## Changed Religious/Spiritual Practices Following Near-Death Experiences

Narrative responses to NDERF survey question "Have your religious beliefs/spiritual practices changed specifically as a result of your experience?"

## **Guide to Column Labels in the List Below:**

**Entry #**: NDERF registry number

Post Name: Title of experience posted on nderf.org

**URL**: URL of experience posted on nderf.org

Describe Changed Religious-Spiritual Practices: Description of changes in religious/spiritual

practices after their NDEs

This page contains 473 near-death experiences (NDEs) with narrative responses to the NDERF survey question in the title above.

## Methodology:

Experiences were scored as NDEs if they met all of the following:

- 1. A lucid, organized experience occurring at the time of a life-threatening event so severe that there is unconsciousness or clinically apparent death with an absent heartbeat.
- 2. An NDE Scale score of 7 or higher.
- 3. Shared by the individual who personally had the NDE.
- 4. Shared in the English version of the NDERF survey.

These are NDEs from the most recent version of the NDERF survey (nderf.org). They are sequentially shared non-English NDEs shared from November 11, 2011 to April 8, 2021. All accounts were scored as NDEs if they met the above criteria and regardless of experience content to avoid bias in studying the content of the NDEs.

The NDEs posted on the NDERF website are edited to correct obvious spelling and grammar errors. As remarkable as the NDEs are in this list, please remember that they accurately represent the real experiences of near-death experiencers (NDErs) from all walks of life and around the world. NDErs that declined to have their experiences posted are excluded from this compilation.

This list is public domain and may be used by anyone.

Substantial efforts are made to minimize the risk of posting fraudulent NDE accounts on nderf.org: https://www.nderf.org/Hub/hmethodology.htm

We strive for accuracy in this list. If any NDEs should not be included for any reason, please email us at nderf@nderf.org with the NDE registry number and URL. Thanks!

This is a compilation of responses to the NDERF survey question, "Have your religious beliefs/spiritual practices changed specifically as a result of your experience?" This was followed by a box for a narrative response asking "If yes or uncertain, please describe." The 'Describe Changed Religious-Spiritual Practices' column below is the data from the NDERF survey without changing any spelling or grammar errors. Even a quick review of the NDEs

below should demonstrate that there are varied and often substantial changes in the NDErs' religious beliefs/spiritual practices following their NDEs.

Query Changed Religious-Spiritual Practices 8-17-23			
Entry #	Post Name	URL	Describe Changed Religious-Spiritual Practices
6106	DW NDE	https://www.nderf.org/Experience s/1dw_nde.html	I don't attend a specific church but support places and people that care for others, no matter what faith they have. I read more religious texts, I go to a bible study, I write, as it comes to me, about what I read.
6113	Stephen M NDE	https://www.nderf.org/Experience s/1stephen_m_nde.html	I believe more now than I did before my experience.
6118	Ana R NDE	https://www.nderf.org/Experience s/1ana_r_nde_6118.html	I am an avid participator in church.
6119	Shannon T NDE	https://www.nderf.org/Experience s/1shannon_t_nde.html	Even though I am still undecided on the religion issue, I am constantly thanking God and just spending time taking care of the things he gave me (family and kids).
6120	Karen NDE	https://www.nderf.org/Experience s/1karen_nde_6120.html	I dont believe in any specific religion.
6125	Sandy D NDE	https://www.nderf.org/Experience s/1sandy_d_nde.html	too complex to do one handed
6131	Kaleen NDE	https://www.nderf.org/Experience s/1kaleen_nde.html	Constantly working that out
6137	Paul S NDE	https://www.nderf.org/Experience s/1paul_s_nde_6137.html	I am definitely more spiritual, belong to a local spiritual group and like to take part in things like holistic health, spiritual workshops etc.
6139	Kirat A NDE	https://www.nderf.org/Experience s/1kirat_a_nde.html	As i mentioned earlier, i have become spiritual and started exploring a lot of spiritual work. Have started reading about Sufism.
6141	Harold R NDE	https://www.nderf.org/Experience s/1haroId_r_nde.html	Again, hard to say how it changed me. One thing I'd say is I often feel that the earth's religions don't quite get it right but I can't offer anything definitive. It's just a vague feeling that each is wrong. It feels like portions of each religion were put in place to try to prove their religion is more accurate than the others. What I KNOW is that love and understanding are the most important things for beings on earth. It seems like too many religions want to say they are the one true religion and their followers are willing to die and kill others in those beliefs. To me, this is absolutely wrong.
6144	Glenn F NDE	https://www.nderf.org/Experience s/1glenn_f_nde.html	i use this exp as proof of a higher power to myself. it helps me give strength and hope to some who need it.
6148	Bella K NDE	https://www.nderf.org/Experience s/1bella_k_nde.html	They have yet I cry so much when in church and dont know why, I should be happy!
6151	Jill D NDE	https://www.nderf.org/Experience s/1jill_d_nde.html	The Big Guy on the Throne is a fairy tale for children. The Trinity is for people who can't think for themselves. All religions get so close and then miss the truth by a mile. The truth I learned is that we (and when I say "we", I mean all of existence) are connected. What a great thing

	Query Changed Religious-Spiritual Practices 8-17-23			
Entry #	Post Name	URL	Describe Changed Religious-Spiritual Practices	
			that in this time/space continuum we get to think independently, but it's a facade. We're all one. And the idea of a "god" is just limited nonsense.	
6155	Erinn H NDE	https://www.nderf.org/Experience s/1erinn_h_nde.html	i became more spiritual and less religious in ways of thinking. You can't confine religion your beliefs, faith or God in a box or constrict it within a set of rules, if you let things be the way they should and are open the experiences and possibilties that can be shown to you are endless	
6159	Sue C NDE	https://www.nderf.org/Experience s/1sue_c_nde.html	I do not get wrapped up in organized religion. God is the fabric of existance, the rest does not matter.	
6160	Tony D NDE	https://www.nderf.org/Experience s/1tony_d_nde_6160.html	After years, I know because of what I experienced that there is no doubt in what I believe.	
6166	Jean R NDE	https://www.nderf.org/Experience s/1jean_r_nde_6166.html	I do not feel a need to belong to any specific religion. I also do not feel the fear that religions seem to try to push on people. If that helps someone do the right thing and take care of othersthrough feargreat. But religion, in and of itself is destined to always be interpreted by man. Their interpretations are often lacking real clarity and have a lot of falsities in place too. One of the things I was toldlook always to "who benefits?" in rules made by religion. If it is particular men, or the power structure itselfchances are that it is not really something of God. Many rules are definitely man made and put there to benefit either the structureor those in charge of the structure.	
6167	Michael L NDE	https://www.nderf.org/Experience s/1michael_l_nde.html	DEFINITELY MORE RELIGOUS	
6171	Jeanette F NDE	https://www.nderf.org/Experience s/1jeanette_f_nde.html	Quite possibly. I do believe there is something, I can only go on my experiences throughout life and at 15 I think I was too young to make that decision.	
6178	Ellen K NDE	https://www.nderf.org/Experience s/1ellen_k_nde.html	im now following Jerry & Esther Hicks and their teachings from Abraham as well as astro Physics and The laws of attraction and learning from Buddhism.	
6181	Steve N NDE	https://www.nderf.org/Experience s/1steve_n_nde.html	I now think religion is nonsense. I translated the bible from Greek and it is clear that we have been lied to. Our human beliefs hold us back	
6308	Carole M NDE	https://www.nderf.org/Experience s/1carole_m_nde.html	My spiritual practices are even more heightened and I definitley believe in higher beings out there	
6496	Carol M NDE	https://www.nderf.org/Experience s/1carol_m_nde_6496.html	I don't know if my beliefs have anything to do with my NDE, but I suspect that it does. I do not subscribe to some of the beliefs taught in many churches today. But I do feel a special connection with God, and I feel that it is probably a deeper connection than many have who attend church regularly.	

Entry #			piritual Practices 8-17-23
-1101 7 11	Post Name	URL	Describe Changed Religious-Spiritual Practices
6552	George J NDE	https://www.nderf.org/Experience s/1george_j_nde.html	I became interested in Buddhism two years later, after questioning the importance of Christianity. I tended to view the Bible as full of fairy tales afterward.
6622 J	Julie G NDE	https://www.nderf.org/Experience s/1julie_g_nde.html	I started going to church more often
6192	George E NDE	https://www.nderf.org/Experience s/1george_e_nde.html	Don't feel the need to practice any religion whatsoever.
6196 l	Lacy NDE	https://www.nderf.org/Experience s/1lacy_nde.html	It sertanly woke me up and to realize there was more out there then a God. My veiws had streched out. I was never a christan and my experances defantly made me believe diffrently then a christan.
6200 J	James N NDE	https://www.nderf.org/Experience s/1james_n_nde.html	it still took time for me to become a christian, but I did place myself with new friends that were chirstianswhen a close friends young girl died after being hit by a car, i told him the event, and how she was in a much better place and happyseemed to really make him happy
6206	Maia S NDE	https://www.nderf.org/Experience s/1maia_s_nde.html	I'm more open to phenomena that can't be scientifically explained.
6213	Shea B NDE	https://www.nderf.org/Experience s/1shea_b_nde.html	I had to find a church I was comfortable with. That took me a long time. I have gone to many different churches and tried on many different doctrines, but, even being Roman Catholic, like I said, I am interested, find fascinating, the Infinite Way.
6215	Sharon G NDE	https://www.nderf.org/Experience s/1sharon_g_nde_6215.html	yes, I think that helped me loosen my tight hold on pure reason and take a broader view of life
6221	Veronica M NDE	https://www.nderf.org/Experience s/1veronica_m_nde.html	I am naturally inclined toward enhanced self discovery and personal development on the spiritual front. It remains a work in progress and a labour of love. I am equally passionate about the metaphysical realm.
6222	Chuck H NDE	https://www.nderf.org/Experience s/1chuck_h_nde.html	I am no longer religious.
6227 H	Herman V NDE	https://www.nderf.org/Experience s/1herman_v_nde.html	Doctrines, creeds, confessions and the overall teachings of the Christian church in terms of the atonement role of Christ are now seen by me to be wrong. I still believe in much of the narrative of Christianity but I now see that narrative as having a much different meaning that that expounded by the church.
6233 J	Jenneane E NDE	https://www.nderf.org/Experience s/1jenneane_e_nde.html	I studied Jehovah's witnesses, Mormon religion, Hinduism, Islamic religion, etc and I was on a journey of finding truth. I think I am trying to learn as much as I can. I go to where I feel the Holy Spirit of God pouring out of the pastors. I need to hear their message to me to guide me.
6240	Nancy T NDE	https://www.nderf.org/Experience s/1nancy_t_nde_6240.html	Been increased and magnified for the better, more loving and less judgmental
6291 E	Enocia J NDE	https://www.nderf.org/Experience s/1enocia_j_nde.html	I definitely believe in Love's omnipresence but I've got no religious belief whatsoever.

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6410	Carol S NDE	https://www.nderf.org/Experience s/1carol_s_nde.html	I am more open minded. I respect all religions. I do not belong to any one church belief.
6612	Yves F NDE	https://www.nderf.org/Experience s/1yves_f_nde.html	It confirmed God.
6638	Todd N NDE	https://www.nderf.org/Experience s/1todd_n_nde.html	my faith is stronger and I KNOW there is something after we pass on.
6241	Laura L NDE	https://www.nderf.org/Experience s/1laura_l_nde.html	I believe in God. Before I didnt really. I wanted to but just couldnt fully believe. Now I KNOW He is there
6242	Frances Z NDE	https://www.nderf.org/Experience s/1frances_z_nde.html	I am much more spiritual and not nessicarly believ there is God but there is something bigger than me that takes are of all the people I love.
6244	Steve L NDE	https://www.nderf.org/Experience s/1steve_l_nde.html	Expanded and confirmed what I only suspected before
6248	Lois T NDE	https://www.nderf.org/Experience s/1lois_t_nde.html	I belive in spirtual practices over religious practices.
6251	Paula H NDE	https://www.nderf.org/Experience s/1paula_h_nde.html	I always believed, but at about age 15, I asked why I had to go to Confession every week when I rarely did anything worth confessing. I said I believed we could ask God directly for forgiveness and didn't need a "middle man."
6253	Sara M NDE	https://www.nderf.org/Experience s/1sara_m_nde.html	I did become more spiritual and less religious
6258	Chris V NDE	https://www.nderf.org/Experience s/1chris_v_nde.html	l attend church every sunday
6259	Maggy C NDE	https://www.nderf.org/Experience s/1maggy_c_nde.html	My practices have changed. My beliefs have not.
6267	Sheila EP NDE	https://www.nderf.org/Experience s/1sheila_ep_nde.html	I'm sure my beliefs were affected.
6274	Jill J NDE	https://www.nderf.org/Experience s/1jill_j_nde.html	I wake up thinking of Jesus and pray to Him often throughout the day. Every so often (3 times since 2008), I get a feeling of calmness that is like my experience that day in the hospital with Jesus.
6275	Ned D NDE	https://www.nderf.org/Experience s/1ned_d_nde.html	Yes, I ask more questions to which I am still seeking answers
6279	Tara S NDE	https://www.nderf.org/Experience s/1tara_s_nde.html	My beliefs went from living beside me to living inside me. I am now one with my religious beliefs.
6280	Cory G NDE	https://www.nderf.org/Experience s/1cory_g_nde.html	I seek to learn more about spirituality and creation. I'm currently reading (or trying to read) the Urantia book.
6286	Brian G NDE	https://www.nderf.org/Experience s/1brian_g_nde_6286.html	This is described in my "long" story aforementioned.
6288	Anne N NDE	https://www.nderf.org/Experience s/1anne_n_nde_6288.html	Much more devoted to prayer, closer relationship with god, like reading the Bible now, but I am not here to preach, but I do know God wants me to tell people what happened, in case it might help them in any way. but that's up to them, not me.

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6292	William W NDE	https://www.nderf.org/Experience s/1william_w_nde_6292.html	I believe that the spiritual aspect of my life has changed drastically over the past 3 years. I had several events in my life that I was able to overcome because of my new outlook on life. My brother a Firefighter Paramedic committed suicide in July 2010 and found his body. If it wasn't for my new way of thinking I don't think I would've been able to handle it. I feel like I understand death and that its just part of life.
6297	Paula S NDE	https://www.nderf.org/Experience s/1paula_s_nde.html	as above said i think reigion is worthlesss, just a game people play. god is about love
6313	Frank S NDE	https://www.nderf.org/Experience s/1frank_s_nde.html	?
6315	Jon S NDE	https://www.nderf.org/Experience s/1jon_s_nde.html	I search for truths now that I can experience, and look for teachings that lead that way.
6316	Bill D NDE	https://www.nderf.org/Experience s/1bill_d_nde.html	I believe religion is a scam for profit and control. God is the consciousness around us. God is within.
6327	Sara C NDE	https://www.nderf.org/Experience s/1sara_c_nde.html	I feel I am a much better christian. Walking the words of God than ever before because I am sure that there is a life after death and no one can go there if he or she is \\
6336	Bret B NDE	https://www.nderf.org/Experience s/1bret_b_nde.html	Just that I got the validation of the faith I have basically had since I let Jesus into my heart when I was 18
6339	Odell H NDE	https://www.nderf.org/Experience s/1odell_h_nde.html	At the time I was too young to have a religious belief. Now I know that God is real and I truly believe in Him.
6342	Loni S NDE	https://www.nderf.org/Experience s/1loni_s_nde.html	I realized that religion and spirituality are two different critters.
6343	Rhonda R NDE	https://www.nderf.org/Experience s/1rhonda_r_nde.html	I ATTEND SERVICES MUCH MORE REGULARLY AND DO MORE FOR OTHERS. I ALSO SEEK THE WORDS OF GOD AND JESUS.
6344	Sheree F NDE	https://www.nderf.org/Experience s/1sheree_f_nde.html	I attend a different church.
6354	Erika R NDE	https://www.nderf.org/Experience s/1erika_r_nde.html	I am way more spiritual. I openly practice witchcraft. I study and read anything about the paranormal and spirituality. I want to make myself as good as a person as I can and make a positive impact while I'm here.
6356	Mary H NDE	https://www.nderf.org/Experience s/1mary_h_nde.html	I still don't practice in any congrgation, but I pray in my head before bed every night, and I ask God to keep my family, my parents, my son, and my sons father, and his mother, safe. I imagine the light over me and my loved ones every night, and ask for health and safety, for this world is a very dangerous place. And scary too. Death is nothing compared to living life.
6358	Peter N NDE	https://www.nderf.org/Experience s/1peter_n_nde.html	It made them stronger
6371	Robyn O NDE	https://www.nderf.org/Experience s/1robyn_o_nde.html	I don't feel that God has any expectations of me, we accepts me and supports me just the way I am.
6372	Arvind B NDE	https://www.nderf.org/Experience s/1arvind_b_nde.html	(My belief in God is more than what it as earlier)

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6376	Kathy S NDE	https://www.nderf.org/Experience s/1kathy_s_nde.html	I am a Unitarian-Universalist, very involved in my church. My congregation is a mix of people of many different beliefs, and I love the fact that we are all seekers, all open to knowing, no one is stuck on dogma.
6379	Mike R NDE	https://www.nderf.org/Experience s/1mike_r_nde_6379.html	I blieve alot more in the God above and I never really blieved in Guardian Angels until that time. Also that someone is looking down on me and protecting me like the Angels.
6385	Mira G NDE	https://www.nderf.org/Experience s/1mira_g_nde.html	Yes, I became a Hindu and was guided to the religion of my father.
6391	Tam NDE	https://www.nderf.org/Experience s/1tam_nde.html	I pray more, I am looking for an appropriate place to do good works and worship. I was pleased to tell my dear friend of 22 years who has lived next door as long about my NDE recently. She was dx with stomach CA June 30th and died July 30th. I told her and she told me that her dead sister was sitting in the room with her. She was conscious. Granted she was on heavy morphine but she seemed lucid. I told her very Catholic husband who just kept saying æI hope soÆwhen I told him he would see her again. Of course, the service was about seeing her again and they are frappin hypocrites.
6394	Enrique NDE	https://www.nderf.org/Experience s/1enrique_nde.html	I was rather sriritual now I can't help but believe for I now hav confirmation
6395	Marlene S NDE	https://www.nderf.org/Experience s/1marlene_s_nde.html	I quit attending church about 10 years ago. I am now returning to my Church in the past several months.
6396	Cristael B NDE	https://www.nderf.org/Experience s/1cristael_b_nde.html	My previous experience with the Great Eye at the age of 17 had a profound effect on my belief system. I wound up leaving Presbyterianism and becoming a solitary student of Gnosis.
6400	Johanna S NDE	https://www.nderf.org/Experience s/1johanna_s_nde.html	I no longer subscribe to any religious belief.
6405	Demi B NDE	https://www.nderf.org/Experience s/1demi_b_nde.html	I was only a kid, my parents made me go to Sunday School which I hated. To me they were all hypocrites. One of the most "religious" men I knew was our next door neighbor who tried on multiple occaisions to sexually abuse me. He'd have the Bible in one hand and his other hand under my skirt. As a kid I think I believed in a higher power, but knew it wasn't to be found in a church, at least not for me.
6406	Kathi S NDE	https://www.nderf.org/Experience s/1kathi_s_nde.html	I know there is a higher power. Whether it is a 'God' or not, I do not know. I know the higher power is one with us all, and that is where my spirituality lie.
6409	Sreenivasa M NDE	https://www.nderf.org/Experience s/1sreenivasa_m_nde.html	I am a strong god (almighty) believer before and after this episode
6412	Mona M NDE	https://www.nderf.org/Experience s/1mona_m_nde.html	I don't believe in organized religion
6417	John D NDE	https://www.nderf.org/Experience s/1john_d_nde_6417.html	spiritualism yes religious NO

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6428	Chantal L NDE	https://www.nderf.org/Experience s/1chantal_l_nde.html	I do not affiliate with any churches. I go to my own Temple for guidance and inspiration.	
6429	Gwen J NDE	https://www.nderf.org/Experience s/1gwen_j_nde.html	I spend more time in nature, especially in the mountains. The spiritual existence is what is most important in our life on this Earth. We aren't here necessarily to learn a lesson (although we do learn lessons when we stray off the path), but we are here to experience the joy of this place and the fellowship with all things.  I spend usually 40 minutes in chanting and meditation every morning and then yoga or Tai Chi before going to work. I was never that consistent before the accident.	
6430	Edward B NDE	https://www.nderf.org/Experience s/1edward_b_nde_6430.html	See 57	
6433	Zachary G NDE	https://www.nderf.org/Experience s/1zachary_g_nde.html	I believe in Buddhism.	
6437	Melanie E NDE	https://www.nderf.org/Experience s/1melanie_e_nde.html	You don't have to belong to a church to be a good person or have an after life.	
6443	Kate D NDE	https://www.nderf.org/Experience s/1kate_d_nde_6443.html	I believe in Jesus, Satan, God, life after death, and Heaven and Hell.	
6463	Donna G NDE	https://www.nderf.org/Experience s/1donna_g_nde.html	I am more spiritual and less religious. For a while, I went to lots of different churches, temples, synagogues, ashrams, workshops and meetings. Now I am content to practice my own spiritual rituals in private.	
6464	Marsha R NDE	https://www.nderf.org/Experience s/1marsha_r_nde.html	I incorporate a way of believing that is not all Judeo- Christian.	
6475	Evelyn vH NDE	https://www.nderf.org/Experience s/1evelyn_vh_nde.html	We never spoke about God in our house, while I was growing up. But the experience had a lot to do with my seeking out God once I was married and out on my own. I have a tremendous amount of faith today.	
6497	Bon A NDE	https://www.nderf.org/Experience s/1bon_a_nde.html	I have been studying the spiritual path ever since the NDE. I will continue on the path for as long as I exist.	
6499	Angel M NDE	https://www.nderf.org/Experience s/1angel_m_nde.html	I am no longer religious	
6505	Sandi R NDE	https://www.nderf.org/Experience s/1sandi_r_nde.html	I know that I know that God and heaven is real.	
6514	Christopher NDE	https://www.nderf.org/Experience s/1christopher_nde_6514.html	i understand that this world has other people on it as well and if i love them or care for them in order for me to try and be help for them i need to understand where i would be best helping there life meaning i can't help them fix a car if i have no skills wisdom in fixing cars	
6526	Julia O NDE	https://www.nderf.org/Experience s/1julia_o_nde.html	I used to think there was a heaven and a hell. I don't think that anymore. I just know there is God and that God is pure love and that we are a part of that.	
6528	Paul H NDE	https://www.nderf.org/Experience s/1paul_h_nde_6528.html	i feel certainly more spiritual and that there may be some super intelligence in the Universe which we can't comprehend	

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6532	Jobe S NDE	https://www.nderf.org/Experience s/1jobe_s_nde.html	I was baptised 6 months later, read the bible evryday and evangalize the word to the public
6546	Josef P NDE	https://www.nderf.org/Experience s/1josef_p_nde.html	Everyday, everytime I am trying to consult my decision with them. Before my final decisions (home or work) I always try to keep ruler - what is good and bad - if good then how many people will be influenced and unhappy. Majority must be always satisfy - this is my priority. No matter if one or two my friends (relationship)will be unhappy.
6549	Tamara J NDE	https://www.nderf.org/Experience s/1tamara_j_nde.html	I quit thinking of hell the way I used to and no longer condemn anyone.
6551	Polly R NDE	https://www.nderf.org/Experience s/1polly_r_nde.html	I definitely opened up to the possibility of an existence beyond the physical as a result of this experience. But it took years for me to find my spiritual path and to believe in God.
6557	Barry C NDE	https://www.nderf.org/Experience s/1barry_c_nde_6557.html	no more Catholic Church. I pray to God in me as well as outside now.
6562	David NDE	https://www.nderf.org/Experience s/1david_nde_6562.html	I am now a Christian
6563	Michael G NDE	https://www.nderf.org/Experience s/1michael_g_nde_6563.html	Yes, I no longer believe that death is the end of my existence. I have gradually fleshed out my new understanding of the universe by reasoning about what kind of a Universe would contain this type of consciousness. While I don't believe in a judeo-christian deity, I do believe that in general all religious and spiritual beliefs originate from our direct experience of an unending consciousness.
6564	Claire B NDE	https://www.nderf.org/Experience s/1claire_b_nde.html	I'm more willing to consider the possibility of life after death.
6567	Carol V NDE	https://www.nderf.org/Experience s/1carol_v_nde.html	Absolutely. I get frustrated with organized Christian Religions that I am familiar with. I am a believer in Christ only because I remember CHRIST from the other side. He was/is AWESOME.
6576	Sharon A NDE	https://www.nderf.org/Experience s/1sharon_a_nde.html	They are stronger than ever.
6581	Kathleen A NDE	https://www.nderf.org/Experience s/1kathleen_a_nde.html	I am ONE. All is one. There is only ISness. One isness flowing - being - moving.
6584	Peter N NDE	https://www.nderf.org/Experience s/1peter_n_nde_6584.html	I think I've dealt with this a fair bit above. However, I did become much more spiritually orientated after the experience. I would underline that I became spiritual not 'religious'.
6596	Wendy B NDE	https://www.nderf.org/Experience s/1wendy_b_nde.html	I believe so. I am drawn to being more open, more loving, more compassionate
6604	Ken M NDE	https://www.nderf.org/Experience s/1ken_m_nde.html	I FIRMLY BELEIVE IN A GOOD AND KIND GOD. BEFORE I WAS NOT SO SURE
6615	Sheryl NDE	https://www.nderf.org/Experience s/1sheryl_nde.html	I made them my own not anyone elses

		Query Changed Religious-S <sub>l</sub>	piritual Practices 8-17-23
Entry #	Post Name	URL	Describe Changed Religious-Spiritual Practices
6624	Colleen J NDE	https://www.nderf.org/Experience s/1colleen_j_nde.html	As above, I was young so didnt have belief before. I didnt have beliefs after either, it was a knowing and reality not something I believed.
6625	Nerka E NDE	https://www.nderf.org/Experience s/1nerka_e_nde.html	I excepted Christ
6628	Michael E NDE	https://www.nderf.org/Experience s/1michael_e_nde.html	i believe more now in jesus and god
6636	Robyn NDE	https://www.nderf.org/Experience s/1robyn_nde.html	well, they have enhanced. but I was never religious to begin with. only spiritual and accepting of all paths to the Divine as Sacred.
6639	Corey L NDE	https://www.nderf.org/Experience s/1corey_l_nde.html	I feel closer to God
6640	Joan S NDE	https://www.nderf.org/Experience s/1joan_s_nde.html	I no longer attend church services.
6645	Dharam S NDE	https://www.nderf.org/Experience s/1dharam_s_nde.html	I am more into Eastern meditation. I practice Kundalini Yoga religiously. I believe in both Jesus Christ and other wisdom traditions as my guides along with the angels in the NDE.
6657	Patricia B NDE	https://www.nderf.org/Experience s/1patricia_b_nde_6657.html	Yes I do not follow the madates of any organized religion,
6660	Jeffery O NDE	https://www.nderf.org/Experience s/1jeffery_o_nde.html	I no longer judge, I;m bot interested in being 'right; - i know that love is all there is and that God loves ALL of his children deeply and equally.
6672	Annette Q NDE	https://www.nderf.org/Experience s/1annette_q_nde.html	More open. I do not believe in one church anymore, but a universal God.
6674	Liam O NDE	https://www.nderf.org/Experience s/1liam_o_nde.html	I think it may have been a catalyst for other experiences.
6678	Miles NDE	https://www.nderf.org/Experience s/1miles_nde.html	Explored more intently than ever before Christianity, my faith in the context of the differing denominations and their traditions; as well as theological history. Also reflect on my developing sense of neo-transcendentalist Christian faith.
6683	Renee M NDE	https://www.nderf.org/Experience s/1renee_m_nde.html	I do not go to the church but am closer to God and more spiritual than ever. I go to actual healing groups in peoples homes. We heal each other and the world together
7263	Sonya M NDE	https://www.nderf.org/Experience s/1sonya_m_nde.html	I became more like an essic I seek knowledge and though knowledge we gain enlightenment
6697	Catherine NDE	https://www.nderf.org/Experience s/1catherine_nde.html	My spiritual beliefs and priorities have changed radically, but it took ten to twenty years for that to happen, so I am not sure if it is specifically as a result of the the experience or not.
6867	Blanca A NDE	https://www.nderf.org/Experience s/1blanca_a_nde.html	I pray more, I read the Quran daily, I am always researching information about my faith. I fast during Ramadan because I truly want to and not because I am expected to. I mingle more with people who practice Islam. I like to debate issues in Islam with like minded

	Query Changed Religious-Spiritual Practices 8-17-23			
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			people. I have an insatiable appetite for religious knowledge.	
7089	Sara J NDE	https://www.nderf.org/Experience s/1sara_j_nde.html	I have become a Buddhist and practice meditation regularly	
7313	Jacqueline HW NDE	https://www.nderf.org/Experience s/1jacqueline_hw_nde.html	I will just say I believe through my parents, Margret and John I was given the opportunity for spiritual openness.	
6692	Samantha H NDE	https://www.nderf.org/Experience s/1samantha_h_nde.html	I no longer believe in religious doctrine.	
7116	Lauren K NDE	https://www.nderf.org/Experience s/1lauren_k_nde.html	Big time!!! Check out the teachings of Paramahansa Yogananda.	
7433	Anna A NDE	https://www.nderf.org/Experience s/1anna_a_nde.html	Religious instiutions have no role. No form of control has any role. What we seek is within us.	
6694	Kathy K NDE	https://www.nderf.org/Experience s/1kathy_k_nde_6694.html	I'm much more informed about spiritual truths. I have no use for man made religion, it is just rote repetition and I believe it can hinder our relationship with God. There are a lot of good teachers but there is none better than God himself. I seek truth and I know it when I hear it and I have found many churches actually hinder God and there are others that actively seek to know and serve God and his children. There are good and bad churches.	
6711	Mark S NDE	https://www.nderf.org/Experience s/1mark_s_nde.html	After a freshly released Mormon Bishop schemed \$18,800 from me that was accounted for to fulfill a civil court order (v. a 30-day jail sentence), and my former Coptic Orthodox priest jumped to ask "was that the Devil you met with", I no longer believe in organized religion by human beings.	
6716	Clyde S NDE	https://www.nderf.org/Experience s/1clyde_s_nde.html	I know longer believe in heaven or hell of the bible.	
6730	Alan G NDE	https://www.nderf.org/Experience s/1alan_g_nde.html	Yes , I have joined a spiritualism Church because they have shown me about reincarnation and explained this experience to me	
6739	JB Rene A NDE	https://www.nderf.org/Experience s/1jb_rene_a_nde.html	I tend to believed other faiths toobecause nobody "up there" asked me what religion I belong to.	
6749	Anthony N NDE	https://www.nderf.org/Experience s/1anthony_n_nde_6749.html	I went from doubting that there is a G-d to not only believing, but converting to Judaism.	
6764	Greg A NDE	https://www.nderf.org/Experience s/1greg_a_nde.html	I talk more to the spirits I feel at times closer to truth.	
6776	Karen R NDE	https://www.nderf.org/Experience s/1karen_r_nde_6776.html	I've come to understand so much more-by just having faith and believing what's been shown me, not what society pushes people to do.	

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6788	Kate B NDE	https://www.nderf.org/Experience s/1kate_b_nde_6788.html	I left the Roman Catholic church for the Episcopal Church because I felt I was no longer Catholic. God loves me even though I was divorced and remarried.
6802	Garry R NDE	https://www.nderf.org/Experience s/1garry_r_nde.html	I keep searching for a religious / spiritual belief system that incorporates these experiences as a fundamental element.
6805	Bethany R NDE	https://www.nderf.org/Experience s/1bethany_r_nde.html	Absolutely I'm active now, I'm a ward missionary I'm endowed now and happier in my life now than iee ever been before I feel so certain about my life now an my life to come.
6806	Tonja BB NDE	https://www.nderf.org/Experience s/1tonja_bb_nde.html	I still choose not to choose a religion. I do pray and talk to Them quite often. I watch for the signs and I listen to Them. I am leaning towards reincarnation theories. I sometimes do not recognise myself in the mirror. This makes me wonder if we come back as different bodies over and over until we get it right.
6813	Martin J NDE	https://www.nderf.org/Experience s/1martin_j_nde.html	I now know that God is real and that Heaven is real.
6816	Ekterina R NDE	https://www.nderf.org/Experience s/1ekaterina_r_nde.html	god is more real than ever.our physical body is having difficulty catching up with all the experiences he can give us.
	Mukurarinda D NDE	https://www.nderf.org/Experience s/1mukurarinda_d_nde.html	yes,because I had to preach and in catholic church only priests preach, I had to be in a church where I have this opportunity to to so. I am a missionary, I served in Nigeria and I am in Rwanda working in a ministry called Rivers Missions Ministries (I am founder and President)
6823	Ashutosh S NDE	https://www.nderf.org/Experience s/1ashutosh_s_nde.html	i feel that God is with us all the time and to communicate with him one doesnt need to perform rituals, visit shrines or holy places. all i do is that i close my eyes, concentrate on the center of my forehead and search for him. thats the way i communicate to God.
6824	Jim T NDE	https://www.nderf.org/Experience s/1jim_t_nde.html	My beliefs have changed but my practices not so much. I still don't go to church on Sunday. I guess I worship God in my own way.
6832	Sara G NDE	https://www.nderf.org/Experience s/1sara_g_nde.html	Yes a little I feel that god or Jesus put in my mind that they r not a religion
6836	Karin S NDE	https://www.nderf.org/Experience s/1karin_s_nde.html	I did not realize how programed I was. Even the small choices were automated.
6846	Rhea T NDE	https://www.nderf.org/Experience s/1rhea_t_nde.html	Now I KNOW!!!
6861	Loni C NDE	https://www.nderf.org/Experience s/1loni_c_nde.html	I study the ancient texts now.
6865	Hope C NDE	https://www.nderf.org/Experience s/1hope_c_nde.html	I have felt God is always present and that this life is a gift for our souls to grow and help others grow. Every experience good or bad helps us to spiritual learn and grow.

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6871	Olivia S NDE	https://www.nderf.org/Experience s/1olivia_s_nde.html	It made me ask more questions and I realized the religion that I studied at the time didnt equal what I experienced. It made me follow less blindly and study more religions. Ultimately I decided religion is a man made construct and most have a nugget of truth but to many prejudices
6881	Maria SV NDE	https://www.nderf.org/Experience s/1maria_sv_nde.html	I believe and thank strongly to GOD, practises may come or not, they are not needed when you are in love and in peace, i meditate and also bring peace and more joy to groups of people.
6885	Sarah P NDE	https://www.nderf.org/Experience s/1sarah_p_nde.html	I live to hold Father and Mother Gods hands, not as earthly people deem it, with hurting others etc, but in truth to seek love and study and search for anything about God love heaven etc. I don't buy some dogma delivered by others. I just never want to hurt anyone or anything, but am always tripping over my own two big feet, but I just want to hide under the metaphorical wings of Spirit, for life is too hard mostly on this earthI long for more.
6896	Joan LH NDE	https://www.nderf.org/Experience s/1joan_lh_nde.html	I went from Catholic to New Thought.
6913	Irving K NDE	https://www.nderf.org/Experience s/1irving_k_nde.html	FOR MOST OF MY LIFE I WAS AGNOSTIC BUT WITH THE DAWNOF MY SPIRITUALISM, THIS EXPERIENCE HAS BEEN THE CORNERSTONE.
6915	Jane A NDE	https://www.nderf.org/Experience s/1jane_a_nde.html	I practice praying an mindfulness if unhappy
6921	Kevin A NDE	https://www.nderf.org/Experience s/1kevin_a_nde.html	not religious
6925	Atlanta NDE	https://www.nderf.org/Experience s/1atlanta_nde.html	I quit attending fundamental churches although it caused problems in my marriage.
6936	Jeff S NDE	https://www.nderf.org/Experience s/1jeff_s_nde.html	It had too. It is apart of me. Not the organized religion. They dont get it. The one that is in my heart and all around me. The Truth!!
6939	Lael NDE	https://www.nderf.org/Experience s/1lael_nde.html	I am just more firmly convinced of the existence and love of God.
6940	Hope R NDE	https://www.nderf.org/Experience s/1hope_r_nde.html	Already answered this.
6943	Linda S NDE	https://www.nderf.org/Experience s/1linda_s_nde_6943.html	I DON'T PRACTICE THE RELIGION I WAS BORN INTOCATHOLIC
6945	Bob R NDE	https://www.nderf.org/Experience s/1bob_r_nde.html	I tried to be an atheist much of my adult life, but it just wouldn't take. I knew too much. Eventually because of my experience I was able to take a look at my spiritual side.
6967	Matthew P NDE	https://www.nderf.org/Experience s/1matthew_p_nde.html	I would say no, because it was years later that I considered other faith options, I'm fairly a pantheist these days and believe we continue, my experience makes me sure of this.

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6992	Yazmine S NDE	https://www.nderf.org/Experience s/1yazmine_s_nde.html	I have looked into many different spiritual pathsdesperate I was to find something like meTibetan Buddhism came close. I receive a lot of messages from beyond this realm and I used to write it all down but these days I don't though it is difficult as I carry a lot of unexpressed information which I feel is needing release. This is constant, the messages are from 'above' as it were and some of it seems imperative but where would one express such sentences, I do not know.
7001	Debbie P NDE	https://www.nderf.org/Experience s/1debbie_p_nde.html	Not a church goer. I do not believe in judgement or being saved.
7054	Gillian M NDE	https://www.nderf.org/Experience s/1gillian_m_nde.html	I talk to "them, God, Creator, whatever" a lot more and express gratitude for many things that I used to take for granted.
7057	Lani K NDE	https://www.nderf.org/Experience s/1lani_k_nde.html	Closer in my faith and God.
7060	Donald C NDE	https://www.nderf.org/Experience s/1donald_c_nde.html	Never is my spiritual focus too far away from whatever is going on. Or what appears to be going on.
7064	Donna J NDE	https://www.nderf.org/Experience s/1donna_j_nde.html	God was a part of my upbringing, but at the age of five, I suspect I hardly had much of a testimony.
7074	Harris B NDE	https://www.nderf.org/Experience s/1harris_b_nde.html	probably more definite beliefs in a supreme being and an afterlife
7086	Jill W NDE	https://www.nderf.org/Experience s/1jill_w_nde.html	I know I will have the experience again, regardless of how many times I attend church.
7095	Brandon C NDE	https://www.nderf.org/Experience s/1brandon_c_nde.html	I now read constantly in the areas of philosophy, religion, the universe, quantum physics, Biocentrism, and follow my new creed, which is only to have compassion and love for everyone, and even the earth itself.
7109	Catherine A NDE	https://www.nderf.org/Experience s/1catherine_a_nde_7109.html	since childhood they have. but the last 30 years I have had the same belief I had when I had my near death experience. I believe we are all one. I also believe in past lives being there for our learning. but only to explore if you are stuck in this lifetime with no joy. I am always looking for the highest good of a person and reflecting that back to them so we can find meaning and purpose for their lives. I do this with allot of different tools. depending on the client. and what i am picking up for them. I do not dig up negative stuff. thats not my job. I am only looking the the best in you. because that is what my gift is. if the person is stuck on past lives I help them see past it to grow. I dont know if I am making sense. I am a better communicator then writer.
7145	Haze NDE	https://www.nderf.org/Experience s/1haze_nde.html	stronger in my knowing of god
7153	Romy NDE	https://www.nderf.org/Experience s/1romy_nde.html	Yes, because I heard that Jewish traditional prayer after I woke up, welcoming the angels of peace, and that was very loud and strong, I opened to the Jewish religion.

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7155	Cali NDE	https://www.nderf.org/Experience s/1cali_nde.html	I used to always pray that God look after my mother and tell her I love her. Today I do not ask God to do that for my parents. If there is an afterlife in which we remain ourselves, I am sure they know. If not, it's too late to ask Him.
7157	Kathy VB NDE	https://www.nderf.org/Experience s/1kathy_vb_nde.html	I practice religion and have become a spiritual person as well. I have my views on my religion and what I agree and don't agree with but my spiritual focus is growing all the time.
7159	Timothy A NDE	https://www.nderf.org/Experience s/1timothy_a_nde.html	I believe in god but not what the church teaches.
7166	Serge D NDE	https://www.nderf.org/Experience s/1serge_d_nde.html	More free brighter thinking, more open what Life gives to us
7170	Mary W NDE	https://www.nderf.org/Experience s/1mary_w_nde_7170.html	More involved
7172	Steve T NDE	https://www.nderf.org/Experience s/1steve_t_nde_7172.html	I have no earthly religious beliefs I feel they all have a different link to the same chain I know something powerful exists but not what it is and feel they dont either BUT not my place to say so to any EVER
7177	Rebecca P NDE	https://www.nderf.org/Experience s/1rebecca_p_nde.html	I returned to claiming myself as a Christian because shortly after the experience Christ came to me in a dream, and several significant spiritual signs led me to understand who Christ was and what it means to have him as a role model in my life. I continued to read and appreciate other religions centered around lessons in divine love as well.
7181	Kristine J NDE	https://www.nderf.org/Experience s/1kristine_j_nde.html	I expect this will be or is changing. I want to be much more spiritual and religiously involved. I think religion is less important than I did before but at the same time I want to cultivate some of what I experienced.
7182	Marny NDE	https://www.nderf.org/Experience s/1marny_nde.html	I believe I have become more religious with age and other experiences.
7188	Ronnie D NDE	https://www.nderf.org/Experience s/1ronnie_d_nde.html	I am more in tune with attitudes values and beliefs.
7196	Rebekah J NDE	https://www.nderf.org/Experience s/1rebekah_j_nde.html	Because I know my spirit goes on.
7200	Michael DP NDE	https://www.nderf.org/Experience s/1michael_dp_nde.html	Before the experience, i was just a boy brought up in a strict Christian home but not commmited. After the experience, i slowly became agnostic and later to Christianity
7203	Amanda NDE	https://www.nderf.org/Experience s/1amanda_nde.html	Since the age of 14 I have read so much books on New Age, Miracle, Dreams, Hypnosis, Bible, Egypt, Life After Death, quntum Physics etc.
7209	Robyn F NDE	https://www.nderf.org/Experience s/1robyn_f_nde.html	Yes, I am very careful what I ask for. I make efforts to be consistent in thought, word and deed.
7210	Michael Joseph NDE	https://www.nderf.org/Experience s/1michael_joseph_nde.html	Explained above

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7219	Gail A NDE	https://www.nderf.org/Experience s/1gail_a_nde.html	I don't go to church anymore
7234	Penny C NDE	https://www.nderf.org/Experience s/1penny_c_nde.html	I just don't believe everything that's told to me. I read a lot on my own to find the answers I wish to receive, as well as not believing that I have to belong to a "church building" to be one with my creator.
7237	Malavika H NDE	https://www.nderf.org/Experience s/1malavika_h_nde.html	Like I said earlier I pray now, whenever I need inner peace. Initially I would cry myself to sleep or starve myself.
7238	Francesca NDE	https://www.nderf.org/Experience s/1francesca_nde.html	Can't say 100% because of the accident but I knew I am here for a reason and I found it when I found the teachings of Buddha and when I became more accepting of the experience.
7245	Brenda R NDE	https://www.nderf.org/Experience s/1brenda_r_nde.html	I see that religions are very narrow minded with their legalities. One believes this way and must do this. Another believes this way and must do it this way. I have been to Baptist, Catholic, Free Methodist, United Methodist, Weselyn, Assembly of God churches but they do not sway me on their ways. I believe in God and Jesus but not the churches rituals. I am deeper than I was when it occurred. Then I was very religious but now I am very spiritual.
7251	Mary C NDE	https://www.nderf.org/Experience s/1mary_c_nde.html	Went from organized religion to personal spirituality
7271	Salem NDE	https://www.nderf.org/Experience s/1salem_nde.html	ALL RELIGIONS ARE UNTRUE GOD IS REAL
7274	Tommye R NDE	https://www.nderf.org/Experience s/1tommye_r_nde.html	Subtle but real change. Extreme sensitivity now as compared to before. I hurt when I see anyone hurt, even a bug!
7275	Jo B NDE	https://www.nderf.org/Experience s/1jo_b_nde.html	Now I meditate, read, and practice love.
7277	Haley T NDE	https://www.nderf.org/Experience s/1haley_t_nde.html	Religion is made by man. You do not need a chapel to pray in. God is everywhere.
7291	Karin F NDE	https://www.nderf.org/Experience s/1karin_f_nde.html	Yes I do not believe I need to go to church and the bible is all about installing fear. Fear actually kills love.
7303	Bella J NDE	https://www.nderf.org/Experience s/1bella_j_nde.html	I know God is everywhere and hears every word and thought and does listen to prayers and answers them though I joke that God's interpretation of a prayer is much different than the intentions of the one praying. I say this with good reasonand have realized sometimes we take ourselves too seriously
7325	Marie W NDE	https://www.nderf.org/Experience s/1marie_w_nde.html	I'm an ordained minister, non-affiliated. I have daily spiritual practices that I do regularly.
7331	Cassandra P NDE	https://www.nderf.org/Experience s/1cassandra_p_nde.html	In one way, yes. Looking back, I have understand the notion of freewill ever since. No one told me to return to life. It was my choice. As a child, I used to pray for people's healing. Today I give

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Entry #	Post Name	URL	Describe Changed Religious-Spiritual Practices
			them whatever I can to assist their healing, physical, mental or spiritual comfort, so they or their bodies can choose to heal. It also introduced certainty into my belief that life continues without the physical body. I believe what I have experienced.
7335	Wanda K NDE	https://www.nderf.org/Experience s/1wanda_k_nde.html	Searching, seeking wisdom where ever it comes from. The joy of being, spiritual and physical healing.
7336	Cyanrose J NDE	https://www.nderf.org/Experience s/1cyanrose_j_nde.html	Later on, but yes, I pray everyday, I have tried to live to my promise to God.
7343	Robert T NDE	https://www.nderf.org/Experience s/1robert_t_nde_7256.html	I find holes in organized religion that I dont really care fori see flaws and ironically I dont see flaws in others any longer but I do in organized religionI have become more spiritual in ways I never knew existedi realize god is everywhere and most importantly inside each of us
7346	Gary J NDE	https://www.nderf.org/Experience s/1gary_j_nde_7346.html	I believe my core Catholic teachings. The "real" words of God and Christ.
7352	Sam J NDE	https://www.nderf.org/Experience s/1sam_j_nde_7352.html	I've become a Medicine Man/Shaman. I didn't set out to do that. It just happened. It took five years to earn that right. As the Medicine Man that help me along the way said, "I have never seen Great Spirit test anyone like you have been tested." He calls me a white man's Medicine Man.
7356	Tina S NDE	https://www.nderf.org/Experience s/1tina_s_nde_7356.html	Religion is so much more meaningful to me now, I feel a connection
7963	Rick I NDE	https://www.nderf.org/Experience s/1rick_i_nde.html	I only go to church on special occassions because I know God is in my hear, not in the church. Its a very personal thing for me now.
7669	Mark R NDE	https://www.nderf.org/Experience s/1mark_r_nde.html	I digged deeper, to find if I could see any references to NDE's in the bible. There were a few, but one of the most is from a book that is not in it, the book of Enoch. I believe he had to have experienced this by what he described.
7888	Joan K NDE	https://www.nderf.org/Experience s/1joan_k_nde_7888.html	I do not believe we need to feel as guilty as the Catholic Church wants us to feel
8137	Newt J NDE	https://www.nderf.org/Experience s/1newt_j_nde.html	See earlier responses
7361	Maggie S NDE	https://www.nderf.org/Experience s/1maggie_s_nde_7361.html	I trust in the spirit world/it offers many good teachings I validate the religious world in that the spirit world must have vessels/rituals within which to communicate/facilitate
7362	Donna GV NDE	https://www.nderf.org/Experience s/1donna_gv_nde.html	I am more open to people whom are good people with good intentions.
7366	Joshua L NDE	https://www.nderf.org/Experience s/1joshua_l_nde.html	I was to young to have any beliefs.
7373	Wendy G NDE	https://www.nderf.org/Experience s/1wendy_g_nde.html	God does exist and you need to spread love to "thy neighbor".

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Entry #	Post Name	URL	Describe Changed Religious-Spiritual Practices
7375	Barbara S NDE	https://www.nderf.org/Experience s/1barbara_s_nde.html	During my 20's and 30's I studied many religions and I guess now I believe in reincarnation or the continuation of the development of the soul through different lives. that is the only thing that makes sense to me because after going to other side I know I have been there before and since I am living now it only makes sense that I have done this more than once. How else are you going to continue learning if you only have a few measly years in one life?
7382	Bob M NDE	https://www.nderf.org/Experience s/1bob_m_nde_7382.html	once again how do I know. I feel sure thyy have but I have little to prove that
7388	Otto J NDE	https://www.nderf.org/Experience s/1otto_j_nde.html	l love meditation
7392	Kevin E NDE	https://www.nderf.org/Experience s/1kevin_e_nde.html	I am Sufi Muslim because I believe Christianity is too limiting to humans. Isa/Jesus taught that we are to pray to GOD (Allah), the father, not to him or others. He taught the two most important things were to: 1) Love GOD with all your hearts, 2) love your neighbor the same.
7396	Marsha T NDE	https://www.nderf.org/Experience s/1marsha_t_nde.html	My search for spirituality ended. The meaning of Gnostic is "seeker of truth " and because I experienced this I found some truth. It sent me on a quest to eliminate dogma from modern religion. It was easy to do (but hard to explain here).
7397	Mary Ann P NDE	https://www.nderf.org/Experience s/1mary_ann_p_nde.html	I don't believe in all the stories in the bible, and for God, there is a higher power, does he have a name, I don't know.
7410	Zoe C NDE	https://www.nderf.org/Experience s/1zoe_c_nde.html	I firmer in my belief that life on earth is temporary and that it a place where we prepare for a life in a higher dimension that will surely happen when we have completed our purpose on earth.
7415	Luis H NDE	https://www.nderf.org/Experience s/1luis_h_nde.html	I go to church every Sunday and thank god every day for the life and opportunity he has given me to live this life.
7417	Nichole BD NDE	https://www.nderf.org/Experience s/1nichole_bd_nde.html	At the time of the NDE I was searching in everything for the meaning and purpose in life. I desperately wanted to understand what happened after death, what are we here for, how do we get here all the big questions. I studied Astrology, Tarot, Rune Stones, all kinds of spiritual gurus, channeling, native American philosophies, World religion classes, auras, crystals, hypnosis, past life reincarnation and the list can go on an on. I was searching for answers anywhere and everywhere. Trying to follow the rituals etc. After the NDE I realized none of those things were necessary because the answers are all within and I had be given a magnify glass. I still played with all the fun stuff for awhile but I know I don't need it to know.
7419	Gabby G NDE	https://www.nderf.org/Experience s/1gabby_g_nde.html	I am no longer Christian or in organised religion

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Entry #	Post Name	URL	Describe Changed Religious-Spiritual Practices
7439	Farrah NDE	https://www.nderf.org/Experience s/1farrah_nde.html	I am more open
7441	Sherry S NDE	https://www.nderf.org/Experience s/1sherry_s_nde.html	There is one God, no religion is right or wrong.
7442	Marney N NDE	https://www.nderf.org/Experience s/1marney_n_nde.html	It didn't happen all of a sudden. It was a series of events and one day I put my hand on my bible and said 'I am ready, show me the way' and He allowed me to see I was around 40 years old.
7443	Vernon C NDE	https://www.nderf.org/Experience s/1vernon_c_nde.html	still meditate etc daily
7447	Valeria M NDE	https://www.nderf.org/Experience s/1valeria_m_nde.html	Not right after that but started
7454	Marc M NDE	https://www.nderf.org/Experience s/1marc_m_nde.html	spirit is my home
7460	Sally S NDE	https://www.nderf.org/Experience s/1sally_s_nde_7460.html	I have become much more spiritual.
7469	Penny W NDE	https://www.nderf.org/Experience s/1penny_w_nde.html	I feel spirits near. I am able to relate to people information that spirits give me for them. I have had one experience where I felt overpoweringly compelled to pick up a pencil and paper. When I did I fell into a trance like state and wrote three pages. When I read them back, they were not in my handwritingit was completely different, on the last page the words were in a circle. The message was an assurance of the existence of God.
7481	Dr. Jean Renee H NDE	https://www.nderf.org/Experience s/1jean_renee_h_nde.html	Stronger. I have way better all day long time of personal relationship with God. In my operating room, I always command anything evil to leave the room never to return, by the blood of the lamb, and in the name of Jesus. My scrub tech Jeff knows that when I say to open the door, that I'm telling get this thing of evil leave the room. This isn't anything magical in me at all. It's just that I know if I call upon God, he's there.
7484	Akshatha K NDE	https://www.nderf.org/Experience s/1akshatha_k_nde.html	i meditate more, i have a strong belief in the positive spirits in the life. the message the universe is giving, its almost like my third eye is opened for ever.
7487	Richard H NDE	https://www.nderf.org/Experience s/1richard_h_nde_7487.html	BETTER
7493	Charles G NDE	https://www.nderf.org/Experience s/1charles_g_nde.html	I believe in the laws of attraction and karma. There is no death!
7503	Blaine S NDE	https://www.nderf.org/Experience s/1blaine_s_nde.html	The way I pray changed. I dont ask for things. I just close my eyes and try to imagine myself in Gods care.
7506	Alana G NDE	https://www.nderf.org/Experience s/1alana_g_nde.html	Yes, I go way beyond the boundaries that most "churches" have in place so not always welcome and understood. oh well!!!
7511	Carson D NDE	https://www.nderf.org/Experience s/1carson_d_nde.html	I am more spiritual, I don't attend church of any sort, but I have deep connection to God.

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7516	Jennifer W NDE	https://www.nderf.org/Experience s/1jennifer_w_nde_7516.html	Before, after losing my religion and rebelling against Southern Baptist christianly, I kind of did whatever I wanted for years without spiritual comfort or direction. After the NDE all I needed was provided through a spiritual spigot so to speak until I really woke up five years after, when my spirit decided to return from floating in space, because when i was blasted back into my body so fast, a part of me stayed up there. As far as spiritual, I became the epitome of that word afterwords, whereas before, I was a leaf in the wind.
7536	Lonnie L NDE	https://www.nderf.org/Experience s/1lonnie_l_nde.html	My spiritual beliefs have strengthened.
7625	Gray W NDE	https://www.nderf.org/Experience s/1gray_w_nde.html	Not by much, but I am more conscious of the meaning of religion for others, and I am more disposed to feel compassion for the religious minded, even when I believe they have it all wrong.
7795	Katie W NDE	https://www.nderf.org/Experience s/1katie_w_nde.html	I am not stuck on demnominations.
7930	Paul D NDE	https://www.nderf.org/Experience s/1paul_d_nde.html	I stopped going to church or feel obligated trough religion as sold to me. I on the other side became more a believer. A total one :)
7525	Kate L NDE	https://www.nderf.org/Experience s/1kate_l_nde.html	I am more aware there is a God, but I still question some of my churches beliefs.
7526	Leonard K NDE	https://www.nderf.org/Experience s/1leonard_k_nde.html	Christian services leave me feeling empty. The rituals we have created to worship God do little for me. I hate it when I hear religious leaders stressing that individuals are not as important to God as groups of people who worship together.
7533	Sebastian X NDE	https://www.nderf.org/Experience s/1sebastian_x_nde.html	I'm living
7537	Jeanne ZS NDE	https://www.nderf.org/Experience s/1jeanne_zs_nde.html	Much more religious. I practice Metaphysical Judaism as opposed to Conservative.
7546	Donna W NDE	https://www.nderf.org/Experience s/1donna_w_nde_7546.html	I no longer can accept organized religion. I look at it as a controlling factor. I do believe there is an energy source that we are all connected to. I do believe in reincarnation. I do believe although we are connected that it is an inside job and we have to fix ourselves first. I do believe we have something that guides us if we pay attention to it. I do believe that what is out there is stronger than us but in a benign way.
7548	Jeffrey B NDE	https://www.nderf.org/Experience s/1jeffrey_b_nde.html	I don't go to church much. I know the love is everywhere. And I see organized, formalized religious services as not fulfilling, like a small appetizer, and having to wait years and years to eat. It's frustrating. And it only reinforces how much I miss the "light experience".
7552	Ysel NDE	https://www.nderf.org/Experience s/1ysel_nde.html	I know there is a God I know there is someone after life that takes you somewhere and you feel a lot of peace you feel beautiful

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7555	Rachel G NDE	https://www.nderf.org/Experience s/1rachel_g_nde.html	I respect all religion.
7574	Chanse R NDE	https://www.nderf.org/Experience s/1chanse_r_nde.html	Religion is not what I experienced
7575	Hailey M NDE	https://www.nderf.org/Experience s/1hailey_m_nde.html	I'm more spiritual and awake than I was previously. I seek knowledge and am always trying to see the bigger picture.
7578	Scott W NDE	https://www.nderf.org/Experience s/1scott_w_nde.html	I didn't have any preference in organized religion prior and most certainly not now. I do practice Shamanism I do love the mysticism of the Shaman
7580	Jacob NDE	https://www.nderf.org/Experience s/1jacob_nde.html	I completely jettisoned the cage of judeo/christian moral leprosy and began a journey that would take me to the heights of isolate intelligence and self-centric philosophical inquiry.
7581	Alan S NDE	https://www.nderf.org/Experience s/1alan_s_nde.html	YES: Know that I am the Hand within the glove and not the glove has made all the difference.
7597	Andrew G NDE	https://www.nderf.org/Experience s/1andrew_g_nde_7597.html	I am more interested in the beliefs of 20 years ago when I strongly believed in life after death. It's not as easy when death becomes a real thing.
7602	Mira S NDE	https://www.nderf.org/Experience s/1mira_s_nde.html	Have become spiritual rather than religious. More on the One God as He is Omnipresent Focus on Non duality, not duality. Oneness of all brotherhood of man.
7603	Mindy B NDE	https://www.nderf.org/Experience s/1mindy_b_nde.html	I am in constant prayer.
7610	Jayne S NDE	https://www.nderf.org/Experience s/1jayne_s_nde.html	No doubt in y mind, God is real.
7617	Mike M NDE	https://www.nderf.org/Experience s/1mike_m_nde.html	I devote as much time as I can to facilitate underprivelidged children in their efforts to get an education. The children that I work with are like my own children.
	Rev. Dr. Robert Joy	https://www.nderf.org/Experience s/1robert_j_nde.html	Not really changed but my conviction of their reality is absolute.
7626	Randall R NDE	https://www.nderf.org/Experience s/1randall_r_nde.html	Attending church regularly
7641	Javier G NDE	https://www.nderf.org/Experience s/1javier_g_nde.html	changed from average at the time of the event, to little belief and then powerful beliefs, after years of other events.
7647	Phil S NDE	https://www.nderf.org/Experience s/1phil_s_nde.html	It may have led to a more open -minded & tolerant view of religion in that even though I still don't believe that the mainstream religions are accurate or go far enough in their scope of what spirituality is all about they are better than believing in nothing.
7649	Mrs. Grace NDE	https://www.nderf.org/Experience s/1mrs_grace_nde.html	I try to see God in people.My conscience is more clear.I believe that God loves us
7656	Tom A NDE	https://www.nderf.org/Experience s/1tom_a_nde.html	pray without the doubt now

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7658	Joanne L NDE	https://www.nderf.org/Experience s/1joanne_l_nde.html	I now believe in universal energy and that we are all inter connected with this vibrational energy of love. I feel at one with nature. I prefer natural remedies than chemical drugs and generally feel more in tune with the natural things in life. I am very drawn to the universe around our planet.
7676	Neha S NDE	https://www.nderf.org/Experience s/1neha_s_nde.html	My religious beliefs remain the same. All religions give the same message and they are all correct. The older religion 'beliefs and morals' are more accurate simply because the first people on Earth were more in touch with their spiritual life and reflected it better in their lives.
7680	Anthony S NDE	https://www.nderf.org/Experience s/1anthony_s_nde.html	Just more aware!
7686	Michael F NDE	https://www.nderf.org/Experience s/1michael_f_nde_7686.html	I pray deeply as much as poossible on the daily as soon as i wake up i say a serenity prayer and beg for help and i thank him at night
7698	Spencer O NDE	https://www.nderf.org/Experience s/1spencer_o_nde.html	Meditation
7701	Saurabh C NDE	https://www.nderf.org/Experience s/1saurabh_c_nde.html	i have become more confused about my spiritual side. i was never and still am not religious.
7711	Udaya N NDE	https://www.nderf.org/Experience s/1udaya_n_nde.html	I am very spiritual now and believes in oneness of this universe.
7716	Elizabeth T NDE	https://www.nderf.org/Experience s/1elizabeth_t_nde.html	Before, I wondered if there was an afterlife. Now I know there is a heaven, because I went to heaven.
7724	Stephanie R NDE	https://www.nderf.org/Experience s/1stephanie_r_nde_7724.html	My religious belief was strengthened.
7726	Brian P NDE	https://www.nderf.org/Experience s/1brian_p_nde.html	I meditate now, spend time inside of myself and try unsucessfully, to feel the same calm.
7734	Steven K NDE	https://www.nderf.org/Experience s/1steven_k_nde.html	I have a much deeper believe and faith in God and my Saviour Jesus Christ!
7738	Ginny H NDE	https://www.nderf.org/Experience s/1ginny_h_nde.html	I do not question the church as I did before.
7740	Frank H NDE	https://www.nderf.org/Experience s/1frank_h_nde.html	I still have to find the right venue for me to practice my beliefs.
7743	Duane S NDE	https://www.nderf.org/Experience s/1duane_s_nde.html	I became a meditator and have for the intervening time use that as a daily exercise. I eventually became aware of the exhortation and the Christian Bible that says pray without ceasing. My fervent prayer has been that I can live my life in total awareness of who I am, and in contact with the inner knowingness at all times. Sometimes I can, and sometimes I don't.
7747	Jeanne MK NDE	https://www.nderf.org/Experience s/1jeanne_mk_nde.html	see narrative
7760	Marta M NDE	https://www.nderf.org/Experience s/1marta_m_nde_7760.html	I am detached from religion and trusting my inner guidance more and more, because of that I found many answers. I stopped putting my power away and started

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			to become confident I have some wisdom and should trust it more than others. I don't have a guru, but Jesus Christ words (not the Bible and not what men said about him) of loving others and forgiving, I think it's all the religion the world needs. For that I always consult Him.	
7764	John D NDE	https://www.nderf.org/Experience s/1john_d_nde_7764.html	Some aspects of christianity have changed, such as the idea of hell.	
	GaeLawree C NDE	https://www.nderf.org/Experience s/1gaelawree_c_nde.html	I believe in God differently than the traditional Christian's who don't believe we could die and return. Or that we could experience super natural beings.	
7772	Deborah H NDE	https://www.nderf.org/Experience s/1deborah_h_nde.html	I now know that we get judged, that's what I took back with me.	
7779	William L NDE	https://www.nderf.org/Experience s/1william_l_nde_7779.html	No longer believe in any organized religion. Yet, at the same time I have personal proof of the existence of consciousness without a body so there must be something or someone that made that possible. I wish I knew who.	
7780	Joseph C NDE	https://www.nderf.org/Experience s/1joseph_c_nde.html	After remembering, recently, I am more religious and mindful of not sinning or trying not too and fearful of sinning or even cutting grass ort stepping on an ant as all life is precious to God.	
7785	Thomas M NDE	https://www.nderf.org/Experience s/1thomas_m_nde_7785.html	I now talk internally with my dead sister and grandmother, as well as other people who have passed away.	
7791	Amber I NDE	https://www.nderf.org/Experience s/1amber_i_nde.html	At the time I was a teenager, however I was involved with the Methodist church. I do not attend a church but feel that my belief system and spirituality is much stronger because of the experience.	
7799	Goldie T NDE	https://www.nderf.org/Experience s/1goldie_t_nde.html	I've researched every religion I could find and then researched deeper created my own practices that meet my needs for me it's all quite private and personal	
7812	Melisa A NDE	https://www.nderf.org/Experience s/1melisa_a_nde.html	It is as much a part of me as my eyes. It is no longer pigeon-holed to Sunday or a church.	
7816	Tim B NDE	https://www.nderf.org/Experience s/1tim_b_nde7816.html	church is meaningless. I participate in daily prayer with the spirits that have made themselves known to me. I talk to them in dreams and get messages other ways too.	
7832	Thomas A NDE	https://www.nderf.org/Experience s/1thomas_a_nde.html	It had nothing to do with Jesus. That all just went away.	
7834	John B NDE	https://www.nderf.org/Experience s/1john_b_nde_7834.html	As stated earlier, it is no longer outside but inside or 'of' my own sense of self. What I do is no longer about faith, but to achieve certain states/experience.	
7839	Sharon NDE	https://www.nderf.org/Experience s/1sharon_nde.html	prayer and constant conversation with God	
7855	Philip S NDE	https://www.nderf.org/Experience s/1philip_s_nde.html	Yes I was Christian, but because of the Spiritual contacts I have had over the years I decided to fully embrace Witchcraft back in 2006 to better understand the occult	

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			world and alternate way to look at our divine. Although Witchcraft is not a religion in itself it is specifically forbidden in most Christian Doctrines, but my directive from the royal figure is to live my life to the best of my abilities and not be afraid to exlore the different views that are out there!
7858	Oscar C NDE	https://www.nderf.org/Experience s/1oscar_c_nde.html	I now believe in Jesus and that we live on in spirt.
7863	Sherry B NDE	https://www.nderf.org/Experience s/1sherry_b_nde.html	More spiritual, less religious.
7865	Cindy S NDE	https://www.nderf.org/Experience s/1cindy_s_nde_7865.html	I am certain of GOD'S existence.
7885	Sonya N NDE	https://www.nderf.org/Experience s/1sonya_n_nde.html	I know God of the old testament the angry God of wrath is very real. Its not all 'gentle Jesus meek and mild' the God of the Old testament is very much the God of the New testament! Malachi says the Lord DOESNT CHANGE. Christians make out like He is all grace now and New Age people are soppy its all LOVE but love is more than soppy. He chastens those he loves. I know He loves me. I know He allowed the criminal attack BECAUSE He loves me enough to rebuke me and correct me. It is a false preception to think that God doesnt get angry. He is very very patient and tolerant but there comes a point where He goes THAT IS ENOUGH! or STOP IT!
7887	Susan M NDE	https://www.nderf.org/Experience s/1susan_m_nde.html	I am more open to believing in god than I was before.
7892	Francine B NDE		n/a
7913	Debbie NDE	https://www.nderf.org/Experience s/1debbie_nde_7913.html	
7922	Mary M NDE	https://www.nderf.org/Experience s/1mary_m_nde_7922.html	I no longer adhere to any specific religious philosophy or dogma.
7924	Dale B NDE	https://www.nderf.org/Experience s/1dale_b_nde.html	I have moved more to the Buddhist way of thinking
7927	Michelle B NDE	https://www.nderf.org/Experience s/1michelle_b_nde.html	My beliefs have evolved over the years, from wondering who the real God is, to knowing that the real God is within me and I, in God. I am more spiritual.
7936	Sharon D NDE	https://www.nderf.org/Experience s/1sharon_d_nde_7936.html	Yes I have stopped searching for a specific religion to follow. All have some of the puzzle pieces, but no single one has the complete picture.
7951	Michelle H NDE	https://www.nderf.org/Experience s/1michelle_h_nde_7951.html	I definitely believe in a life after this and God. I do believe in Reincarnation.
7958	Sheila B NDE	https://www.nderf.org/Experience s/1sheila_b_nde_7958.html	Was only Godbut this made me question my belief and still am researching
7965	Miia H NDE	https://www.nderf.org/Experience s/1miia_h_nde.html	Some of my beliefs have grown stronger, while some have lost their meaning. I'm still part of protestant Christian church just like at the time of my experience.

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			I'm not practising Christian though - I actually consider my beliefs to be closer to New age or Buddhism. I still belong to Christian church, because it had an important role in my life when I was growing up, and I think their work with underproviledged people is great.
7971	Stephanie A NDE	https://www.nderf.org/Experience s/1stephanie_a_nde.html	I KNOW and believe in G-d and the existence of the Afterlife and the power of prayer/healing 100%.
7981	Steven D NDE	https://www.nderf.org/Experience s/1steven_d_nde.html	I am a christian and will not deny thatbut I feel very uncomfortable in any churchmy church is natureour planetin any innocent child
8010	Bobby R NDE	https://www.nderf.org/Experience s/1bobby_r_nde.html	I focus on creating a relationship and not worship.
8022	Celso NDE	https://www.nderf.org/Experience s/1celso_nde.html	I became a Spiritualist-Mystical person now.
8023	John M NDE	https://www.nderf.org/Experience s/1john_m_nde_8023.html	they are MUCh stronger i know that there is much more to this life than making a buck, and that we are all adding up to when we pass all things that we do matter, i'm just not sure WHY.
8024	Jeffrey C NDE	https://www.nderf.org/Experience s/1jeffrey_c_nde_8024.html	I have a relationship with God and his servants. I realize 'Free Will' is as much a curse as a gift. Best described, We are like children. When in heaven we are indoors and safe. Sooner or later we beg to go outside. What happens when we are outside is of our own doing. It's best to stay in your own yard.
8029	Robert N NDE	https://www.nderf.org/Experience s/1robert_n_nde_8029.html	I finally feel totally dedicated to God and I am so in debt for him giving me another chance. My wife actually takes some credit for all of this because before I got sick, she was praying for God to deal with me because she could not stand the drinking anymore.
8030	Norman R NDE	https://www.nderf.org/Experience s/1norman_r_nde.html	I am more opposed to religion and the mysticism that it and those who espouse it, try to impose on others, particularly with these kinds of experiences. For example, when I describe the fact of my suddenly being back, without having made my own decision, too many try to impute that I had 'more' to accomplish or learn. I think that is B.S., and if anything, disputed by what the fellow in the hallway said to me.
8032	Beth P NDE	https://www.nderf.org/Experience s/1beth_p_nde.html	Strong belief in God.
8034	Diana H NDE	https://www.nderf.org/Experience s/1diana_h_nde.html	Yes, I KNOW God exist, not just know about Him. I do not attend church regularly, though I might once in a while if led to. I am not legalistic like I used to be. I still regularly worship Him in my heart and practice an attitude of gratitude for all that He allows me to know of Him.
8037	Bonnie M NDE	https://www.nderf.org/Experience s/1bonnie_m_nde_8037.html	I became more devout, putting a picture of Jesus in my dresser so I could look at him everyday.
8046	Bub D NDE	https://www.nderf.org/Experience s/1bub_d_nde.html	I didn't have any before my experience but I know now that Heaven, Jesus and God do exist without a doubt.

	Query Changed Religious-Spiritual Practices 8-17-23				
Entry #	Post Name	URL	Describe Changed Religious-Spiritual Practices		
8051	Jaime NDE	https://www.nderf.org/Experience s/1jaime_nde.html	I gave up on man-made religions and just believe what's in my heart.		
8055	Maria P NDE	https://www.nderf.org/Experience s/1maria_p_nde.html	I practice breathing techniques, and yoga and spend more time in nature. I question everything in order to find my Truth. As for religion I came to the conclusion that it is very limiting and is translated according to each individual's perception. Love is all there is. Living with Love, through Love, in Love makes the journey of life much more peaceful and joyful. I see everything differently now and I also see the connections with people, nature, creatures, earth, planets, and the entire Universe.		
8062	Jim Martin	https://www.nderf.org/Experience s/1jim_m_nde.html	I am working on thecorrelation between NDE's and the proof of the existence of a God and afterlife		
8071	Belinda K NDE	https://www.nderf.org/Experience s/1belinda_k_nde.html	Yes, I do not believe in religion, I believe in God.		
8345	Sharon W NDE	https://www.nderf.org/Experience s/1sharon_w_nde.html	l know heaven and God exist for sure.		
9014	Peter H NDE	https://www.nderf.org/Experience s/1peter_h_nde_9014.html	I had no beliefs before but sort out meanings of life after as I grew up more.		
8083	Robin L NDE	https://www.nderf.org/Experience s/1robin_l_nde.html	I have a strong relationship with Jesus, and the other beings that helped me.		
8085	Nathan L NDE	https://www.nderf.org/Experience s/1nathan_l_nde.html	I became a strong catholic		
8090	Laura B NDE	https://www.nderf.org/Experience s/1laura_b_nde_8090.html	I believe there is life after death		
8092	Ladli S NDE	https://www.nderf.org/Experience s/1ladli_s_nde.html	I don't feel compelled to chant because I'll encounter sin. I do it for the joy of doing and I love doing my oblutations to god [pooja] without any religious dogmas and dont's attached to it		
8095	Preeti B NDE	https://www.nderf.org/Experience s/1preeti_b_nde.html	i have started being open to all religionsbuddhism is something i love nowmeditation is now part of my life		
8098	Pearler NDE	https://www.nderf.org/Experience s/1pearler_nde.html	No longer hope I now know!		
8107	Lisa S NDE	https://www.nderf.org/Experience s/1lisa_s_nde_8107.html	I dont believe someone has to be religious or be involved in religion.		
8121	Dale H NDE	https://www.nderf.org/Experience s/1dale_h_nde.html	I am loved. Never had that knowledge before the event and now I am certain.		
8131	Andy J NDE	https://www.nderf.org/Experience s/1andy_j_nde.html	Although I do not label myself to a certain religion or belief system, I still attend church and meditate on a regular basis. I am fascinated by religion and philosophy and try to take the best from every religion. I consider myself to be quite spiritual and loving however, I wouldn't say that I am any specific religion.		
8141	Karen M NDE	https://www.nderf.org/Experience s/1karen_m_nde_8141.html	I became much more interested in the 'old ways' of my ancestors.		

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8147	Kathryn Y NDE	https://www.nderf.org/Experience s/1kathryn_y_nde.html	I no longer attend the Catholic church- I am very dedicated to a self practice of meditation, clean diet, exercise- self reflection and contemplation daily!
8150	Alena B NDE	https://www.nderf.org/Experience s/1alena_b_nde.html	Well, my path to recovery was guided by my Qigong trainer. He opened me to the knowledge of the Buddhism. I follow some of those rules. yet, I still consider myself a Chatolic
8154	BJ K NDE	https://www.nderf.org/Experience s/1bj_k_nde.html	I'm way more tolerant of others as a result. Even if it was not real I still learned something about my spiritual being.
8163	Kari W NDE	https://www.nderf.org/Experience s/1kari_w_nde.html	Stronger belief in the hereafter and of a spiritual realm humans cannot comprehend.
8166	Bobbie K NDE	https://www.nderf.org/Experience s/1bobbie_k_nde_8166.html	I do not believe in Sin, Salvation, or Saviors. I feel that I am a part of God, and the God I know is only loving and positive.
8172	Craig P NDE	https://www.nderf.org/Experience s/1craig_p_nde.html	I am mindful of the human purpose of religion and the separation and hardships that religion creates.
8190	Joseph S NDE	https://www.nderf.org/Experience s/1joseph_s_nde_8190.html	Though it took me awhile to break myself from my Christian upbringing, my believes now are very much shaped by what happened in my NDE. My spiritual truths start with that experience and everything else I try to build around that.
8195	William C NDE	https://www.nderf.org/Experience s/1william_c_nde.html	I love praying and worship although i don't attend any specific religion.
8211	Mark B NDE	https://www.nderf.org/Experience s/1mark_b_nde.html	I was too young at the time but i do not go to chuch now as i did when i was young
8225	Debra H NDE	https://www.nderf.org/Experience s/1debra_h_nde.html	Explained extensively above
8230	Steward P NDE	https://www.nderf.org/Experience s/1steward_p_nde.html	Searching for the truth behind the religeon
8249	Dana M NDE	https://www.nderf.org/Experience s/1dana_m_nde.html	As I've matured and meditated on my experience, I've come to see that, for me, organized religion is just too judgmental and sin-guilt-and-punishment-based; it just doesn't match the loving acceptance I felt on the beach. Consequently, I have kind of morphed into a non-churchgoing but very spiritually-oriented person. I believe in the goodness of the human spirit. I believe in the loving kindness of a Universal Maker. And I believe there is life after death.
8250	Karen T NDE	https://www.nderf.org/Experience s/1karen_t_nde.html	I was away from the church for quite some time, but have returned to a very different type of church and I very much enjoy the worship, music and community of people who love and seek a closer walk with God without judgement of anyone and with charity to all.
8251	Susanne S NDE	https://www.nderf.org/Experience s/1susanne_s_nde.html	I have practiced what I learned throughout my lifetime. A grateful heart and a good attitude is so important.

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8266	Derek L NDE	https://www.nderf.org/Experience s/1derek_l_nde.html	They have become stronger.
8268	C NDE	https://www.nderf.org/Experience s/1c_nde_8268.html	My spirituality is stronger.
8295	Cortney P NDE	https://www.nderf.org/Experience s/1cortney_p_nde.html	Yes, that mans perception of God and religion are wrong, and was put in place to control and keep the truth from people.
8308	Ronald A NDE	https://www.nderf.org/Experience s/1ronald_a_nde.html	More church and more praying to god
8325	Seth C NDE	https://www.nderf.org/Experience s/1seth_c_nde.html	Yes i try and serve daily! Every day is a Sabbath to meeat that, 7th day adventists LOL
8328	John D NDE	https://www.nderf.org/Experience s/1john_d_nde_8328.html	It's personal know
8329	Judy G NDE	https://www.nderf.org/Experience s/1judy_g_nde_8329.html	I know God is real, afterlife exists, we are so loved. God is mercy and love. There is no hell which we do not create ourselves. Church is not necessary, although it awakens spirit in some people. All life requires love/caring. Fear is illusionary. Only love is real.
8341	Stacy K NDE	https://www.nderf.org/Experience s/1stacy_k_nde.html	I now get out of my own way when I lead services as a cantorial soloistI feel like a conduitand because of thisI find myself in a delicious state of flow. I don't think about the musicality of my performanceI just let it happen
8342	PJ P NDE	https://www.nderf.org/Experience s/1pj_p_nde.html	I won't ever set foot into a church ever again, it is too fake for me.
8344	James NDE	https://www.nderf.org/Experience s/1james_nde_8344.html	Feel afterlife is not based on how good we are in this life.
8350	Aaron M NDE	https://www.nderf.org/Experience s/1aaron_m_nde.html	Still not religious. But more spiritual - open to the idea of a higher being. Also developed an interest in old chinese religions that focus around humanity and karma
8354	Heidi C NDE	https://www.nderf.org/Experience s/1heidi_c_nde.html	I no longer believe in organized religion.
8369	Chris DA NDE	https://www.nderf.org/Experience s/1chris_da_nde.html	Very much a believer in the spiritual world and afterlife now.
8380	Missy M NDE	https://www.nderf.org/Experience s/1missy_m_nde.html	I don't participate in so many church gatherings or traditional services. Not to sound high and mighty, I just don't believe that many are at an awareness that I am at. I just don't feel that's home anymore. It's kind of weird because I went to church my whole life. My boys were raised in the church and my youngest goes to youth group on his own. I continue to remind him that he needs to do what is pleasing to God and not focus on the worlds judgment and impressing everyone; it's not just words to me, it's the truth.
8384	MaErija NDE	https://www.nderf.org/Experience s/1maerija_nde.html	It was an important thing to do when I was a little child, but know it became a must do, everything I do is for the Lord and to share his love. to protect little ones, to

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			rescue the values and beliefs that are the base and foundations of the true Church of Jesus Christ and his blessing mother as the Holy Spirit guide us for a better way of living and enjoy and hope for the eternal life as Jesus Promises to all.	
8401		https://www.nderf.org/Experience s/1merrideth_h_nde.html	And first it didn't change drastically but in a way it did because I became single minded,y focused on nophysical reality and God more so than before and then over the years I've changed drastically and dramatically, eventually maturing in my relationship with Christ that put me on a path of intentional holiness. I later became a very devout and Holy saint.	
8410	Teresa M NDE	https://www.nderf.org/Experience s/1teresa_m_nde_8410.html	I believe in alternative spiritualism to include reincarnation as a relevant factor in my life.	
	Victor Philip DP NDE	https://www.nderf.org/Experience s/1victor_philip_dp_nde.html	Major changes, religion does not work for me anymore. Please understand that I will tolerate religion only for the sake and respect of friends and family, they may need it now and will outgrow it, I believe.	
8422	Doug F NDE	https://www.nderf.org/Experience s/1doug_f_nde.html	Silence and stillness is beyond words.	
8428	Stephanie J NDE	https://www.nderf.org/Experience s/1stephanie_j_nde.html	I became a fairly relentless 'seeker.' I read a lot of spiritual books, and think a lot about what I've experienced and what others have experienced. I am especially drawn to the Emmanuel books. I read a passage from one of those every day before I meditate. However, I am pretty discerning about what I read and practice. If I feel something does not resonate intuitively or feel right for me, I don't follow it.	
8435	Keith R NDE	https://www.nderf.org/Experience s/1keith_r_nde_8435.html	My belief in the existence of a God made a stronghold on me.	
8440	Ingrid H NDE	https://www.nderf.org/Experience s/1ingrid_h_nde.html	I don't follow any religion in particular, I am open minded and love to learn about all beliefs and religions. I respect everybody's beliefs and use practices of meditation and prayers from different religions. I am compassionate and gentle and simply love to learn, give and share. I turned away from the Catholic beliefs since I was very young (age 11) because to me God was pure love and I couldn't accept the idea of sin, guilt or punishment. Only love is real.	
8441	Gwen B NDE	https://www.nderf.org/Experience s/1gwen_b_nde.html	I quit believing in organized religion, their teachings didn't coincide well with what I experienced.	
8449	Chris B NDE	https://www.nderf.org/Experience s/1chris_b_nde_8449.html	i really hate religion now. it divides too man people	
8454	Robyn C NDE	https://www.nderf.org/Experience s/1robyn_c_nde.html	complete different view of god and religion	
8466	Lynn Z NDE	https://www.nderf.org/Experience s/1lynn_z_nde.html	I think ritual and rules are just wrong. I don't want to support a church that pays clergy either. We don't have much money, but to me it's more important to financially	

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			help others in need than it is to pay someone to tell you what to do, how to be close to God. None of that is necessary anymore to me - it's just all about love. That's all. That's very simple.	
8476	Anthony C NDE	https://www.nderf.org/Experience s/1anthony_c_nde_8476.html	More religious. I believe in God	
8483	Elaine K NDE	https://www.nderf.org/Experience s/1elaine_k_nde.html	It probably started then, but became much more defined as I got older and experienced cosmic consciousness at 17.	
8493	Brian H NDE	https://www.nderf.org/Experience s/1brian_h_nde.html	Pray every day	
8494	Jala W NDE	https://www.nderf.org/Experience s/1jala_w_nde.html	Everything is sacred	
8501	Andrew Y NDE	https://www.nderf.org/Experience s/1andrew_y_nde.html	I believe in God and study the Bible and practice acts of kindness with more conviction than before, as I know the afterlife is real.	
8503	Mark W NDE	https://www.nderf.org/Experience s/1mark_w_nde.html	I follow and have been part of the work of the Share International Group based in London, led by Benjamin Creme.	
8507	Johnny D NDE	https://www.nderf.org/Experience s/1johnny_d_nde.html	I am very cautious about doing anything wrong - I respect life more now.	
8508	Judie S NDE	https://www.nderf.org/Experience s/1judie_s_nde.html	I embraced learning pagan and alternative teachings. My belief's are very eclectic.	
8509	Linda A NDE	https://www.nderf.org/Experience s/1linda_a_nde.html	I believe in God more than every and believe in his Word.	
8519	Robin H NDE	https://www.nderf.org/Experience s/1robin_h_nde.html	I'm still a very spiritual person, I definitely feel more love an compassion for others after the NDE	
8533	Bridget B NDE	https://www.nderf.org/Experience s/1bridget_b_nde.html	I've grown stronger in my faith	
8534	Victor R NDE	https://www.nderf.org/Experience s/1victor_r_nde.html	I'm not sure if there is a god and jesus anymore but there is something about life, im just not sure. Ever since that experience my mind has always wonder what else there is in the whole universe and what life is all about. I never thought about that before my experience.	
8543	Michael L NDE	https://www.nderf.org/Experience s/1michael_l_nde_8543.html	I have spent years researching religions, philosophies, and belief systems through books, films, travel, and experiences. My spiritual beliefs have been in dynamic growth ever since that event.	
8545	James R NDE	https://www.nderf.org/Experience s/1james_r_nde_8545.html	I really didn't have any beliefs or spiritual practices before, but now I do.	
8556	Evelyn D NDE	https://www.nderf.org/Experience s/1evelyn_d_nde.html	I believe in something. I guess you could call it Goda loving energy that permeates and links all life. Is the Source. I believe there are different levels beyond the Physical. I believe there is a purpose to life on earth, although I'm not always sure what that is. I believe Time and Space are constructs of men seen only from a three dimensional view.	

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8558	Samia NDE	https://www.nderf.org/Experience s/1samia_nde.html	I trust God more than I used to, because we shared a minute of trust.
8559	Jeff H NDE	https://www.nderf.org/Experience s/1jeff_h_nde.html	I'm a much more 'spiritual' than religious person rather than identifying as Catholic. There are some aspects of Buddhism that I feel drawn to, but I honestly feel most at home in the new age realm, or when going to an IANDS meeting. I really feel at home going to them, yet I still have a cross on my bedroom wall!
8562	Richard G NDE	https://www.nderf.org/Experience s/1richard_g_nde_8562.html	I believe that the most important is to be a TRUE HUMAN . All religions are trying to tell us that and trying to get us in the same direction.
8564	Gary F NDE	https://www.nderf.org/Experience s/1gary_f_nde_8564.html	Became much more spiritually attuned.
8583	Daphne B NDE	https://www.nderf.org/Experience s/1daphne_b_nde.html	I am more dedicated to my spiritual practice than I was before.
8587	Jeet P NDE	https://www.nderf.org/Experience s/1jeet_p_nde.html	Dont want to follow the preachers who teach us by fear and not the reality.
8588	Anne L NDE	https://www.nderf.org/Experience s/1anne_l_nde_8588.html	I mediatate and pray daily
8596	Anthony M NDE	https://www.nderf.org/Experience s/1anthony_m_nde_8596.html	I now attend church every week and actively contribute my time to charitable acts
8603	Douglas B NDE	https://www.nderf.org/Experience s/1douglas_b_nde.html	I am more focused on my living, the living of others, and in the Word of God.
8604	Alma B NDE	https://www.nderf.org/Experience s/1alma_b_nde.html	I spend two plus hours in contemplative awe prayers and mediation on my NDE and The Glisten of the Eye of God and the Yellow Golden orb of Jesus every morning. I cannot live a day without this time to simply Be with God.
8620	Andrew B NDE	https://www.nderf.org/Experience s/1andrew_b_nde_8620.html	I have studied the bible and creationism and my experience joined together with what I have learnt has really made me a strong believer in God and his creation, so it hasn't directly changed me but has added to everything.
8624	Jacqui L NDE	https://www.nderf.org/Experience s/1jacqui_l_nde.html	I feel more spiritual and wasn't to explore this further.
8633	Holly P NDE	https://www.nderf.org/Experience s/1holly_p_nde.html	I have a strong spiritual belief, and I know I'm not confined to a physical body. There is much more beyond what we perceive.
8637	David S NDE	https://www.nderf.org/Experience s/1david_s_nde_8637.html	I think my believe is stronger
8647	Manuel M NDE	https://www.nderf.org/Experience s/1manuel_m_nde.html	I live with a heightened awareness of the immediacy of eternity and of God's project.
8659	Sandra M NDE	https://www.nderf.org/Experience s/1sandra_m_nde.html	I developed my belief system based on this experience.
8680	Lauren J NDE	https://www.nderf.org/Experience s/1lauren_j_nde.html	They've gotten deeper. I've gotten more spiritual, and been seeking more connection and spiritual practice since.

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8698	Edward C NDE	https://www.nderf.org/Experience s/1edward_c_nde.html	I think I'm more spiritual I believe in Jesus Christ 100% because I got confirmation from my experience. Thank you Jesus:)
8699	Charles K NDE	https://www.nderf.org/Experience s/1charles_k_nde.html	I'm still not that religious but know we have a creator who has a better place waiting for us.
8704	Meghan NDE	https://www.nderf.org/Experience s/1meghan_nde.html	It strengthened my belief in God. Also communication with the dead has lead me down another path as well. I feel like there is a way to believe in both, I'm just figuring out what path that is for me. Christians get uneasy if I mention their loved one communicating with me. I've even had someone tell me that although I seemed to have knowledge of their loved one and was able to prove it through mentioning things I shouldn't know about, that it was a demon trying to communicate with them and to not tell them about these things.
8711	Kathy O NDE	https://www.nderf.org/Experience s/1kathy_o_nde.html	I'm not a Catholic anymore. Turned spiritual for sure.
8718	Laurence B NDE	https://www.nderf.org/Experience s/1laurence_b_nde.html	I started a journey that had evolved over the years.
8724	Telesa H NDE	https://www.nderf.org/Experience s/1telesa_h_nde.html	I not longer believe in any religion Just a collective consciousness and oneness with those who are awakened like me.
8726	William R NDE	https://www.nderf.org/Experience s/1william_r_nde_8726.html	I absolutely know for a fact God is real. We must do the best we can to follow his instructions, he told me that.
8728	Siri K NDE	https://www.nderf.org/Experience s/1siri_k_nde.html	I do not know what I believed prior to four years
8732	Stephanie D NDE	https://www.nderf.org/Experience s/1stephanie_d_nde.html	I'm more spiritual.
8738	Erin K NDE	https://www.nderf.org/Experience s/1erin_k_nde_8738.html	I was unsure of life after death, or of the existence of religious figures before this, and now I know we exist after we die and religious figures (as far as I can tell) only really exist to remind us of our infinite nature.
8744	June S NDE	https://www.nderf.org/Experience s/1june_s_nde.html	I used to think life was mostly pointless and there was nothing after death. Only live once, etc.I now know there is something after death and life has a purpose. I know there is a loving presence in the other realm
8748	Kathleen B NDE	https://www.nderf.org/Experience s/1kathleen_b_nde_8748.html	Yes this experience gave me the courage to escape the religious dogma and search. To read books and search for understanding without the fear that a jealous god is going to crack down on my life and punish me. I used to be absolutely trapped in what 'people would think,' that began to change after this experience.
8751	Gary G NDE	https://www.nderf.org/Experience s/1gary_g_nde.html	having experienced this if it doesn't change you . then there's something wrong with people
8753	Stanley S NDE	https://www.nderf.org/Experience s/1stanley_s_nde.html	I take from all religions, and the good things I practice in my lie.

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8765	Bernard J NDE	https://www.nderf.org/Experience s/1bernard_j_nde.html	Described in great detail in previous questions	
8770	Bart A NDE	https://www.nderf.org/Experience s/1bart_a_nde_8770.html	My religious beliefs changed as a result of growing up and leaving the church. Not necessarily because of the experience.	
8772	Serena NDE	https://www.nderf.org/Experience s/1serena_nde_8772.html	Again, I cannot say. Yes, what I believe in is partly due to my experience, but as I was very young, I cannot say they changed because of it. They just developed in that direction thanks to it, probably, too.	
8774	Natalie C NDE	https://www.nderf.org/Experience s/1natalie_c_nde.html	I'm often in communication with my spirit self and I'm always aware that those who have passed may be nearby, whether they know me or not. Also I am often aware that I have timely help from spiritual realms	
8796	Katrina NDE	https://www.nderf.org/Experience s/1katrina_nde.html	I am more spiritual. A stronger Christian.	
8805	Rachel F NDE	https://www.nderf.org/Experience s/1rachel_f_nde.html	I give thanks every day, I spent a long time angry and depressed after returning to my body. After many years, I am grateful to be here, grateful that I was sent back even when I didn't think I wanted to be, I speak to the light, to my 'light family', I worship that love and I pray and communicate in my own unique way.	
8821	Pamela H NDE	https://www.nderf.org/Experience s/1pamela_h_nde.html	I search for God even more	
8845	Douglas T NDE	https://www.nderf.org/Experience s/1douglas_t_nde_8845.html	I go to church, read the bible every day and pray alot.	
8854	Sarah S NDE	https://www.nderf.org/Experience s/1sarah_s_nde_8854.html	I know Jesus loves my imperfect self and the requirements that most people think make you a Christian (church, tithes, perfect behavior), are not important	
8855	Elaine C NDE	https://www.nderf.org/Experience s/1elaine_c_nde_8855.html	I no longer believe in God, or the bible.	
8867	Damon H NDE	https://www.nderf.org/Experience s/1damon_h_nde.html	Too young to have formed any before	
8871	Alice U NDE	https://www.nderf.org/Experience s/1alice_u_nde.html	They have become more conscious, more focused. I have more intent now. I practice daily and find that I absolutely need it and love it whereas before all this it was kind of optional	
8876	Bryan C NDE	https://www.nderf.org/Experience s/1bryan_c_nde.html	I am in frequent communication with my higher power, discuss it openly with anyone who desires to, have formed a friendship with an exorcist, and I am much more open about my spirituality.	
8887	Ashley M NDE	https://www.nderf.org/Experience s/1ashley_m_nde.html	I started to go to church.	
8896	Travis S NDE	https://www.nderf.org/Experience s/1travis_s_nde.html	I find myself looking for answers and explanations and examples.	
8908	Natalie H NDE	https://www.nderf.org/Experience s/1natalie_h_nde.html	I'm no longer afraid of death and I'm no longer a 'Christian', I'm now more 'spiritual'	

		Query Changed Religious-Sp	piritual Practices 8-17-23
Entry #	Post Name	URL	Describe Changed Religious-Spiritual Practices
8911	Dr. Dennis M NDE	https://www.nderf.org/Experience s/1dennis_m_nde.html	WellI don't think I was in Heaven No I firmly believe that I was on an Intelligent Piloted Space Craft or perhaps an Interdimensional Spiritual Place and Time. All I know for sure is that I was in a Real Place that had substance to my surroundings and had a hard texture floor and walls to the room. The Tall Person that was talking to me without speaking, may have been my Guarding Angel, or an Extraterrestrial Or perhaps One in the Same. I do feel in my heart that whomever He was, He absolutely cared Very Much about Me and my Soul; I felt this much for sure. And I also know thatI Now have a VERY SPECIAL PERSONAL RELATIONSHIP with God and those Entities that were there with me now in my life Even Multitudes More Than before, as I was raised as a Catholic, and survived seven grades of Parochial School. I wanted so much to go to that Bright Beautiful Lightbut, I was not allowed to transcend into the realm of absolute Happiness and ContentAt least for now!
8915	Timothy P NDE	https://www.nderf.org/Experience s/1timothy_p_nde.html	Yes. I actually feel special now. When I go to church, I realize that these people are reading from a book to understand about heaven and I feel so good because I am one of the very few that had actually seen it.
8919	William F NDE	https://www.nderf.org/Experience s/1william_f_nde_8919.html	Pray and speak to god constantly
8929	David C NDE	https://www.nderf.org/Experience s/1david_c_nde_8929.html	I am slightly physic. I get thus weird feeling and then I know what will happen. Like I get a strange feeling just before I win prizes. I know when I am going to win something.
8957	Brom W NDE	https://www.nderf.org/Experience s/1brom_w_nde.html	although i subscribe to the faith that i was born to, i recognize that there are many paths to that place that trancends dogma.
8982	Maureen K NDE	https://www.nderf.org/Experience s/1maureen_k_nde.html	I studied all things metaphysical after my NDE experience.
8995	Douglas D NDE	https://www.nderf.org/Experience s/1douglas_d_nde_8995.html	I believe that there are as many religions or spiritual practices in the world as there are people. You live your religion every day.
9008	Rebecca S NDE	https://www.nderf.org/Experience s/1rebecca_s_nde.html	I wont say who or what I saw because they never gave me a name, only a feeling. I felt love and compassion and I was extremely content.
9017	Michael NDE	https://www.nderf.org/Experience s/1michael_nde_9017.html	Jesus once said, Blessed are they who never seen me yet they believe.
9026	Schon R NDE	https://www.nderf.org/Experience s/1schon_r_nde.html	Can explain over phone
9029	Melinda G NDE	https://www.nderf.org/Experience s/1melinda_g_nde.html	More spiritual and believe/pay attention to the stories in the Bible
9031	Jeanette U NDE	https://www.nderf.org/Experience s/1jeanette_u_nde.html	I converted from Christianity to paganism.

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9035	James M NDE	https://www.nderf.org/Experience s/1james_m_nde_9035.html	THERE IS A HIGHER POWER,AND HE NOT A BAD GUY		
9045	Gordon D NDE	https://www.nderf.org/Experience s/1gordon_d_nde.html	Going to school to be a Catholic Priest. After I graduate with my Bachelor's in Catholic Biblical Studies.		
9049	Caroline L NDE	https://www.nderf.org/Experience s/1caroline_l_nde.html	Probably to definitely believe in God and life after death.		
9053	Van I NDE	https://www.nderf.org/Experience s/1van_i_nde.html	i know God exists now.		
9059	Shia M NDE	https://www.nderf.org/Experience s/1shia_m_nde.html	I do more believe in 'SOMETHING' but not sure what		
9061	Stephen K NDE	https://www.nderf.org/Experience s/1stephen_k_nde.html	Although not so much a change as an evolution into a more natural, spiritually focused life.		
9068	Lija A NDE	https://www.nderf.org/Experience s/1lija_a_nde.html	I had no spiritual or religious beliefs prior to this experience. I became a spiritual seeker as a result of this experience. I have stayed in monasteries, I have visited Aboriginal sacred sites, I have visited sacred healing places of all traditions.		