... No... I firmly believe that I was on an Intelligent Piloted Space Craft or perhaps an Interdimensional Spiritual Place and Time. All I know for sure is that I was in a Real Place

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
			<p>that had substance to my surroundings and had a hard texture floor and walls to the room. The Tall Person that was talking to me without speaking, may have been my Guarding Angel, or an Extraterrestrial... Or perhaps One in the Same. I do feel in my heart that whomever He was, He absolutely cared Very Much about Me and my Soul; I felt this much for sure. And I also know that...I Now have a VERY SPECIAL PERSONAL RELATIONSHIP with God and those Entities that were there with me now in my life... Even Multitudes More Than before, as I was raised as a Catholic, and survived seven grades of Parochial School. I wanted so much to go to that Bright Beautiful Light...but, I was not allowed to transcend into the realm of absolute Happiness and Content...At least for now!</p> <p>I know not what I am to do, or why I was sent back to this Earthly Dimension... But, I do know that someone has protected me from complete death for all of my life for some reason. Because just two years earlier to the Date... I was shot down the Third Time in the Viet Nam War flying in a CH-46 Helicopter, and I was the ONLY Survivor out of 9 other Marine Souls that were KIA in that Crash... Also... I have survived two Civilian Aircraft Crashes... I have survived six Car Crashes!!! WHY??? I have no idea... But, I know that one day... I shall know and see the reason!</p>
8914	Scott W NDE	https://www.nderf.org/Experiences/1scott_w_nde_8914.html	There is more meaning to the mundane things, there is no mundane. I feel connected to the healing energy I experienced, that it is still with me and somehow the entities are with me as well.
8915	Timothy P NDE	https://www.nderf.org/Experiences/1timothy_p_nde.html	God has taken things from me. Some vision, my hearing in my left ear, my memory, word displacement. But he gave me much much more in return. He gave me my life back and he gave me a second chance at life. He also gave me a gift to help others. What else can a person ask for? Its Just true love from him. THANK YOU GOD!
8918	Adria B NDE	https://www.nderf.org/Experiences/1adria_b_nde.html	I have become more passionate and care more about the people around me.
8919	William F NDE	https://www.nderf.org/Experiences/1william_f_nde_8919.html	I before had sociopathic tendencies. I was controlling, selfish, manipulative, extremely good at reading people through interaction and body language, I had no empathy and never felt guilt or remorse. Now I'm selfless and empathetic. I feel emotions and it's overwhelming for the first time in my life. Now I know how people are feeling by just looking at them. I can feel what they feel. Remorse and guilt strikes me from my past. I also do notice that where I did things instinctively before now I stop myself.

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
8923	Kevin O NDE	https://www.nderf.org/Experiences/1kevin_o_nde.html	NOTHING.
8951	Theresa C NDE	https://www.nderf.org/Experiences/1theresa_c_nde_8951.html	I feel like I was a different person and after I was calmer less worried about life and little things. It slowly faded back to normal. After a few years we moved to KS to a house that changed all of our lives, but that is a different experience for a different time.
8957	Brom W NDE	https://www.nderf.org/Experiences/1brom_w_nde.html	a renewed appreciation about the preciousness of life and an rgent desire to make the most of my time to help others.
8973	James M NDE	https://www.nderf.org/Experiences/1james_m_nde_8973.html	I find that I don't desire material items anymore. Most of my desires are in spending time with my wife and daughter. I still have a strong distaste for Pious individuals and find I am more calm and less likely to get upset.
8994	Laura K NDE	https://www.nderf.org/Experiences/1laura_k_nde.html	I know that God and Jesus are with us and in us always. Always guiding us, directing us, leading us for our highest good even if it's difficult at times.
8995	Douglas D NDE	https://www.nderf.org/Experiences/1douglas_d_nde_8995.html	I was 4 years old at the time of my experience. What kind of changes did I go through? I grew up!
8996	Laura B NDE	https://www.nderf.org/Experiences/1laura_b_nde_8996.html	I want to remember what the woman's voice said I wouldn't remember. I've thought about trying hypnosis to see if I can remember anything. It's puzzling when I read other NDEs why everyone has such strong, vivid experiences but mine has a woman telling me I wasn't going to remember any of it. I feel curious to know why I had that type of experience that I wouldn't be 'allowed' or able to remember it. I do have a stronger passion to learn more about life after death and reincarnation. I also have an even stronger connection to nature and I feel like I'm conscious of it every single day.
9004	Drew B NDE	https://www.nderf.org/Experiences/1drew_b_nde.html	i enjoy life more knowing that death isn't as scary as we might imagine
9019	Nicole D NDE	https://www.nderf.org/Experiences/1nicole_d_nde.html	I became aware of the bad things in life
9023	Bryant B NDE	https://www.nderf.org/Experiences/1bryant_b_nde.html	Big change for me! I will never step on the 'do not step on this step' step again as long as I live.
9025	Sheila S NDE	https://www.nderf.org/Experiences/1sheila_s_nde.html	I feel I can Hear Father talk to me- answer my prayers to Him. I feel I know it is Him giving me guidance. He asked me during my experience, 'What do you want to take back with you?' Regarding what it is I wanted to take back. I told Peggi this and just when I was going to tell her what it was, nurses and doctors charged in the room to look at how great I looked- how healthy I looked..they were amazed. Peggi wanted to scream and push them out of the room because I was just

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
			about to tell her what it was. When they left, I misunderstood the question and said He gave me Life - which He did, but that wasn't what I was going to say. I believe I would have asked Him to be able to actually Hear Him give me guidance and answer my prayers. Now I speak out about Christianity whereas before I did not. Now I and am trying to Help Jesus get His children Home. I am trying to get people to revisit the words of Christ and rebuild their relationship with Him or do it for the first time. Then I just want to go home to Him and get on His lap and feel His love!
9029	Melinda G NDE	https://www.nderf.org/Experiences/1melinda_g_nde.html	School became easy Being a Single Mother - easy Being a friend and healer to others - easy Being a public speakers - peace of cake. Healing others and rushing to help people in accidents or time of needs - my speciality
9031	Jeanette U NDE	https://www.nderf.org/Experiences/1jeanette_u_nde.html	Before my experience, I was Christian. I am now pagan, and have a strong interest in past life regressions and how reincarnation works within the framework of reality.
9035	James M NDE	https://www.nderf.org/Experiences/1james_m_nde_9035.html	GUILT WAS PART OF MY LIVEING HELD ME BACK FROM THINGS IAM ASHAMED OF MYSELF,DID NOT DESERVE ANYTHING GOOD ,NOW I FEEL ACCEPTED AND NOT ASHAMED FOR THE EVENTS IN MY VIOLENT LIFE
9041	Francoise R NDE	https://www.nderf.org/Experiences/1francoise_r_nde.html	Please see the main text.
9045	Gordon D NDE	https://www.nderf.org/Experiences/1gordon_d_nde.html	Since I was seven, I knew there was unequivocally an afterlife. I always believed this. There is not one being on this planet that can make me doubt this reality. I am becoming a priest, hopefully and I want to help the world out and be compassionate.
9048	Fatih A NDE	https://www.nderf.org/Experiences/1fatih_a_nde.html	I'm not afraid of death what so ever and as a mater of fact I do miss it some times (a lot) although I love my family but I miss the place I was in and I know this might feel very selfish but it's the reality, I just love all people and love to help them, I become very passionate and feel people suffering and happens, I love animals and trees and nature , and I noticed I don't enjoy eating meat although even before my experience I didn't care a lot about meat
9049	Caroline L NDE	https://www.nderf.org/Experiences/1caroline_l_nde.html	I have so much more patience and compassion for others. I get very upset for other people. I think about other people's problems throughout the day. There is more to life than working all hours. I now have a far better work:life balance.
9053	Van I NDE	https://www.nderf.org/Experiences/1van_i_nde.html	Money doesn't mean jack. It really doesn't. As weird as that sounds and as difficult as people find that absorb and accept, it is true.

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
9059	Shia M NDE	https://www.nderf.org/Experiences/1shia_m_nde.html	For the 2 previous question it's about spiritual/ and after what I saw I can't help but feel we are here for a purpose. I no longer feared death, I think that's the most important thing and I started noticing more paranormal things.
9061	Stephen K NDE	https://www.nderf.org/Experiences/1stephen_k_nde.html	I have spent the last twenty-two years seeking out those I had wronged or hurt and made every effort to make amends. I have learned to forgive and made great strides in controlling the negative aspects of my personality. I have also made great strides in curbing my desire for material possessions. I have tried to replace it with a desire to be the kind of person who makes people feel better for having known me. People will always remember how you made them feel.
9062	William H NDE	https://www.nderf.org/Experiences/1william_h_nde.html	I was too young to appreciated the experience
9068	Lija A NDE	https://www.nderf.org/Experiences/1lija_a_nde.html	I live with a greater sense of purpose. I am more interested in spirituality. I have psychic abilities I did not have before. I have a strong desire to help others and make a difference. I try to live life to the full and make the most of each day. I am very loving and compassionate.
9070	Leonard M NDE	https://www.nderf.org/Experiences/1leonard_m_nde.html	After my experience i lost my job after nearly 20 years because i was still in recovery, couldn't walk, stay conscious, constantly ill and couldn't drive in time to return to work. I had to file bankruptcy and lost my home, i had regain my independence but because i have the nerve damage and some brain scarring it's difficult to return to the type of work i'm use to. My insomnia is not so bad however every know and then i still am nervous about going to sleep and whenever i hear certain medical sounds, my name being called repeatedly it reminds me of that moment. I am also attempting to start my mental health company however it's been difficult because of capital.
9077	Beth T NDE	https://www.nderf.org/Experiences/1beth_t_nde.html	I don't fear death anymore I have a sense of peace high fear only how the living will feel when somebody dies but I don't fear for the people that die
9089	Kevin G NDE	https://www.nderf.org/Experiences/1kevin_g_nde.html	Interested in helping others more than acquiring material things.
9100	Daniel R NDE	https://www.nderf.org/Experiences/1daniel_r_nde.html	I started to go back to church and be more of a family man.
9105	Chris C NDE	https://www.nderf.org/Experiences/1chris_c_nde_9105.html	It was 32 years ago, so I've been through all kinds of changes since. I think i was too young, and the NDE too short to have a major impact, and yet i think the way my life has gone has a lot to do with it. I think because of that experience, knowing deep down there is more

Changes in Life After NDE

Entry #	Post Name	URL	Discuss Life Changes After NDE
			to life than meets the eye, i could never do things the normal way, and that lead to a lot of struggle for me.
9108	Anelia G NDE	https://www.nderf.org/Experiences/1anelia_g_nde.html	<p>I don't know really, but I will mention a few things that are specific to me. I started drawing when I was at about that age, I don't know if it was before or after the experience. All I know is that I have been drawing since I can remember. I used to do better in art than the kids. I was absolutely terrified of sports and of climbing ladders and catching balls. I did not associate my fears with the experience, but always felt inferior to other children who didn't have any fears of sports. The only thing I was good at was swimming. I was very quiet and did not like to play with large groups of children as I couldn't understand why they had to make so much noise. I had an issue with saying a basic hello to people- it seemed stupid and embarrassing to me when I was a child. I did not understand the point of that verbal ritual. As a child I used to ask my parents difficult philosophical questions such as what is nothing and asked them if they can imagine it. I used to ask them if they felt the way I did- meaning I can control my body but I don't feel it- it is as if I don't have it. I had this strange belief that everyone is born twice, first when they are born and then a confirmation birth at the age of 4. As a child I could stick utensils to my hand like a magnet. I am highly intuitive and have a strong connection with nature so without having studied about plants I can figure out what they need, even when the plants are very difficult to grow. My dreams are exceptionally vivid and if I had any musical skills I could have recorded the original music I hear in my dreams. From time to time I have strange incidents of instant knowledge that something is about to take place. For example when my younger brother was in primary school and I was in high school, I had that bothersome feeling that something happened to him and he was sent to the sick room and my parent were called. It bothered me the whole day. When I returned from school, my brother had indeed ben picked up from school early because another kid had thrown a stone and hit my brother's head. I have had out of body experiences that start with vibrations not of physical origin. They feel like energy flowing from the end of my limbs and being collected in my skull. There they are amplified and the out of body experience follows. I don't like those to be honest but when that happens usually I am shown something in a dream. Just to be clear- I have never taken recreational drugs, never been drunk, never smoked and I hardly ever take medications. Medications usually have severe adverse</p>

Changes in Life After NDE

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			effects on me. I consider myself very blessed and I've had some very interesting things happen to me.
9111	John W NDE	https://www.nderf.org/Experiences/1john_w_nde_9111.html	It is difficult to gauge the degree of change since I have generally been a caring person, I donate blood, volunteer time at the SPCA and Scouts, am involved with pro-life activities and I like people... I may be a bit more tolerant now but I was pretty tolerant and caring prior to my fall.
9115	Annalise E NDE	https://www.nderf.org/Experiences/1annalise_e_nde.html	colour - colour is important and beauty and feelings all so much more important.
9117	Lee S NDE	https://www.nderf.org/Experiences/1lee_s_nde_9117.html	I actually havent told to many people about this, Im afraid people wont believe me. My experience didnt feel religious at all.
9119	Anne W NDE	https://www.nderf.org/Experiences/1anne_w_nde.html	It's been 5 years and ALOT of changes in the physical world...My whole world fell apart physically when I returned to earth, I got deathly sick again 2 years later with sepsis and doctor said 'I was a lucky girl, that God had a plan for my life to make it alive: doctor didn't know about heart attack 2 years prior lol, I have been homeless since my near death, because of all the health issues and unable to work, so the Love i feel WITHIN is what has kept me moving forward as i allow Love to guide the way through. I KNOW that I am here to share my experince and to LIVE LIFE IN LOVE, AS LOVE, and allow LOVE To flow through me guiding me where to go; I was guided here to write and share with you.
9121	Viki NDE	https://www.nderf.org/Experiences/1viki_nde.html	Now more than ever I treasure every moment, every word, every hug. Life has reason always had, it just clarified and shifted direction now.
9125	Rachael C NDE	https://www.nderf.org/Experiences/1rachael_c_nde.html	I know now what is real.
9126	Dr. Sahar S NDE	https://www.nderf.org/Experiences/1dr_sahar_s_nde.html	I became more and more famous in my job field(dentistry) because i looked at people not just as my patiens but as human being..they became a part of me.. i got famous because of my behavior ..passion and patience.my marital life became mich more better...i look after my life and children..i think if my life had ended that early ,i would definitely missed this kind of education in earthly living... this much joy... and this much experience to help people relief from dental pain
9132	Janine S NDE	https://www.nderf.org/Experiences/1janine_s_nde.html	I'm not quite sure. I was 3. I do feel a sense of I was given a gift to have my experience but I'm not quite sure what it all meant.
9139	Star E NDE	https://www.nderf.org/Experiences/1star_e_nde.html	Meeting God changes everything!
9151	Sharon V NDE	https://www.nderf.org/Experiences/1sharon_v_nde.html	Because of the whole experience, I started a search to find answers to what the light was and where the voice

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			<p>came from, and why I didn't die. I was able to find answers and to develop strong spiritual beliefs again. I joined a group of like minded people, which helped me start to discover who I really was, and what was really going on here. It's an ongoing process, but one which I love. And I keep meeting more and more like minded people. My life feels freer and more exciting than it ever has before, and I'm learning so much about my own ability to create the life I want, and how to give back.</p>
9152	Ronald B NDE	https://www.nderf.org/Experiences/1ronald_b_nde.html	<p>I now see the truth no matter what it shows me. I accept the good and the bad of what I am seeing.</p>
9155	Val C NDE	https://www.nderf.org/Experiences/1val_c_nde.html	<p>I have more wisdom and understanding. I am no longer depressed.</p>
9162	Jennifer M NDE	https://www.nderf.org/Experiences/1jennifer_m_nde.html	<p>My experience was so long ago, and i was quite young. I see a lot of the documented characteristics of NDErs in myself and those characteristics seem be getting stronger as I get older.</p>
9163	Robert B NDE	https://www.nderf.org/Experiences/1robert_b_nde_9163.html	<p>there have been subtle changes. I want to live. Not that I didnt want to live before, I did. But life is now sweeter and I am more passionate about it.</p>
9165	Bill J NDE	https://www.nderf.org/Experiences/1bill_j_nde_9165.html	<p>Gave me a real freedom in my life</p>
9176	Alex L NDE	https://www.nderf.org/Experiences/1_alex_l_nde.html	<p>I seem to have more empathy. I find myself on the verge of tears and in some cases I shed them. That never happened before I could e pretty cold stern. I watched both my parents and didn't shed a tear. It was just something that was meant to be. Now I catch one of those bad memories and a tear will fall cause I feel so terrible about what I did. I also seem to enjoy the simple things much more. Chores aren't chores anymore it's different. I'm more open with people.</p>